August 2025| MENU Pre-K Wake County Public School System Breakfast & Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3				01 Breakfast WG Cereal V Applesauce Cup Lunch Pizza Day! V available Fresh Tossed Salad V Green Beans V Fresh Fruit
04 <u>Breakfast</u> Yogurt Cup with WG Graham Crackers V 100% Apple Juice <u>Lunch</u> Orange Chicken & Brown Rice Bowl Seasoned Carrots V Pineapple Tidbits	05 <u>Breakfast</u> WG Breakfast Pizza Applesauce Cup <u>Lunch</u> Beef Nachos with WG Chips Pinto Beans V Mandarin Oranges	06 STEM, WLA 1 ST DAY <u>Breakfast</u> WG French Toast Sticks <i>V</i> Mandarin Oranges <u>Lunch</u> Spaghetti with Meat Sauce WG Dinner Roll Buttered Broccoli <i>V</i> Applesauce	07 <u>Breakfast</u> Southern Chicken Biscuit Pineapple Tidbits <u>Lunch</u> Pulled Pork Sandwich on WG Bun Coleslaw <i>V</i> Crinkle Cut Fries <i>V</i> 100% Fruit Slushies	08 Breakfast WG Cereal V Applesauce Cup Lunch Pizza Day! V available Fresh Tossed Salad V Fresh Fruit
11 <u>Breakfast</u> Yogurt Cup with WG Graham Crackers V 100% Apple Juice <u>Lunch</u> Chicken Filet Sandwich Mixed Vegetables V Savory Green Beans V Pineapple Tidbits	12 Breakfast WG Breakfast Pizza Mandarin Oranges Lunch Beef & Brown Rice Bowl WG Tortilla Chips Black Beans V Salsa V Fresh Fruit	13 Breakfast WG French Toast Sticks V Strawberry Applesauce Cup Lunch Hamburger/Cheeseburger on WG Bun Crinkle Cut Fries V Buttered Broccoli V 100% Fruit Blend Juice	14 Breakfast Southern Chicken Biscuit Mandarin Oranges Lunch Popcorn Chicken WG Dinner Roll BBO Baked Beans V 100% Fruit Slushies	15 YR WORKDAY Breakfast WG Cereal V Applesauce Cup Lunch Pizza Day! V available Fresh Tossed Salad V Fresh Fruit
18 Breakfast Yogurt Cup with WG Graham Crackers V 100% Apple Juice Lunch Chicken Filet Sandwich Mixed Vegetables V Savory Green Beans V Mandarin Oranges	19 Breakfast WG Breakfast Pizza Applesauce Cup Lunch Chicken Chalupas Black Beans V Salsa V Pineapple Tidbits	20 Breakfast WG French Toast Sticks V Pineapple Tidbits Lunch Hamburger/Cheeseburger on WG Bun Crinkle Cut Fries V Buttered Broccoli 100% Fruit Blend Juice	21 Breakfast Southern Chicken Biscuit Mandarin Oranges Lunch Popcorn Chicken WG Dinner Roll BBQ Baked Beans V 100% Fruit Slushies	22 <u>Breakfast</u> WG Cereal V Applesauce Cup <u>Lunch</u> Pizza Day! V available Fresh Tossed Salad V Fresh Fruit
25 TRAD 1 ST DAY <u>Breakfast</u> Yogurt Cup with WG Graham Crackers V 100% Apple Juice <u>Lunch</u> Orange Chicken & Brown Rice Bowl Seasoned Carrots V Pineapple Tidbits	26 Breakfast WG Breakfast Pizza Applesauce Cup Lunch Beef Nachos with WG Chips Pinto Beans V Mandarin Oranges	27 Breakfast WG French Toast Sticks V Mandarin Oranges Lunch Spaghetti with Meat Sauce WG Dinner Roll Buttered Broccoli V Applesauce	28 Breakfast Southern Chicken Biscuit Pineapple Tidbits Lunch Pulled Pork Sandwich on WG Bun Coleslaw V Crinkle Cut Fries V 100% Fruit Slushies	29 Breakfast WG Cereal V Applesauce Cup Lunch Pizza Day! V available Fresh Tossed Salad V Fresh Fruit

2025 Pre-K Meal Prices:

Full Price Breakfast: \$1.75
Reduced Price Breakfast: Free, while
funding is available
Full Price Lunch: \$3.50
Reduced Price Lunch: \$.40
Adults: A la Carte Pricing

CEP School meals are free for all

Breakfast includes: Entrée, fruit & unflavored milk.

Lunch includes: Entrée with grain/bread, ½ cup vegetable, ½ cup fruit & unflavored milk

V Symbolizes the daily vegetarian options

Peanut butter & Jelly Sandwiches available upon request

Menu selection is subject to change at any time.

