

BETTER KIDS

What happens during YMCA After School?

The YMCA's After School Program Curriculum offers a variety of age-appropriate activities that balance fun and learning. Our curriculum focuses on:

- Character Development
- Physical Activity
- Social Emotional Learning
- Arts and Humanities
- Healthy Living
- Leadership Skills

Character development is foundational in all YMCA Youth Programs. Through value times, activities and role modeling; we teach the importance of honesty, respectfulness, caring and responsibility.

How will my child get to the program?

The Y program is just down the hall from your child's classroom – typically in the school's multipurpose room or cafeteria. Our staff work closely with kindergarten teachers to ensure that all children who are registered for YMCA After School are escorted to the program at dismissal.

YMCA OF THE TRIANGLE

YOU CAN COUNT ON US

Safety is our top priority.

Our staff are experienced, responsible, nurturing and fun.

- Programs are led by a site coordinator who is on site, under the supervision of a full-time professional youth director.
- All YMCA youth staff are selected through an intense interview process that includes a background and reference check.
- Each counselor receives YMCA training that includes, child abuse prevention and basic First Aid and CPR training. Additional trainings are held monthly.
- We have a 1:12 staff to child ratio and no staff member is ever alone with a child.
- We work closely with families of children with special needs to ensure their needs are met.

NEED ADDITIONAL CARE?

The Y has Before School, Teacher Workday care, Track Out Camps and Summer Day Camps. To learn more, visit any YMCA Welcome Center or visit

YMCATriangle.org