

Timeline for Sportsmedicine 1							
			Quarter 1				Quarter 2
25-Aug	W	1	<i>Class Introduction</i>			1-Nov	M 46
26-Aug	Th	2				2-Nov	T 47
27-Aug	F	3				3-Nov	W 48
30-Aug	M	4				4-Nov	Th 49
31-Aug	T	5				5-Nov	F 50
1-Sep	W	6	<b>Unit 1</b>			8-Nov	M 51
2-Sep	Th	7	<b>Emergency Management/Life Saving Skills</b>			9-Nov	T 52
3-Sep	F	8				10-Nov	W 53
6-Sep	M		<b>Holiday</b>			11-Nov	Th
7-Sep	T	9				12-Nov	F 54
8-Sep	W	10				15-Nov	M 55
9-Sep	Th	11				16-Nov	T 56
10-Sep	F	12				17-Nov	W 57
13-Sep	M	13				18-Nov	Th 58
14-Sep	T	14				19-Nov	F 59
15-Sep	W	15	<b>Test 1</b>			22-Nov	M 60
16-Sep	Th	16	<b>Written and Skill Tests</b>			23-Nov	T 61
17-Sep	F	17	<i>Early Release</i>			29-Nov	M 62
20-Sep	M	18	<b>Unit 2</b>			30-Nov	T 63
21-Sep	T	19	<b>Organization and Administration</b>			1-Dec	W 64
22-Sep	W	20				2-Dec	Th 65
23-Sep	Th	21				3-Dec	F 66
24-Sep	F	22				6-Dec	M 67
27-Sep	M	23				7-Dec	T 68
28-Sep	T	24				8-Dec	W 69
29-Sep	W	25				9-Dec	Th 70
30-Sep	Th	26	<b>Test 2</b>			10-Dec	F 71
1-Oct	F		<i>Teacher Workday</i>			13-Dec	M 72
4-Oct	M	27				14-Dec	T 73
5-Oct	T	28				15-Dec	W 74
6-Oct	W	29				16-Dec	Th 75
7-Oct	Th	30	<b>Unit 3</b>			17-Dec	F 76
8-Oct	F	31	<b>Injury Prevention</b>			20-Dec	M 77
11-Oct	M	32				21-Dec	T 78
12-Oct	T	33				4-Jan	T 79
13-Oct	W	34				5-Jan	W 80
14-Oct	Th	35	<b>Test 3</b>			6-Jan	Th 81
15-Oct	F	36				7-Jan	F 82
18-Oct	M	37	<b>Unit 4</b>			10-Jan	M 83
19-Oct	T	38	<b>Injury Prevention</b>			11-Jan	T 84
20-Oct	W	39				12-Jan	W 85
21-Oct	Th	40				13-Jan	Th 86
22-Oct	F	41	<i>Early Release</i>			14-Jan	F 87
25-Oct	M	42				17-Jan	M
26-Oct	T	43				18-Jan	T 88
27-Oct	W	44				19-Jan	W 89
28-Oct	Th	45	<b>Test 4</b>			20-Jan	Th 90
29-Oct	F		<i>Teacher Workday</i>			21-Jan	F 91

## Sportsmedicine 1 Letter to Parents

**Teacher: Mr. Kliewer**  
**Phone: 387-3029**  
**Email: mkliewer@wcpss.net**

### **COURSE DESCRIPTION:**

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This course is directed towards individuals who are interested in an Allied Health Science Profession, i.e. Physical Therapy, Athletic Training, Doctor, or Nurse. "Hands on experiences" will be gained through after school student athletic training. The student will learn extensive treatment, prevention, and rehabilitation techniques in athletic injuries as well as organization and administration duties in the field of sportsmedicine. Examples of such include advanced taping techniques, injury evaluations, and sportsmedicine facility/program structuring. **Students will be required to work with athletic teams throughout the course of the school year. These students are also required to sign up for Sportsmedicine 2.**

### **COURSE GRADING:**

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<i>Category</i>	<i>Category</i>
	<b>TESTS (WRITTEN &amp; SKILLS)=45%</b>
	<b>SPORT ASSIGNMENT=35%</b>
	<b>QUIZZES, HOMEWORK ASSIGNMENTS, Other=20%</b>

### **CLASS RULES:**

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1. All iPods, cellular phones, and cd players are to be in the off position or they will be confiscated and the teacher will follow school policy.
2. All food and drinks are strictly prohibited!
3. Be respectful of others.
4. Avoid any adversary or inflammatory remarks.
5. Take care of personal needs before and after class. Permission will not be granted to leave the classroom.
6. During class discussions raise your hand to be recognized.
7. You are required to bring a writing utensil, composition book, and your textbook (when applicable) to class everyday.
8. For make-up work and missed assignments you need to see Mr. Kliewer.
9. Late work will not be accepted!!
10. Treat the other people in class as you would like to be treated.

### **COURSE OUTLINE:**

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- I. Emergency Management/Life Saving Skills
- II. Organization and Administration
- III. Injury Prevention
- IV. Injury Prevention
- V. Injury Assessment/Basic Foundations
- VI. Injury Management
- VII. Injury Management

## Course Topics

### *Sports Medicine 1 Grade breakdown for AFTER school help*

	<i>Class Introduction</i>	
Unit 1	Emergency Management/Life Saving Skills	Test 1
Unit 2	Organization and Administration	Test 2
Unit 3	Injury Prevention	Test 3
Unit 4	Injury Prevention	Test 4
Unit 5	Injury Assessment/Basic Foundations	Test 5
Unit 6	Injury Management	Test 6
Unit 7	Injury Management	Test 7
Projects	Body Project Facility Project <b>PICK 2!!!!</b> Protective Sports Equipment Project	2 projects
Quizzes	Quizzes-at least one quiz per unit *Quizzes can be open book and will only cover material already talked about in class.	At least 7 quizzes
Miscell.	Sport Assignments	<i>Sport assignment average counts as 35% of final average</i>

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### Grading breakdown:

Tests/Projects=45%  
Sport Assignment=35%  
All other assignments=20%