



HEALTHFUL LIVING EDUCATION UPDATES 2010-2011

This update is provided to communicate the most current information regarding your child's Healthful Living course.

On June 25, 2009 the North Carolina legislature ratified into law the *Healthy Youth Act of 2009* which modifies GS § 115c-81 (e1) the School Health Education Act. This Healthy Youth Act of 2009 redefines what is to be included in the human sexuality education component of Health Education instruction in North Carolina's 7th, 8th, and High School health education classrooms. The full text of House Bill 88, the *Healthy Youth Act of 2009* may be accessed by visiting:

<http://www.ncleg.net/Sessions/2009/Bills/House/PDF/H88v7.pdf>

During this school year, if you would like more information about Healthful Living please contact your child's Healthful Living teacher or visit the North Carolina Department of Public Instruction website (below) to view a copy of the North Carolina Healthful Living Standard Course of Study.

<http://www.ncpublicschools.org/docs/curriculum/healthfulliving/scos/2006healthfullivingscos.pdf>

Our Board policy on Healthful Living Education can be found by visiting:

<http://www.wcpss.net/policy-files/series/policies/5120-bp.html>

Your child's Healthful Living teacher will be sharing this information with you again prior to teaching the objectives associated with the Reproductive Health & Safety unit. If you prefer that your child not participate in any or all of this instruction you will need to notify the principal and the healthful living teacher in writing. Upon receipt of your written letter, your child will be provided an equal, alternate assignment.

Please complete the information below, cut on the line and return it to school with your child.

Child's Name: _____

Parent/Guardian Name: _____

I have read the updates associated with my child's Healthful Living Education course. I understand that prior to instruction a letter will be sent home with my child to remind me about the upcoming Reproductive Health & Safety unit.

Parent/Guardian Signature: _____

Date: _____