

Human Growth & Development

Leesville Road Middle School

January 31, 2022

Dear 6th grade Parent or Guardian,

For a future unit of study in Health we will be discussing Human Growth and Development. This is a six-day unit that will discuss changes that occur during puberty. Some topics that will be discussed are:

- ❖ Male and Female reproductive anatomy and development.
- ❖ Maintaining good Hygiene
- ❖ Menstruation
- ❖ Emotional, Social, and Cognitive changes
- ❖ Living a healthy lifestyle

The Human Growth and Development Unit will begin on the following days for the following Healthful Living teachers:

Coach Close - Mar 7, 2022

Coach Avery - Mar 14, 2022

Coach Pratt - Mar 21, 2022

Coach Haymore - Mar 29, 2022

Coach Markham - Apr 4, 2022

*Current plan is to teach lessons 4 and 5 of the HGD unit to all 6th graders on Thursday, April 7 and Friday, April 8.

This unit will continue for up to six days. Please look upon this unit as an opportunity to talk to your child about puberty.

Per Wake County Public School policy #5120 if you do not want your child to complete this unit of study, a written letter should be given to your child's Healthful Living teacher. Please indicate in writing which part or parts of the unit which you do not want your child to participate in by March 4, 2022. If our child does not participate in all or part of the Human Growth and Development Unit, they will not be penalized, but rather engaged in an alternative health unit.

If you have any questions, please contact your child's Healthful Living teacher or Coach Markham at smarkham@wcpss.net.

Sincerely,
Leesville Road Middle School Healthful Living Department