



GrowNOW Therapy's THE TECH EXECUTIVE FUNCTION GROW PLAN WORKSHEETS



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SCHEDULE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 1							
Week 2							
Week 3							
Week 4							



_____ SCHEDULE

ONLY AVAILABLE

FROM

TO

EARN YOUR SCREEN TIME

HAVE YOU?
CHECK IT OFF WHEN IT'S DONE

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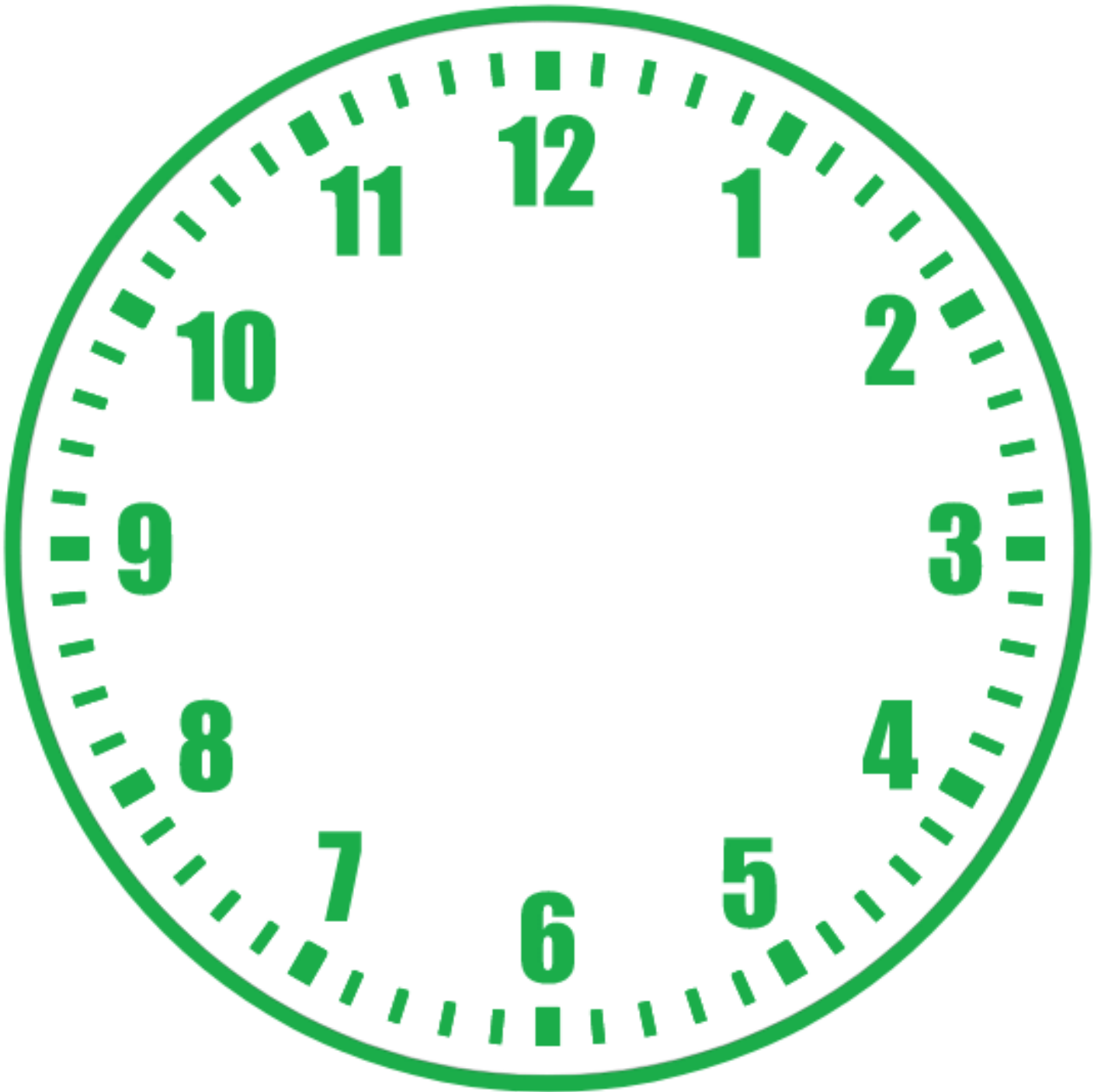
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YOU CAN EARN SCREEN TIME!



UNEXPECTED CHOICES

Parents Own & Determine the Screen Time

UNEXPECTED CHOICE	RESULT

DATE _____

SCHEDULE

TIME	ACTIVITY
7-7:30am	
7:30-8am	
8-8:30am	
8:30-9am	
9-9:30am	
9:30-10am	
10-10:30am	
10:30-11am	
11-11:30am	
11:30-12pm	
12-12:30pm	
12:30-1pm	
1-1:30pm	
1:30-2pm	
2-2:30pm	
2:30-3pm	
3-3:30pm	
3:30-4pm	
4-4:30pm	
4:30-5pm	
5-5:30pm	
5:30-6pm	
6-6:30pm	
6:30-7pm	
7-7:30pm	
7:30-8pm	

