



**THE
POSITIVITY
PROJECT**

2019-20 POSITIVITY PROJECT CHARACTER STRENGTHS CALENDAR

- 1. 8-14 Sep - Other People Matter Mindset (OPM2) - Intro Week**
2. 15-21 Sep - Curiosity
3. 22-28 Sep - Teamwork
4. 29 Sep - 5 Oct - Open-Mindedness
- 5. 6-12 Oct - OPM2 - Being present and giving others my attention**
6. 13 - 19 Oct - Integrity
7. 20 - 26 Oct - Perspective
8. 27 Oct - 2 Nov - Creativity
9. 3 Nov - 9 Nov - Bravery
- 10. 10 Nov - 16 Nov - OPM2 - Knowing my words & actions affect others**
11. 17 - 13 Nov - Gratitude
12. 24 - 30 Nov - Gratitude
13. 1 - 7 Dec - Kindness
14. 8 - 14 Dec - Humility
15. 15 - 21 Dec - Self-Control
16. 5 - 11 Jan - Optimism
17. 12 - 18 Jan - Prudence
18. 19 - 25 Jan - Perseverance
- 19. 26 Jan - 1 Feb - OPM2 - Supporting others when they struggle**
20. 2 - 8 Feb - Forgiveness
21. 9 - 15 Feb - Love
- 22. 16 - 22 Feb - Wildcard/Make-Up**
23. 23 -29 Feb - Enthusiasm
- 24. 1 - 7 Mar - OPM2 - Cheering others' success**
25. 8 - 14 Mar - Social Intelligence
26. 15 - 21 Mar - Love of Learning
27. 22 - 28 Mar - Fairness
28. 29 Mar - 4 Apr - Humor
- 29. 5 - 11 Apr - Wildcard/Make-Up**
- 30. 12 - 18 Apr - OPM2 - Identifying & appreciating the good in others**
31. 19 - 25 Apr - Appreciation of Beauty & Excellence
32. 26 Apr - 2 May - Purpose
33. 3 - 9 May - Leadership
- 34. 10 - 16 May - Other People Matter Mindset (OPM2) - Outro Week**