

# MULTILINGUAL PARENT WORKSHOPS 2021-2022

COMMUNITY FAMILY

# ACADEMY



**WAKE COUNTY**  
PUBLIC SCHOOL SYSTEM

**FAMILY AND COMMUNITY ENGAGEMENT (FACE)**  
in the Office of Equity Affairs  
Email: [familyacademy@wcpss.net](mailto:familyacademy@wcpss.net)  
Phone: 919-533-7178



## TABLE OF CONTENTS

WHAT IS THE COMMUNITY FAMILY ACADEMY? .....	3
SPECIAL EVENTS.....	3
FAMILY ACADEMY FACEBOOK LIVE PARENT WORKSHOPS .....	4
FAMILY ACADEMY COMMUNITY VIRTUAL PARENT WORKSHOPS .....	14
WORKSHOP DESCRIPTIONS.....	16
A Great Start for Your Kindergartener!.....	16
Building a Positive Relationship with Your Elementary School Child .....	16
Communicating with Your Teenager Effectively.....	16
Connecting Your Child to College and Beyond Using CFNC.....	16
Developing Academic Vocabulary at Home Using Hands-on Activities (K-5th).....	16
Developing Good Homework Habits.....	16
Getting to Know the U.S.A. Educational System.....	16
Getting Ready for College/University .....	16
Helping Your Child Reduce Test Stress .....	16
How to Access PowerSchool's Parent Portal: Home Base .....	16
How to apply for Early College and Magnet Schools.....	16
How to Communicate with Your Child's Teacher Virtually.....	16
How to Support Academic Growth over School Breaks .....	17
Identify Bullying and Protect Your Child Against It.....	17
Identify when your child is suffering from cyberbullying .....	17
Learn How to Motivate Your Child to Thrive in School.....	17
Navigating the different Platforms that Teacher use Virtually.....	17
Parent Advocacy and Engagement in Your Child's Education .....	17
Preparing Your Child for the End of Grade (EOG) and End of Grade Course (EOC) Tests (3rd -8th).....	17
Reading is Fundamental! (K- 5th) .....	17
Teaching Your Child How to Deal with Peer Pressure .....	17
The Good, the Bad and the Ugly of Social Media .....	17
Tips for Successful Parent-Teacher Conferences.....	17
Today's Math "I didn't learn math like that!" (K-5th).....	17
Transitioning to High School .....	18
Transitioning to Middle School.....	18
Ways to Help Your Child Develop the Organizational Skills.....	18

## **WHAT IS THE COMMUNITY FAMILY ACADEMY?**

The Wake County Public School System (WCPSS) Community Family Academy holds FREE Virtual and Face to Face Parent Workshops and educational events for WCPSS families in various schools and community sites throughout Wake County. From research, we understand that students achieve more when families are involved in their child's education.

We believe that every family function as a learning environment, regardless of its income level, family structure, or ethnic and cultural background. In this respect, every family has the potential to support and improve a child's academic achievement. When families have high expectations for children and encourage them to work hard, they support and promote a child's academic, social and emotional well-being success.

The purpose of the Family Academy program is to provide families with the necessary academic tools to support the success of their child's education and to bring schools, parents/guardians, families, and community organizations together as equal partners.

## **SPECIAL EVENTS**

### **WCPSS MAGNET AND EARLY COLLEGE FAIR**

WCPSS Magnet Fair will take place during the month of November 2021, please check the district website for dates, location, and time.

### **ENROLLMENT AND FIRST APPLICATION DAY FOR THE 2022-2023 SCHOOL YEAR FOR WCPSS MAGNET SCHOOLS AND EARLY COLLEGES WILL BE OCTOBER 15, 2021.**

There is no doubt that the development of a true partnership between families, schools and the community have the power to impact students' academic, social, and emotional success.

Dr. MariaRosa Rangel, Director  
Family and Community Engagement (FACE)  
in the Office of Equity Affairs

## **FAMILY ACADEMY FACEBOOK LIVE PARENT WORKSHOPS**

### **A Great Start for Your Kindergartner!**

Day: Monday, August 23, 2021

Platform: Facebook Live

Languages and Time: **Hindi/English** 5:30-6:30pm, **French**: 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **A Great Start for Your Kindergartner!**

Day/Time: Tuesday, August 24, 2021, 5:30Pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **A Great Start for Your Kindergartener!**

Day: Wednesday, August 25, 2021

Platform: Facebook Live

Languages and Time: **Arabic** 5:30-6:30pm, **Korean**: 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Navigating the Different Platforms That Teachers and Students Use Virtually**

Day/Time: Thursday, August 26, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **A Great Start for Your Kindergartner!**

Day/Time: Tuesday, August 31, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Language: **Chinese**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Navigating the Different Platforms That Teachers and Students Use Virtually**

Day: Monday, September 13, 2021.

Platform: Facebook Live

Languages: **Hindi/English** 5:30pm, **French** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **How to Access PowerSchool's Parent Portal: Home Base**

Day/Time: Tuesday, September 14, 2021, 5:30-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Navigating the Different Platforms That Teachers and Students Use Virtually**

Day: Wednesday, September 15, 2021

Platform: Facebook Live

Languages/ Time: **Arabic** 5:30-6:30pm, **Korean** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Navigating the Different Platforms That Teachers and Students Use Virtually**

Day/Time: Tuesday, September 21, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Language: **Chinese**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **How to Access PowerSchool's Parent Portal: Home Base**

Day: Monday, September 27, 2021

Platform: Facebook Live

Languages/Time: **Hindi/English** 5:30-6:30pm, **French** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Reading is Fundamental! (K- 5th)**

Day/Time: Tuesday, September 28, 2021, 5:30-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **How to Access PowerSchool's Parent Portal: Home Base**

Day: Wednesday, September 29, 2021, 2020

Platform: Facebook Live

Languages/ Time: **Arabic** 5:30-6:30pm, **Korean** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Developing Good Homework Habits**

Day/Time: Thursday, September 30, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Developing Good Homework Habits**

Day/Time: Tuesday, October 5, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Language: **Chinese**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Getting to Know the U.S.A. Educational System**

Day/Time: Wednesday, October 13, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Getting to Know the U.S.A. Educational System**

Day/Time: Tuesday, October 19, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Language: **Chinese**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Ways to Help Your Child Develop the Organizational Skills**

Day: Monday, October 25, 2021

Platform: Facebook Live

Languages/Time: **Hindi/English** 5:30-6:30pm, **French** 6:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **How to Communicate with Your Child's Teacher Virtually**

Day/Time: Tuesday, October 26, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Parent Advocacy and Engagement in Your Child's Education**

Day/Time: Thursday, October 28, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Communicating with Your Teenager Effectively**

Day/Time: Monday, November 8, 2021

Platform: Facebook Live

Languages/Time: **Hindi/English** 5:30-6:30pm, **French** 6:3-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Building a Positive Relationship with Your Elementary School Child**

Day/Time: Tuesday, November 9, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Communicating with Your Teenager Effectively**

Day: Wednesday, November 10, 2021

Platform: Facebook Live

Languages/Time: **Arabic** 5:30-6:30pm, **Korean** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Parent Advocacy and Engagement in Your Child's Education**

Day/Time: Tuesday, November 16, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Language: **Chinese**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Building a Positive Relationship with Your Elementary School Child**

Day/Time: Tuesday, November 30, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Language: **Chinese**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Reading is Fundamental! (K- 5th)**

Day: Monday, December 6, 2021

Platform: Facebook Live

Languages/Time: **Hindi/English** 5:30-6:30pm, **French** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **How to Communicate with Your Child's Teacher Virtually**

Day/Time: Tuesday, December 7, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Reading is Fundamental! (K- 5th)**

Day: Wednesday, December 8, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Languages/Time: **Arabic** 5:30-6:30pm, **Korean** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Identify Bullying and Protect Your Child Against It**

Day/Time: Thursday, December 9, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Identify Bullying and Protect Your Child Against It**

Day/Time: Tuesday, December 14, 2021, 5:30pm-6:30pm

Platform: Facebook Live

Language: **Chinese**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **How to Apply for Early College and Magnet Schools**

Day: Monday, January 10, 2022

Platform: Facebook Live

Languages/Time: **Hindi/English** 5:30-6:30pm, **French** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **How to Apply for Early College and Magnet Schools**

Day/Time: Tuesday, January 11, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>



### **How to Apply for Early College and Magnet Schools**

Day: Wednesday, January 12, 2022

Platform: Facebook Live

Languages/Time: **Arabic** 5:30-6:30pm, **Korean** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Teaching Your Child How to Deal with Peer Pressure**

Day/Time: Thursday, January 13, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Teaching Your Child How to Deal with Peer Pressure**

Day/Time: Tuesday, January 18, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **Chinese**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **How to Communicate with Your Child's Teacher Virtually**

Day: Monday, January 24, 2022

Platform: Facebook Live

Languages/Time: **Hindi/English** 5:30-6:30pm, **French** 6:30-7:30

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Communicating with Your Teenager Effectively**

Day/Time: Tuesday, January 25, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Parent Advocacy and Engagement in Your Child's Education**

Day/Time: Wednesday, January 26, 2022

Platform: Facebook Live

Languages/Time: **Arabic** 5:30-6:30pm, **Korean** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Today's Math: "I didn't learn math like that!" (K-5th)**

Day/Time: Thursday, January 27, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Parent Advocacy and Engagement in Your Child's Education**

Day: Monday, February 7, 2022

Platform: Facebook Live

Languages/Time: **Hindi/English** 5:30-6:30pm, **French** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Getting to Know the U.S.A. Educational System**

Day/Time: Tuesday, February 8, 2022, 5:30-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Getting to Know the U.S.A. Educational System**

Day: Wednesday February 9, 2022

Platform: Facebook Live

Languages/Time: **Arabic** 5:30-6:30pm, **Korean** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Getting Ready for College/University**

Day/Time: Thursday, February 10, 2022 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Getting Ready for College/University**

Day/Time: Tuesday, February 15, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **Chinese**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Tips for Successful Parent-Teacher Conference**

Day/Time: Tuesday, February 22, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Tips for Successful Parent-Teacher Conference**

Day: Wednesday, February 23, 2022

Platform: Facebook Live

Languages/Time: **Arabic** 5:30-6:30pm, **Korean** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Learn How to Motivate Your Child to Thrive in School**

Day/Time: Thursday, February 24, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Identify when your child is suffering from cyberbullying**

Day/Time: Tuesday, March 1, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **Chinese**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Learn How to Motivate Your Child to Thrive in School**

Day: Monday, March 7, 2022

Platform: Facebook Live

Languages/Time: **Hindi/English** 5:30-6:30pm, **French** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Identify when your child is suffering from cyberbullying**

Day/Time: Tuesday, March 8, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Learn How to Motivate Your Child to Thrive in School**

Day: Wednesday, March 9, 2022

Platform: Facebook Live

Languages/Time: **Arabic** 5:30-6:30pm, **Korean** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Learn How to Motivate Your Child to Thrive in School**

Day/Time: Tuesday, March 15, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **Chinese**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Teaching Your Child How to Deal with Peer Pressure**

Day: Monday, March 21, 2022

Platform: Facebook Live

Languages/Time: **Hindi/English** 5:30-6:30pm, **French** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **The Good, the Bad and the Ugly of Social Media**

Day/Time: Tuesday, March 22, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Teaching Your Child How to Deal with Peer Pressure**

Day: Wednesday, March 23, 2022

Platform: Facebook Live

Languages/Time: **Arabic** 5:30-6:30pm, **Korean** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Connecting Your Child to College and Beyond Using CFNC**

Day/Time: Thursday, March 24, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Building a Positive Relationship with Your Elementary School Child**

Day: Monday, April 4, 2022

Platform: Facebook Live

Languages/Time: **Hindi/English** 5:30-6:30pm, **French** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Communicating with Your Teenager Effectively**

Day/Time: Tuesday, April 5, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **Chinese**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Building a Positive Relationship with Your Elementary School Child**

Day: Wednesday, April 6, 2022

Platform: Facebook Live

Languages/Time: **Arabic** 5:30-6:30pm, **Korean** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Communicating with Your Teenager Effectively**

Day/Time: Thursday, April 7, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Helping Your Child Reduce Test Stress**

Day/Time: Tuesday, April 19, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **Chinese**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Getting Ready for College/University**

Day: Monday, April 25, 2022

Platform: Facebook Live

Languages/Time: **Hindi/English** 5:30-6:30pm, **French** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Helping Your Child Reduce Test Stress**

Day/Time: Tuesday, April 26, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Helping Your Child Reduce Test Stress**

Day: Wednesday, April 27, 2022

Platform: Facebook Live

Languages/Time: **Arabic** 5:30-6:30pm, **Korean** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Transitioning to High School**

Day/Time: Thursday, April 28, 2022, 5:30pm-6:30pm  
Platform: Facebook Live  
Language: **English**  
Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Transitional to High School**

Day/Time: Tuesday, May 3, 2022, 5:30pm-6:30pm  
Platform: Facebook Live  
Language: **Chinese**  
Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Helping Your Child Reduce Test Stress**

Day: Monday, May 9, 2022  
Platform: Facebook Live  
Languages/Time: **Hindi/English** 5:30-6:30pm, **French** 6:30-7:30pm  
Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Preparing Your Child for the End of Grade (EOG) and End of Grade Course (EOC) Tests (3<sup>rd</sup> -8<sup>th</sup>)**

Day/Time: Tuesday, May 10, 2022, 5:30pm-6:30pm  
Platform: Facebook Live  
Language: **English**  
Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Transitioning to High School**

Day: Wednesday, May 11, 2022  
Platform: Facebook Live  
Languages/Time: **Arabic** 5:30-6:30pm, **Korean** 6:30-7:30pm  
Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Transitioning to Middle School**

Day/Time: Thursday, May 12, 2022, 5:30pm-6:30pm  
Platform: Facebook Live  
Language: **English**  
Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **Preparing Your Child for the End of Grade (EOG) and End of Grade Course (EOC) Tests (3<sup>rd</sup> -8<sup>th</sup>)**

Day/Time: Tuesday, May 17, 2022, 5:30pm-6:30pm  
Platform: Facebook Live  
Language: **Chinese**  
Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **How to Support Academic Growth over School Breaks**

Day: Monday, May 23, 2022  
Platform: Facebook Live  
Languages/Time: **Hindi/English** 5:30-6:30pm, **French** 6:30-7:30pm  
Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **How to Support Academic Growth over School Breaks**

Day/Time: Tuesday, May 24, 2022, 5:30pm-6:30pm

Platform: Facebook Live

Language: **English**

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

### **How to Support Academic Growth over School Breaks**

Day: Wednesday, May 25, 2022

Platform: Facebook Live

Languages/Time: **Arabic** 5:30-6:30pm, **Korean** 6:30-7:30pm

Link: <https://www.facebook.com/WCPSS-Family-Academy-277563949100964>

## FAMILY ACADEMY COMMUNITY VIRTUAL PARENT WORKSHOPS

**Berean Community Center:** 2400 E. Millbrook Rd. Raleigh, NC 27604

**Day/Time:** Tuesdays | 6:30-7:30 PM

**Language:** English

**Platform:** Zoom

DATES	TOPICS	ACCESS LINK
Sep. 14, 2021	Parent Advocacy and Engagement in Your Child's Education	<a href="https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09">https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09</a> Meeting ID: 957 0132 0199 Passcode: 027640
Oct. 12, 2021	Learn How to Motivate Your Child to Thrive in School	<a href="https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09">https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09</a> Meeting ID: 957 0132 0199 Passcode: 027640
Nov. 9, 2021	Developing Good Homework Habits	<a href="https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09">https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09</a> Meeting ID: 957 0132 0199 Passcode: 027640
Dec. 14, 2021	Tips for Successful Parent-Teacher Conferences	<a href="https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09">https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09</a> Meeting ID: 957 0132 0199 Passcode: 027640
Jan. 11, 2022	Teaching Your Child How to Deal with Peer Pressure	<a href="https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09">https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09</a> Meeting ID: 957 0132 0199 Passcode: 027640
Feb. 8, 2022	Today's Math: "I didn't learn math like that!" (K-5th)	<a href="https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09">https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09</a> Meeting ID: 957 0132 0199 Passcode: 027640
Mar. 8, 2022	Communicating with Your Teenager Effectively	<a href="https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09">https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09</a> Meeting ID: 957 0132 0199 Passcode: 027640
Apr. 12, 2022	Connecting Your Child to College and Beyond Using CFNC	<a href="https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09">https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09</a> Meeting ID: 957 0132 0199 Passcode: 027640
May 10, 2022	The Good, the Bad and the Ugly of Social Media	<a href="https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09">https://zoom.us/j/95701320199?pwd=cTVzcW1x a3prZm9oZUxuWDB5cHJMZz09</a> Meeting ID: 957 0132 0199 Passcode: 027640

**Family Resource Center:** 3825 Barrett Dr., Suite 101, Raleigh, NC 27609

**Day/Time:** Thursdays | 6:00-7:00 PM

**Language:** English

**Platform:** Zoom

DATES	TOPICS	ZOOM ACCESS LINK
Sep. 16, 2021	Parent Advocacy and Engagement in Your Child's Education	<a href="https://us02web.zoom.us/j/87452231112?pwd=UkFSdWdVRnl5R29LeDh1SHRVMHE4dz09">https://us02web.zoom.us/j/87452231112?pwd=UkFSdWdVRnl5R29LeDh1SHRVMHE4dz09</a>
Oct. 21, 2021	Learn How to Motivate Your Child to Thrive in School	<a href="https://us02web.zoom.us/j/82959289390?pwd=Yng4RzFUNFJNWkdFZHp1YkdncEZjZz09">https://us02web.zoom.us/j/82959289390?pwd=Yng4RzFUNFJNWkdFZHp1YkdncEZjZz09</a>
Nov. 18, 2021	How to Support Academic Growth Over School Breaks	<a href="https://us02web.zoom.us/j/85414364175?pwd=a2pXZE5ZSXVINGxLaktS09waHRNZz09">https://us02web.zoom.us/j/85414364175?pwd=a2pXZE5ZSXVINGxLaktS09waHRNZz09</a>
Jan. 20, 2022	Helping Your Child Reduce Test Stress	<a href="https://us02web.zoom.us/j/86217505862?pwd=NzBGakdxYnlBOHZUb1MzVVhlMGdQTQT09">https://us02web.zoom.us/j/86217505862?pwd=NzBGakdxYnlBOHZUb1MzVVhlMGdQTQT09</a>
Feb. 17, 2022	Communicating with Your Teenager Effectively	<a href="https://us02web.zoom.us/j/88112660472?pwd=Qy9nVWV6SjdoM3VQL0tGZldqOUQyZz09">https://us02web.zoom.us/j/88112660472?pwd=Qy9nVWV6SjdoM3VQL0tGZldqOUQyZz09</a>
Mar. 17, 2022	Getting Ready for College/University	<a href="https://us02web.zoom.us/j/85187624438?pwd=Vm1XTU42SFQyUGRlQWVtYUUs0dHV0dz09">https://us02web.zoom.us/j/85187624438?pwd=Vm1XTU42SFQyUGRlQWVtYUUs0dHV0dz09</a>
Apr. 21, 2022	Developing Academic Vocabulary at Home Using Hands-on Activities (K-5th)	<a href="https://us02web.zoom.us/j/82442117417?pwd=VDB2b3NaS2lxdE1leVBOcmhRTm1lQT09">https://us02web.zoom.us/j/82442117417?pwd=VDB2b3NaS2lxdE1leVBOcmhRTm1lQT09</a>



## **WORKSHOP DESCRIPTIONS**

### **A Great Start for Your Kindergartener!**

Kindergarten is the first year in your child's elementary education. As parents, you want to make sure that your child loves school and obtains a solid foundation. The parents will learn ten best ways to help their kindergartner succeed in school.

### **Building a Positive Relationship with Your Elementary School Child**

It is essential for a child's emotional and social growth to have a positive relationship with his/her caregivers. The parents will learn how to build a positive relationship with their child by setting appropriate limits and following through on consequences, while showing love and support for their child.

### **Communicating with Your Teenager Effectively**

You and your teen: two different worlds, two different perspectives—and a giant disconnect that can make communicating a real mystery. The parents will learn helpful strategies to recognize and break through the barriers to communicating with a teenager through the adolescent years.

### **Connecting Your Child to College and Beyond Using CFNC**

CFNC.org offers help with career and college planning for all age groups from elementary school students to adults. The parents will learn how to investigate future careers, open a college savings account, plan courses that lead to college, explore college choices, figure out how to pay for their child's education, and even complete the college applications online.

### **Developing Academic Vocabulary at Home Using Hands-on Activities (K-5th)**

Academic Vocabulary is the language that is used to acquire new learning and skills. The parents will learn ways to encourage their child to develop academic vocabulary and activities they can use at home.

### **Developing Good Homework Habits**

One of the most important things parents can do is to encourage their child to develop good study habits. The parents will learn how to develop good homework habits and to make it a positive learning experience.

### **Getting to Know the U.S.A. Educational System**

The U.S.A. Educational System offers a rich field of choices and opportunities that may overwhelm students and parents. The parents will learn how the educational system is structured in the United States and ways to become engaged in their child's education.

### **Getting Ready for College/University**

The parents will learn that it is never too early to begin planning for college. They will learn about college/university admission, financial aid, scholarship opportunities and when to start the planning process.

### **Helping Your Child Reduce Test Stress**

Test stress is something that many students struggle with. In fact, it is unusual to find a student who approaches a big test without a high level of anxiety. The parents will be provided with tips to help their child lessen test stress.

### **How to Access PowerSchool's Parent Portal: Home Base**

Home Base gives parents and students access to real-time information including attendance, grades, and assignments. Parents will learn how to access to this portal.

### **How to apply for Early College and Magnet Schools**

Parents will learn what Early College and Magnet Schools are, when and how to apply to these types of schools.

### **How to Communicate with Your Child's Teacher Virtually**

Parents will learn how to communicate with teachers through the Google meet and other platforms.

### **How to Support Academic Growth over School Breaks**

As children say goodbye to the classroom during school breaks, they are often also saying goodbye to some of what they learned during the school year. The parents will be provided with educational ideas and information about how to combat learning loss over school breaks.

### **Identify Bullying and Protect Your Child Against It**

Approximately half the children who have been bullied never tell their parents about it. Children are often too ashamed to let anyone know. Sometimes they feel that no one can help, not even their parents. The family will learn to recognize different types of bullying and what the signs of bullying are so that they can better help prevent it.

### **Identify when your child is suffering from cyberbullying**

Parents will learn to identify if their child is virtually bullied and how to act before that situation.

### **Learn How to Motivate Your Child to Thrive in School**

Why is it so hard to motivate kids? As parents, you can't force your child to be self-motivated just because you want to—in fact, you might actually get in the way of their motivation. The parents will learn strategies to inspire and motivate their child to thrive in school.

### **Navigating the different Platforms that Teacher use Virtually**

Parents will be exposed to the different platforms that teachers use to teach virtually.

### **Parent Advocacy and Engagement in Your Child's Education**

Parents are often the best educational advocates for their child. Research indicates that being involved in your child's education has a positive correlation with being successful in school. The parents will learn how to be engaged in their child's education.

### **Preparing Your Child for the End of Grade (EOG) and End of Grade Course (EOC) Tests (3rd -8th)**

The EOG tests measure a student's abilities in various subjects, including reading and mathematics, through a series of exams implemented during the last three weeks of the school year. The family will be provided with strategies to help their child feel at ease when taking the EOGs.

### **Reading is Fundamental! (K- 5th)**

Reading is fundamental to function in today's society and in developing a good self-image. One of the most effective approaches to help a child develop literacy skills is having a home environment that encourages reading in daily life. The parents will learn how to support the development of their child's literacy at home.

### **Teaching Your Child How to Deal with Peer Pressure**

Every day, your child makes decisions based on what the kids around them say and do. Sometimes they make good decisions. They go along with positive peer pressure and make good choices, which help them become better individuals. The parents will learn to help their child say yes to positive peer pressure and no to negative peer pressure.

### **The Good, the Bad and the Ugly of Social Media**

Technology is a good thing, until a post/tweet/picture causes an uproar and hurts our image and reputation. What are the best ways to use social media? Help me keep my image straight! We will share the good, bad and the ugly about posting, texting, tweeting and how they affect your life.

### **Tips for Successful Parent-Teacher Conferences**

Parent-teacher conferences are an important component of ongoing home-school communication and family involvement in your child's school. Years of research demonstrate that family involvement in education can lead to positive benefits for children and youth. The parents will learn how to have a successful parent-teacher conference.

### **Today's Math "I didn't learn math like that!" (K-5th)**

Are you struggling to help your child with his/her math homework? Are you confused by this new math? Well, come learn more! The parents will have an opportunity to learn about the K-5 math standards and how this build to later success in math. Resources and strategies for providing help at home will be shared.

**Transitioning to High School**

Transitioning into high school can be a challenge for students and parents. The family will learn about graduation requirements, schedules, honor courses, advanced placement, understanding the GPAs, extracurricular activities, and the Home Base Parent Portal, which gives real time information including attendance, grades, and assignments.

**Transitioning to Middle School**

If your child is headed to middle school, don't panic! The family will learn what to expect and what steps to take to ensure their child is ready for a smooth transition. They will also learn about the day-to-day school routine, extracurricular activities options, and how to access the Home Base Parent Portal.

**Ways to Help Your Child Develop the Organizational Skills**

Parents will learn different tips to help their students organize their homework and class work even in an online setting.

**FOR ADDITIONAL INFORMATION OR QUESTIONS, PLEASE CONTACT:**

**Dr. MariaRosa Rangel,**  
Director Family and Community Engagement (FACE)  
In the Office of Equity Affairs  
5625 Dillard Drive, Cary NC 27518  
919-533-7178  
[familyacademy@wcpss.net](mailto:familyacademy@wcpss.net)

*There is no doubt that the development of a true partnership between families, schools and the community have the power to impact students' academic, social, and emotional success.*

**Dr. MariaRosa Rangel, Director**  
Family and Community Engagement (FACE)  
in the Office of Equity Affairs

*Special Thanks to the Family Academy Advisory Board composed of educators and local community agencies, organizations, businesses, and schools.*



Follow us on Twitter @WcpssfamilyAcad

**For Translation and Interpretation Services Please Call:  
919-852-3303**