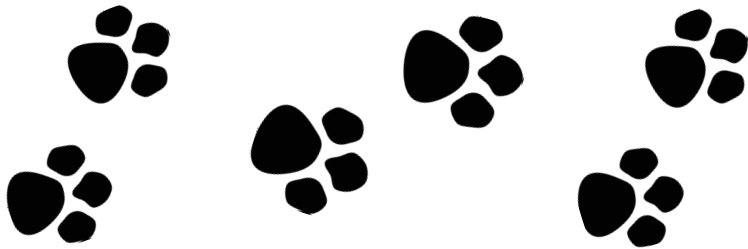


# VOL. 4 | MARCH 2020

## MHS COUNSELING CONNECTIONS



Student Services updates for the students, parents/guardians, and staff of  
Millbrook Magnet High School



### The Importance of Academic Rigor

Hey Wildcats! Registration is here! We always encourage students to challenge themselves with their courses as there are many benefits to increasing academic rigor as a student; these benefits include:

- Colleges like to see students challenging themselves and working hard to pursue good grades. College coursework will be more difficult than high school so pursuing rigor now makes you stand out as a hard-worker.
- Rigor is important but it's also important not to bite off more than you can chew. Loading up on too many challenging courses can be overwhelming. Try to aim for at least two or three AP, IB, or CCP classes a year if possible. There are also honors offerings in CTE and other classes throughout the curriculum.
- Having trouble choosing which honors, AP, or IB courses to take next year? Talk to your teachers and counselors to help address any questions and also check out our [MHS Student Services Registration link](#). There you will find course option sheets and the MHS and the Wake County curriculum guides.

[See this article for more information on pursuing academic rigor.](#)

## UPCOMING STUDENT SERVICES EVENTS:

### March 2020

- 2nd - 6th: Registration - Rising Seniors
- 9th - 13th: Registration - Rising Juniors
- 16th - 20th: Registration - Rising Sophomores
- 23rd - 27th: Makeup Registration
- 5th: Sophomore Parent Night
- 12th: Junior Parent Night
- 17th : Makeup ACT

### April 2020

- 23rd: Senior Class Meeting at 9:00am
- 30th: AP Orientation Night at 6:30pm

## Millbrook Tutoring Services

Please see below for a list of Millbrook's tutoring services:

For individual teacher tutoring information please access this link: <https://bit.ly/2VZxIZj>

National Honor Society provides tutoring services located in the Media Center every Tuesday after school from 2:30pm-3:20pm.

The English Honor Society provides tutoring services located in Rm: 1409 every Wednesday after school from 2:30pm-3:20pm

## ACT & SAT Test Dates (2019 - 2020)

ACT Test Date	Registration Deadline	Scores Available
April 4, 2020	February 28	April 14
June 13, 2020	May 8	June 23
July 18, 2020	June 19	July 28

SAT Test Date	Registration Deadline	Scores Available
March 14, 2020	February 14	March 27
***May 2, 2020	April 3	May 15
June 6, 2020	May 8	July 15

\*\*\*Indicates that Millbrook High School will be a SAT location site.

## Junior Parent Night

On March 12, 2020 Student Services will host an evening of informative breakout sessions to help parents of current Juniors prepare for the college application process and post-secondary planning. The session will begin at 6:00 pm in the auditorium at Millbrook High School and will cover topics including applying to college, financial aid, and joining the military. Breakout sessions will include representatives from the following institutions: Campbell University, Elon University, North Carolina Central University, UNC Chapel Hill, select branches of the Military, Wake Technical Community College, and more! Intérprete Proveído!

## Student Services Staff

### Academic Counselors

Jenny Cahoon	A-CL	jcahoon@wcpss.net	x21456
Glenn Flowers	CO-HE	gflowers@wcpss.net	x21457
Shaunte Adams	HI-ME	sadams2@wcpss.net	x21459
Sally Geyer	MI-R	sgeyer2@wcpss.net	x21499
Caitlin Harvey	S-Z	cjharvey@wcpss.net	x21458

### Additional Resources

Dail Midgette, Assistant Principal for Instruction, ext. 21462
Vanessa Barnes, Dean of Students, ext. 21455
Charlotte Nagy, School Psychologist, ext. 21425
Quincy Dowden, Student Assistance Program Counselor, ext. 21416
Jahyeda Casiano, School Social Worker, ext. 21446
Austin Smoak, Intervention Coordinator, ext 21424
Darlene Frazier, Career Development Coordinator, ext. 21440
Carol Sockman, School Nurse, ext. 21413
Emily Belcher, Special Education Chair, ext. 21422
Loren Baron, IB Diploma Programme Coordinator, ext. 21426
Renee Paterson, Registrar, ext. 21472
Jill Drabot, Office Manager, ext. 21478
Chris Bunting, Data Manager, ext. 21474