

N.C. BACK TO SCHOOL Immunization Requirements

Twelfth Grade Entry Vaccine Requirements*

DTaP	5 doses
Polio	4 doses
MMR (or 2 measles, 2 mumps, 1 rubella)	2 doses
Hepatitis B	3 doses
Varicella	1 dose
Tdap	1 dose
Meningococcal conjugate (EFFECTIVE 2020-21 SCHOOL YEAR)	2 doses

* At all ages and grades, the number of doses required may vary by a child's age and when they were vaccinated.



10A NCAC 41A .0401 DOSAGE AND AGE REQUIREMENTS FOR IMMUNIZATION

- (10) Meningococcal conjugate vaccine – two doses: one dose is required for individuals entering the seventh grade or by 12 years of age, whichever comes first, on or after July 1, 2015. A booster dose is required by 17 years of age or by entering the 12th grade. However:
- (A) The first dose does not apply to individuals who entered seventh grade before July 1, 2015.
 - (B) The booster dose does not apply to individuals who entered the 12th grade before August 1, 2020.
 - (C) If the first dose is administered on or after the 16th birthday, a booster dose is not required.
 - (D) An individual born before January 1, 2003 shall not be required to receive a meningococcal conjugate vaccine

Attention: Parents of Rising High School Seniors Your teen needs another vaccine!

North Carolina law now requires Meningococcal vaccine
for entry into 12th grade

What does Meningococcal vaccine do?

Meningococcal vaccine protects your teen against 4 types of meningococcal disease. Meningococcal disease can cause blood infections and meningitis (an infection of the fluid around the brain and spinal cord). These diseases can make your teen very sick. Some children die from them.



What do I need to do?

- ✓ Talk to your teen's doctor to find out if they need Meningococcal vaccine.
- ✓ Make sure your teen gets the vaccines they need before starting 12th grade.
- ✓ Get a copy of your teen's shot record to take to school.
- ✓ While at the doctor, make sure your teen is up to date on other vaccines and their yearly check up.

Where can my teen get this vaccine? Your teen's doctor or health care provider.

If your teen does not have a health care provider, call a Wake County Human Services location:

Fuquay Varina—Southern Regional Center
130 North Judd Parkway NE
Call 919-212-7000 and ask for an appointment
at the Southern Regional Center

Raleigh—Public Health Center
10 Sunnybrook Road
Call 919-250-3900 for an appointment

Wake Forest—Northern Regional Center
350 East Holding Avenue
Call 919-562-6300 for an appointment

Zebulon—Eastern Regional Center
1002 Dogwood Lane
Call 919-404-3900 for an appointment



Atención: Padres de Jóvenes Entrando al Grado 12 ¡Su hijo necesita otra vacuna!

La ley de Carolina del Norte ahora requiere la vacuna meningococo para entrar al grado 12

¿Qué hace la vacuna meningococo?

La vacuna meningococo protege contra 4 clases de meningococo. La enfermedad de meningococo puede causar infecciones de la sangre y la meningitis (una infección del fluido alrededor del cerebro y de la medula espinal). Estas enfermedades pueden ser muy graves. Algunos jóvenes se mueren de estas enfermedades.



¿Qué necesito hacer?

- ✓ Hable con el doctor de su hijo para preguntar si necesita la vacuna meningococo.
- ✓ Asegúrese de que su hijo reciba la vacuna necesaria antes de empezar el 12^{vo} grado.
- ✓ Obtenga una copia de la cartilla de vacunación de su hijo para llevarla a la escuela.
- ✓ Mientras están con el medico, asegúrese de que su hijo esté al día con las vacunas y su chequeo anual.

¿Dónde acudir para ponerse la vacuna? Al doctor o proveedor de cuidado medico de su hijo.

Si su hijo no tiene un proveedor de cuidado medico, llame a una de estas localidades de Wake County Human Services:

Fuquay Varina—Centro Regional del Sur
130 North Judd Parkway NE
Llame al 919-212-7000 y pida una cita en el Centro Regional del Sur

Wake Forest—Centro Regional del Norte
350 East Holding Avenue
Llame al 919-562-6300 para hacer su cita

Raleigh—La Clínica Roja
10 Sunnybrook Road
Llame al 919-250-3900 para hacer su cita



Zebulón—Centro Regional del Este
1002 Dogwood Lane
Llame al 919-404-3900 para hacer su cita



Hepatitis A (HAV)

2 doses (shots)

- Hepatitis A is a virus that causes swelling of the liver. The virus can be found in the feces (poop) of a person with hepatitis A. A sick person can spread these germs in food, drink and on other things if they don't wash their hands well. A healthy person can get sick after putting things with hepatitis A germs on them into their mouth. Illness can be mild and last a few weeks or it can make you really sick and last for a few months.



Make sure your teens and tweens also have these vaccines:

Hepatitis B (Hep B)

3 doses (shots)

Measles, Mumps and Rubella (MMR)

2 doses (shots)

Varicella (Chicken pox)

2 doses (shots) (unless teen or tween had chickenpox disease)

Influenza (Flu)

1 dose every year

Get vaccines from your doctor, health care provider or Wake County Human Services. Call to find out about vaccine costs. You can get vaccines from these Wake County Human Services locations:

Fuquay Varina

Southern Regional Center

130 North Judd Parkway

Call 919-212-7000 and ask for an appointment at the Southern Regional Center.

Raleigh

Public Health Center

10 Sunnybrook Road

Call 919-250-3900 to make an appointment.

Wake Forest

Northern Regional Center

350 E. Holding Avenue

Call 919-562-6300 to make an appointment.

Zebulon

Eastern Regional Center

1002 Dogwood Drive

Call 919-404-3900 to make an appointment



La Hepatitis A (HAV)

2 dosis (vacunas)

- La hepatitis A es un virus que causa inflamación en el hígado. El virus se encuentra en las heces (popo) de la persona infectada con la hepatitis A. El enfermo puede propagar los gérmenes a través de los alimentos, bebidas y otros objetos si no se lava bien las manos. Una persona saludable puede enfermarse al poner estos objetos contaminados con la hepatitis A en su boca. Esta enfermedad puede ser leve y durar solo unas semanas o puede ser más grave y durar meses.



Asegúrese de que los jóvenes tengan estas vacunas también:

La Hepatitis B (Hep B)

3 dosis (vacunas)

Sarampión, Paperas y Rubéola (MMR):

2 dosis (vacunas)

La Varicela

2 dosis (vacunas) (si el joven no tuvo la enfermedad de la varicela)

Influenza (Gripe)

1 dosis cada año

Vacune a su hijo en la oficina del doctor, proveedor de cuidado médico o Wake County Human Services. Llame para obtener información sobre el precio de las vacunas. Puede obtener las vacunas en las siguientes localidades de Wake County Human Services:

Fuquay Varina

Centro Regional del Sur

130 North Judd Parkway

Llame al 919-212-7000 para hacer una cita.

Dígales que quiere su cita en el

Southern Regional Center.

Raleigh

Centro de Salud Pública (La Clínica Roja)

10 Sunnybrook Road

Llame al 919-250-3900 para hacer una cita.

Wake Forest

Centro Regional del Norte

350 E. Holding Avenue

Llame al 919-562-6300 para hacer una cita.

Zebulon

Centro Regional del Este

1002 Dogwood Drive

Llame al 919-404-3900 para hacer una cita.



Does the meningococcal vaccine prevent all forms of meningococcal disease?

There are currently two meningococcal vaccines available in the U.S.:

- ❖ **Meningococcal polysaccharide vaccine (MPSV4)** – available since 1970s
- ❖ **Meningococcal conjugate vaccine (MCV4)** – licensed in 2005

Both vaccines protect against four of the five most common types of meningococcal infection, including two of the three types most common in the United States. Neither vaccine prevent meningitis caused by other bacteria such as “strep” or Hib bacteria.

Is the vaccine effective?

Yes. Both vaccines work well, and protect about 90 percent of those who receive it. MCV4 is expected to give better, longer-lasting protection. MCV4 is also expected to be better at preventing the disease from spreading from person to person.

What about side effects?

Up to half of the people who get meningococcal vaccines have mild side effects, such as redness or pain where the shot was given. A small percentage of those who receive the vaccine develop a fever. Serious allergic reactions to the vaccine are rare, but do occur. Signs of a serious allergic reaction can include difficulty breathing, weakness, hoarseness or wheezing, a fast heart beat, hives, dizziness, paleness, or swelling of the throat.

What can I do if I have a reaction to the vaccine?

If you think you are having a serious reaction to the vaccine, seek immediate medical attention. For mild to moderate vaccine reactions, an aspirin-free pain reliever can be used to reduce fever and soreness at the shot site.

It is important to remember that your child’s chances of being harmed by meningococcal disease are far greater than any chance of being harmed by the

vaccine. Immunizations are one of the most important ways parents can protect their children against serious infectious diseases.

How widespread is meningococcal disease? Would I need the vaccine if I travel?

Although large epidemics of meningococcal disease do not occur in the United States, some countries experience large, periodic epidemics. Overseas travelers should check to see if meningococcal vaccine is recommended for their destination. Travelers should receive the vaccine at least one week before departure, if possible. Information on areas for which meningococcal vaccine is recommended can be obtained by calling the CDC’s international travel line at (877) 394-8747.

Where can I get more information on the disease and vaccine?

Talk to your physician or someone at your local health department for more information. They can give you the vaccine package insert or suggest other sources of information. In addition, you can find information about the disease and vaccine through the following sources.

- ❖ North Carolina Immunization Branch:
 - Visit the web site at www.immunize.nc.gov.
 - Call (919) 707-5550
- ❖ Call your local health department’s immunization program.
- ❖ Contact the Centers for Disease Control and Prevention (CDC):
 - Call 1-800-232-4636 (1-800-CDC INFO)
 - Visit the National Center for Infectious Disease’s meningococcal disease website at www.cdc.gov/meningitis/index.htm.
 - Visit CDC’s Travelers Health website at www.cdc.gov/travel.
- ❖ Vaccines & Immunizations website at www.cdc.gov/vaccines.
- ❖ National Network for Immunization Information at www.immunizationinfo.org.
- ❖ American College Health Association www.acha.org.

