

# **LIGON MIDDLE SCHOOL**

## **Emergency Action Plan**

### **Football & Soccer**

#### **Location:Football-Soccer Field**

Ligon Middle School has a written emergency plan that should be followed in the event of a medical emergency. All coaches should be familiar with this document and their role and responsibility in an emergency. Any questions should be directed to the head athletic trainer (or school administrator, in the absence of a licensed athletic trainer)

An **emergency** is the need for Emergency Medical Services (EMS) to give further medical attention and /or transport and athlete to the hospital. It is important in these situations that coordination between the athletic director coaches, administrators and student responders be effective. This guide is intended to delineate roles and outline the protocol to be followed should an emergency occur.

#### **Situations when 911 should be called are:**

- \* An athlete is not breathing
- \* An athlete has lost consciousness
- \* It is suspected that an athlete may have a neck or back injury
- \* An athlete has an open fracture (bone has punctured through the skin)
- \* Severe heat exhaustion or suspected heat stroke
- \* Severe bleeding that cannot be stopped

#### **Chain of Command**

- I. Administrator**
- II. Athletic Director**
- III. School Resource Officer**
- IV. Head Coach**
- V. Assistant Coach**
- VI. Other Athletes**

The highest person in the chain of command who is present at a scene will be the designated person in charge, or leader. That person is responsible for deciding whether or not to call 911, instructing others how they may be the person who stays with the athlete until EMS arrives.

Once it has been decided that EMS should be called, the following protocol should be followed.

## EMERGENCY ACTION PLAN

1. The highest person on the chain of command will be deemed the leader, and will stay with the athlete to monitor the athlete's condition and administer necessary first aid. If possible, someone else on the chain of command should also stay and assist. The front office or person next in command should be notified that there is an emergency situation on campus.
2. The highest person on the chain of command will make the call to EMS or will designate another person to make the call 911 from a cell phone or school phone. EMS should be told:
  - A. What the emergency is
  - B. The condition of the athlete
  - C. If the athlete suffers from any allergies( information found in coaches bag)
  - D. How to get to where the athlete is. Use the map provided if unsure how to give directions.
  - E. Also, tell EMS that someone will meet them at the closest intersection to aid in directing the ambulance.
  - F. **DO NOT HANG UP UNTIL EMS HANGS UP FIRST**
3. Phones at Ligon Middle School are located in the main office, classrooms, and coaches offices. Administrator and athletic director have a cell phone.
4. The leader will send runners to all intersections between where the athlete is located and Gymnasium at Ligon Middle School to direct the ambulance to the athlete. The runners should stay in their positions and wave the ambulance through the proper turns to get to the athlete.
5. The leader will designate another person to attempt contact with the athlete's parents. **Emergency contact information can be found in the coaches office.** If a parent is not present, the form would accompany the athlete to the hospital.
6. If transport is deemed necessary by EMS, the athlete will be taken to:

Wake Medical Health and Hospital  
3000 New Bern Avenue  
Raleigh, NC 27610

Ligon Middle School is located at:  
706 E. Lenoir St.  
Raleigh, NC 27601

The closest intersection to the gymnasium is STATE STREET

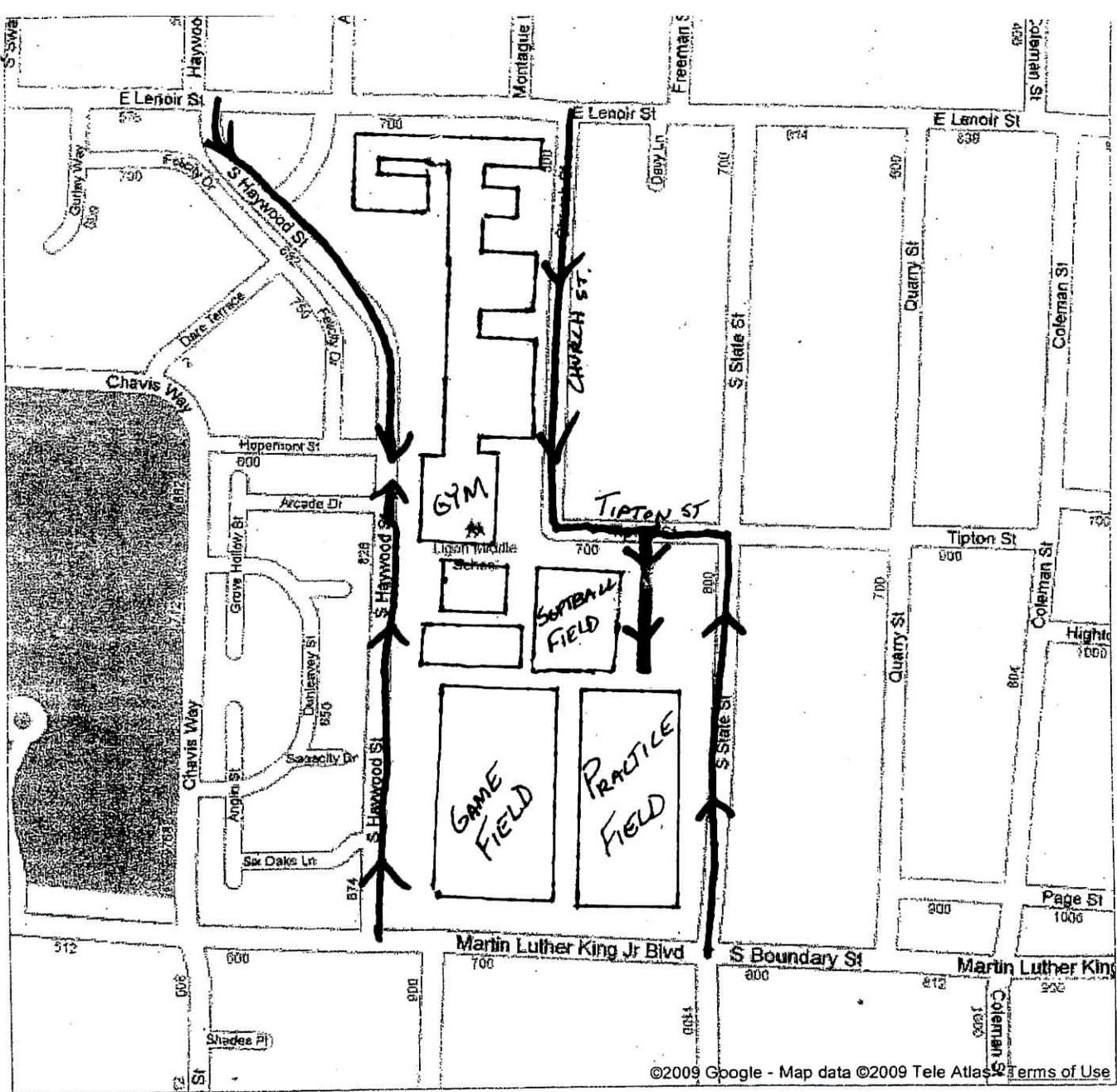
**Directions from Wake Medical Health and Hospitals**

1. Start out by going northeast on New Bern Ave. toward E Campus Dr.
2. Make a U-turn at E Campus Dr. onto New Bern Ave.
3. Turn left onto Raleigh Blvd.
4. Take the 3rd Right onto Martin Luther King Jr. Blvd.
5. Take 1st Right onto Rock Quarry Rd.
6. Take the 3rd Left onto Lenoir St.
7. Ligon Middle School, 706 E. Lenoir St. is on the left
8. Turn Left on South State Street. Gym and fields are at the end of the street.

**Location of AED's:** Ligon Middle School AED's are in Main Office

**IMPORTANT PHONE NUMBERS:**

<b>Position</b>	<b>Name</b>	<b>Phone number</b>
<b>EMS</b>	<b>EMS</b>	<b>911</b>
<b>PRINCIPAL</b>	<b>Greta Dula</b>	<b>919-291-3621</b>
<b>Assistant Principals</b>	<b>Alexis Wengler</b>	<b>919-398-1536</b>
	<b>Brandon McRae</b>	<b>919-524-0609</b>
	<b>Anne Waechter</b>	<b>919-695-1628</b>
<b>Athletic Director</b>	<b>Scott Rouse</b>	<b>919-268-0383</b>
<b>Head Coach Football</b>	<b>Michael McDuffie</b>	<b>919-856-7951</b>
<b>Head Coach Boy's Soccer</b>	<b>Patrick Faulkner</b>	<b>919-856-7951</b>
<b>Head Coach Girls Soccer</b>	<b>Eva Penny</b>	<b>919-856-7951</b>
<b>Main Office</b>	<b>Main Office</b>	<b>919-856-7929</b>



**Follow black lines to get to the appropriate field or building. There will be school personnel guiding EMS services at either the North or South entrance.**

