



Family Support Awareness Month February 2022

Families have been presented with unprecedented challenges over the last two years, underscoring the importance of community-wide access to support, information and positive connections. Home visiting and parent education programs build a system of support for families and ensure children are ready to learn and remain healthy and safe.

North Carolina Governor Roy Cooper has proclaimed February to be Family Support Awareness Month, a time to shine a spotlight on the valuable work of home visitors and parent educators across our state.

In recognition of Family Support Awareness Month, the Growing Resilience Movement and SAFEchild will offer several free virtual events throughout February.



Friday, February 4 / 12pm-1pm / ACEs 101 Workshop

Learn about adverse childhood experiences (ACEs) and how the power of positive connections can help prevent childhood trauma and provide healing in our communities. Register [here](#).

Wednesday, February 9 / 9am-10am / Coffee and Conversation with SAFEchild

Join SAFEchild staff for a discussion of how the incorporation of the Five Protective Factors framework into SAFEchild programs helps families stay strong. Register [here](#).

Wednesday, February 16 / 7pm-8:30pm / Black Mothers Matter

SAFEchild Moms Supporting Moms professional advisers April Parker, MSW, LCSW, and LaToshia Rouse, CD(DONA), will provide a safe place for black moms to connect and share with each other about maternal mental health and the microaggressions black women continue to face in health care services and the workplace. Register [here](#).

Tuesday, February 22 / 12pm-1pm / Family First Community Network Meeting

Guest speakers Bettie Murchison from Oasis Health and Wellness Centers International, Tina Sherman from Moms Rising, and Melea Rose Waters from Prevent Child Abuse NC will discuss how local and state organizations, programs and policies are shifting to be more equitable, family-friendly and trauma-responsive. Register [here](#).

Thursday, February 24 / 7pm-8:30pm / Introduction to Circle of Security Parenting

This international parent education curriculum focuses on building a sense of security and confidence in children and strengthening the caregiver/child bond. Register [here](#).

Contact Ginger Espino, SAFEchild community engagement and training coordinator, at gespino@safekildnc.org with questions.

