# **GMHS FRESHMEN NOTES**

10th Grade Promotion **Requirements** 6 credits, including English 1 and two credits from math, science or history

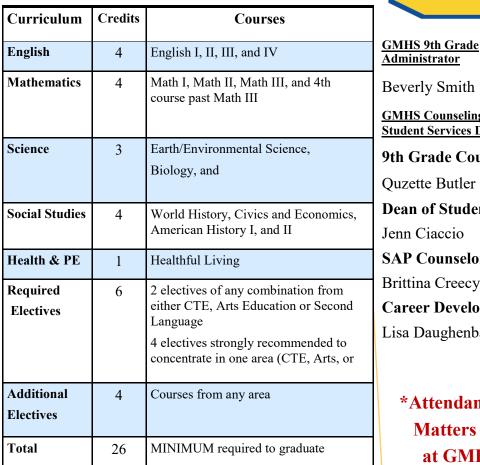
#### WEIGHTED GPA SCALE

	Academic	Honors
A	4	4.5
B	3	3.5
С	2	2.5
D	1	1.5
F	0	0

Must pass 6 out of 8 of classes to earn and keep **DRIVING PRIVILEGES** 

### **College/ Career Website** www.CFNC.org

# Graduation Requirements:



Athletic Eligibility: All entering freshmen are eligible for fall sports. After the first semester, students must be passing at least 75% of their classes, have a GPA no less than 1.5, and attended at least 85 % of school days. Retained students are not eligible to participate in a sport.

What can Student Services do for me? Academic advising (goal setting, career planning, study skills, graduation plans, etc.), individual counseling, group counseling, peer mediation /conflict management, conduct conferences with teachers, and provide access to resources

What if I need help with my classes? Teachers offer tutoring before school, after school, and/or during lunch. Tutoring schedules are posted on the GMHS website under Students/Interventions. Seek help early.

Good study habits start on the 1st day of class, not the day before the test.

GET INVOLVED! GMHS offers many clubs, sports, school events, and activities. Find a way to get involved in our school community.

Please see your counselor if you have **any** questions. We look forward to helping you plan for success!



Administrator **Beverly Smith GMHS Counseling &** Student Services Dept. 9th Grade Counselor **Ouzette Butler Dean of Students** Jenn Ciaccio **SAP Counselor Brittina** Creecy **Career Development** Lisa Daughenbaugh,

## \*Attendance **Matters** at GMHS!\*

### How do I see my **School Counselor?**

Counselors are usually available to meet with students before school. in between classes, or during lunch.

You can always fill out an appointment slip in **Student Services** 

### Tips for a Successful 9th Grade Year

- $\Rightarrow$  Make good decisions- establish a good peer group and positive outlets
- $\Rightarrow$  Have good attendance and be prepared for class
- $\Rightarrow$  Stay organized and turn work in on time
- $\Rightarrow$  Check PowerSchool to keep up with your grades
- $\Rightarrow$  Read
- $\Rightarrow$  Be an active learner ask questions, take notes, do homework, study
- $\Rightarrow$  Study for the sake of understanding and learning, not just memorizing
- $\Rightarrow$  Have positive interactions with staff members and your peers
- $\Rightarrow$  Learn and follow the expectations of the school and each of your teachers
- ⇒ Know and use your resources; your teachers, counselors, and administrators are here to support you



 $\Rightarrow$  Take responsibility for your

education- like anything in life, what you get out of school will depend on what you put into School.

 $\Rightarrow$  Focus on your destination, but remember to enjoy the journey









