



Strategic Plan VISION 2020

Dear Middle School Families,

For the third consecutive year, we will partner with the Carolina Hurricanes to bring **Power Play** to all of our middle schools. This exciting partnership will support a community-wide healthful living campaign around daily physical activity outside of school, plus allow students the chance to attend a Hurricanes game.

This year the Power Play time frame will be between Monday, October 14 and Friday, November 22, 2019. Your child will be able to be part of this event by striving to exercise daily for **60 minutes!**

This year's challenge features both individual and school-wide components, as well as goals for each.

The individual component will include the following:

- Through an online tracking system, students will provide their name and the number of minutes exercised each day. Please see the log-in instructions.
- Students will strive to achieve **60 minutes of daily physical activity** throughout the allotted time frame. Those who achieve a minimum of 1200 total minutes of physical activity will receive **two** complimentary ticket vouchers to a Hurricanes home game.

The school-wide component of the challenge includes the tracking of exercise per school. The school with the highest percentage of enrolled students achieving 1200 minutes of physical activity between October 14 and November 22 will earn a Carolina Hurricanes Field Day Event at their school in Spring of 2020.

Thank you for your willingness to participate in the Power Play program! We appreciate this opportunity to support the health of our community.