

FLEX SIGN UP - 1ST SEMESTER 2019

Please read through the flex options below. **PICK SIX** that you are interested in and then use the link at the bottom to sign up. There are 25 different options.

Be sure to select **six different choices**. You will be assigned to one of these six.

Not selecting six DIFFERENT options will result in your flex being chosen for you.

<p style="text-align: center;">Positivity Project</p> <p>In this class we will create lesson plans and videos about the Positivity Project. Students will be working in groups to brainstorm, script, act, film, and edit videos and activities for the school to participate in.</p>	<p style="text-align: center;">Forensic Science Fun</p> <p>Have you ever thought about being a crime scene investigator? Forensic Science will allow you to learn about fingerprinting, DNA, and other physical evidence that are related to crimes. Teams will participate in fun group activities that will show you how to collect data, and trace evidence like a real-life CSI.</p>	<p style="text-align: center;">Discover the Joy of Code!</p> <p>We will learn how to code and all the fun things that you can do with this skill. This is an introductory computer science course that empowers students to create authentic artifacts and engage with computer science as a medium for creativity, communication, problem solving, and fun.</p>
<p style="text-align: center;">Exploratory Mandarin</p> <p>Ni hao! Hello! Exploratory Mandarin will teach you the basics of Mandarin Chinese greetings, introductions, culture, food, and more!</p>	<p style="text-align: center;">Building Artistic Skills 'Portfolio'</p> <p>In Building Artistic Skills 'Portfolio' we will enrich our artistic skills and for those who want to learn to create an Art Portfolio we will learn to do this!</p>	<p style="text-align: center;">Front-Page Science</p> <p>Explore local, national, and global science happenings! Through multi-media, investigation, and engineer design process, we will learn about the current events in science that affect the world around you.</p>
<p style="text-align: center;">Myths, Legends, & Tales</p> <p>This class will focus on exploring mythology from different civilizations around the globe, as well as stories told by cultures to explain the development of the world. We will examine the origins and reasons behind some of history's greatest heroes and narratives to finally create our own myths, legends, and tales to share with one another!</p>	<p style="text-align: center;">Speech and Debate</p> <p>If you like to argue, this class is for you! In this course you will learn how to be respectful but effective public speakers! You will work as a team to prepare, and debate several interesting student chosen topics. We will spend the first week learning how to speak to an audience using words that are not only persuasive but convincing. This will prepare you for the debates we will have during this semester.</p>	<p style="text-align: center;">Careers and Leaderships in Sports</p> <p>Do you love sports? Do you want to be around sports everyday? You don't have to be an athlete to have a career in sports. Students will learn about careers, roles, and job skills related to sports. Students will have the opportunity to investigate a variety of sports related careers, interview people who have different sports related careers, and immerse themselves in opportunities to develop their job skills.</p>

<p style="text-align: center;">Robotics</p> <p>As a team member in the FIRST® LEGO® League, you will be immersed in real-world science and technology challenges. Teams research and design their own solution to a current scientific question or problem while they also build and program autonomous robots using LEGO® MINDSTORMS® technology to perform a series of missions. Through your participation, you will develop valuable life skills and discover exciting career possibilities, while learning that you can make a positive contribution to society.</p>	<p style="text-align: center;">Environmental Sustainability</p> <p>Do you want to make a difference? Do you want to learn more about our environment and how you can change things for the better? This is an interesting and fun inquiry-based class looking at current environmental issues. You will learn about issues affecting water, air, and the land. This class will involve hands-on activities and problem-based learning. The main topics in class involve recycling, sustainable water and land use, climate change and more. This class will help students become more aware of the world around them, develop leadership qualities, and become agents of change.</p>	<p style="text-align: center;">Lady Lions Leadership</p> <p>This is a course for female students that is focused on becoming a leader in our Leesvillage Community! We will be building personal leadership as well as self esteem and individual goal setting. Other skills include assertive communication and motivation, team building, encouraging diversity, upstander practice, and elaborating on character strengths. This course will meet in the classroom and use activities to empower the young women of Leesville to flex their leadership muscles in many ways!</p>
<p style="text-align: center;">Managing Stress</p> <p>Students will assess what causes them the most stress and learn a variety of techniques to help cope with their stress. From stress-management strategies to hands-on activities to exercise, learn to lower your stress level and unlock your potential!</p>	<p style="text-align: center;">Sport Training and Drills</p> <p>During this class we will be focusing on drills and activities that gives the student a chance to work on and improve on their athletic skills.</p>	<p style="text-align: center;">Cartooning</p> <p>Students will have the opportunity to learn and practice cartooning skills. Students will learn line drawing and coloring techniques.</p>
<p style="text-align: center;">Logophiles- Lover of Words</p> <p>Do you love words? This class is designed to challenge and expand your knowledge of words. We will play the traditional games of Scrabble and Boggle, but also try some other word play games. We will travel through time exploring the history of words and some of those crazy sayings like, "when pigs fly!" So, come join this class so you can become as sharp as a tack!</p>	<p style="text-align: center;">Culture and Travel</p> <p>Learn about different cultures and plan adventures in this fun and exciting class! Explore different cultures and discover the following unique things about them: foods they eat, entertainment, fashion, geography, climate, traditions, holidays, and more. Explore different places by taking virtual tours and and doing research on the computer. Plan an adventure of a lifetime to a place that you dream of going to visit!</p>	<p style="text-align: center;">Boys Advanced Running and Fitness</p> <p>This course will focus on cardiovascular fitness through a variety of running workouts and fitness activities. Students will be expected to participate in all activities and are encouraged to dress out each day for safety and hygiene.</p>

<p style="text-align: center;">Turn The Page</p> <p>Do you want a perfect way to end your day? Meet up with friends, grab a great book and read. Then we'll have a chance to discuss the books and high-give them or slam them. We'll have chances to dabble with science fiction, fantasy, realistic novels, mystery, and all the thrills and plot twists you can handle.</p>	<p style="text-align: center;">Cultural Explorations</p> <p>Students will learn about the music, art, food, clothes, holidays, sports, games, traditions, and people of the world through a series of interactive projects and activities. <i>(this is the same class as last year, you should not sign up again if you have already taken)</i></p>	<p style="text-align: center;">Yearbook</p> <p>This is a high intensity and high impact class as we create the important publication for our school. Students will learn about journalism, photography, and various aspects of publication. Students must exhibit responsibility and trustworthiness.</p>
<p style="text-align: center;">Rock out with Strings</p> <p>Join Rock Out With Strings and jam with strings, guitar, acoustic and electric, along with drums! Instruments provided if needed! Record your creative ideas and share these on our school website!</p>	<p style="text-align: center;">Sharing Our Stories</p> <p>You will have a chance to read books or poems where the writers share important experiences that changed them or changed the world around them. Through learning about others, we often learn about ourselves and will also have an opportunity to write and share our own personal journey.</p>	<p style="text-align: center;">Unplugged</p> <p>Play games, but not the video kind. Instead, we'll play games the good old fashioned way, before video games. That's right...board games! Learn to communicate and laugh with friends while playing games. You'll learn to use logical and reasoning skills, boost critical thinking and gain spatial reasoning. Some games include Risk, chess, checkers, Scrabble, Monopoly, Connect 4 just to name a few.</p>
<p style="text-align: center;">Kind Club</p> <p>The kind club is created to help build positive relationships and lasting bonds with other young ladies at our school. This will be a time to get to know new faces, do fun activities together, and grow mentally.</p>		

I KNOW MY TOP SIX AND I AM READY TO SIGN-UP.

[Click here to go to the sign-up!](#)