

July

2024

Wake Forest Men's Soccer Workouts

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 No Workouts	2 No Workouts	3 No Workouts	4 No Workouts	5 No Workouts	6
7	8 Workouts from 6:30 – 8:30	9 Workouts from 6:30 – 8:30	10 Workouts from 6:30 – 8:30	11 Workouts from 6:30 – 8:30	12 No Workouts	13
14	15 No Workouts	16 No Workouts	17 No Workouts	18 No Workouts	19 No Workouts	20
21	22 Workouts from 6:30 – 8:30	23 Workouts from 6:30 – 8:30	24 Workouts from 6:30 – 8:30	25 Workouts from 6:30 – 8:30	26 Leave for CAM JAM at Campbell Univ	27 CAM JAM Soccer Camp
28 Return from CAM JAM Soccer Camp	29 Workouts from 6:30 – 8:30	30 Workouts from 6:30 – 8:30	31 Soccer Tryouts Begin			