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JUNE/JULY SUMMER WORKOUTS 2024

WAKE FOREST
 COUGAR PRIDE



Please join CANVAS with a Wake County student email address. <https://wcpss.instructure.com/enroll/YLD687>

SUN	Mon	TUE	WED	THU	FRI	SAT
						GO! FIGHT! WIN!
23	24	25	26	27	28	29
			Drop In Open Gym/ Tumbling 12-1 AUX GYM	1507311		
30	July 1	2	3	4	5	6
DEAD PERIOD NO WORKOUTS						
7	8	9	10	11	12	13
			Drop In Open Gym/ Tumbling 12-1 AUX GYM	1507311		
14	15	16	17	18	19	20
DEAD PERIOD NO WORKOUTS						
21	22	23	24	25	26	27
			Drop In Open Gym/ Tumbling 12-1 AUX GYM	1507311		

Please complete the Online Registration for workouts: AFTER JUNE 1ST

Directions: <https://docs.google.com/document/d/1wohh0cY5ll79pTYcXU79tXCQKOBt6kr-17F1MVxh8A/edit?usp=sharing> Parents can also go to <https://www.dragonflymax.com/academy/parents>

The NCHSAA has changed their physical form as of 6/1/21 it now has two places for the doctor to sign on 2 different pages. For this reason Dragonfly has two places to upload forms (PPE physical exam, and PPE medical eligibility form)! If your athletes had a physical prior to 6/1/21, they will NOT need to go and get the second page signed at this time. They should upload what they have in the physical exam location. They can leave the other blank, I can approve it that way and they will be ok.