



FOOD DISTRIBUTION

Visit one of these locations near you and receive 1-2 weeks worth of fresh and shelf-stable food.

Poole Family YMCA

2110 Aversboro Road
Garner, NC 27529

First and third Tuesdays, 5 – 7 p.m.
Sept. 15, Oct. 6 and 20,
Nov. 3 and 17, Dec. 1 and 15

Southeast Raleigh YMCA

1436 Rock Quarry Road
Raleigh, NC 27610

First and third Saturdays, 10 a.m – noon
Sept. 19, Oct. 3 and 17,
Nov. 7 and 21, Dec. 5 and 19

YMCA at Knightdale Station

494 Knightdale Station Run
Knightdale, NC 27545

First and third Thursdays, 5 – 7 p.m.
Sept. 17, Oct. 1 and 15,
Nov. 5 and 19, Dec. 3 and 17



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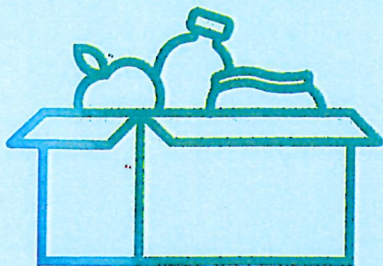
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**DELIVERING
GOOD**
YMCA Mobile Services



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ENTREGA DE COMIDA EN TU COMUNIDAD

Reciba 1-2 semanas de productos frescos
y alimentos no perecederos. Puede recoger
en los siguientes lugares:

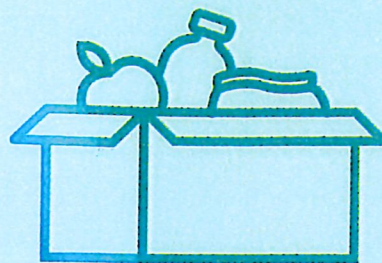
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Primer y tercer Sábado, de 10 a.m.
a mediodía

19 de Septiembre, 3 y 17 de Octubre,
7 y 21 de Noviembre, 5 y 19 de Diciembre



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Entregando Bien

Servicios Móviles de YMCA



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