

COMMUNITY VIRTUAL ACADEMY FAMILY

Virtual Parent Workshops 2020-21



WAKE COUNTY
PUBLIC SCHOOL SYSTEM

Family and Community Engagement
(FACE) in the Office of Equity Affairs
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WHAT IS COMMUNITY FAMILY ACADEMY?

The Wake County Public School System (WCPSS) Community Family Academy holds FREE Virtual Workshops and educational events for WCPSS families in various schools and community sites throughout Wake County. From research, we understand that students achieve more when families are involved in their child's education.

We believe that every family function as a learning environment, regardless of its income level, family structure, or ethnic and cultural background. In this respect, every family has the potential to support and improve a child's academic achievement. When families have high expectations for children and encourage them to work hard, they support and promote a child's academic, social and emotional well-being success.

The purpose of the Family Academy program is to provide families with the necessary academic tools to support the success of their child's education and to bring schools, parents/guardians, families, and community organizations together as equal partners.

SPECIAL WCPSS FAMILY ACADEMY EVENTS

GETTING TO KNOW THE U.S.A. EDUCATIONAL SYSTEM

Day/Time: **Thursday, September 17, 2020, 5:30pm-6:30pm**
Platform: **Facebook Live**
Language: **English**
Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

“MI ÉXITO, LA UNIVERSIDAD” HISPANIC EDUCATIONAL FAIR

FREE Educational Virtual Fair for Hispanic students and their parents, which will help them begin planning your child's road to college. Learn how to navigate the school system, how to prepare for university/college admission and the finance process.

Day/Time: **Saturday, September 19, 2020, 10:00am-1:00pm**
Platform: www.thencshp.org/mi-exito-la-universidad
Language: **English & Spanish**

For more information: mailbox@thencshp.org

In collaboration with The Society of Hispanic Professionals of North Carolina.

A GREAT START FOR YOUR KINDERGARTENER!

Day/Time: **Wednesday, September. 23, 2020, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **Arabic**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

PARENT ADVOCACY AND ENGAGEMENT IN YOUR CHILD'S EDUCATION

Day/Time: **Thursday, October 1, 2020, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

HOW TO IDENTIFY THAT YOUR CHILD IS SUFFERING FROM CYBER BULLYING

Day/Time: **Thursday, October 15, 2020, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

STRATEGIES FOR CREATING TRAUMA-INFORMED SCHOOLS/CLASSROOMS, *in collaboration of Public School First NC*

*Please register for Strategies for Creating Trauma-Informed Schools/
Classrooms Live Webinar on Oct 15, 2020 7:00 PM EDT at: <https://attendee.gotowebinar.com/register/3718466270538886156>*

After registering, you will receive a confirmation email containing information about joining the webinar.

Day/Time: **Thursday, October 15, 2020, 7:00pm**

Language: **English**

For more information visit: www.facebook.com/events/697331214459248/

In collaboration with Public School First NC

“NO MORE WIMPY PARENTING”

Presenter: **Dr. Kristen C. Wynns**, expert in child psychology and parenting issues

Day/Time: **Saturday, October 17, 2020, 11:00am-12:00pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

NAVIGATING THE DIFFERENT VIRTUAL PLATFORMS THAT TEACHERS USE IN WCPSS

Day/Time: **Wednesday, October. 28, 2020, 5:30pm-6:30pm.**
Platform: **Facebook Live**
Language: **Arabic**
Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

Learn How to Motivate Your Child to Thrive in School

Day/Time: **Thursday, October. 29, 2020, 5:30pm-6:30pm**
Platform: **Facebook Live**
Language: **English**
Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

“SOCIAL MEDIA”

Presenter: **Mr. Jorge Pacheco**, WCPSS Instructional Technology Representative
Day/Time: **Wednesday, November 4, 2020, 5:30-6:30pm**
Platform: **Facebook Live**
Language: **English**
Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

HOW TO COMMUNICATE WITH YOUR CHILD'S TEACHER VIRTUALLY (GOOGLE MEET)

(Google Meet and Zoom)

Day/Time: **Wednesday, November 11, 2020, 5:30pm-6:30pm**
Platform: **Facebook Live**
Language: **Arabic**
Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

TODAY'S MATH: “I DIDN'T LEARN MATH LIKE THAT!” (K-5TH)

Day/Time: **Thursday, November 12, 2020, 5:30pm-6:30pm**
Platform: **Facebook Live**
Language: **English**
Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

BUILDING RESILIENCY IN CHILDREN/ FOSTERING A TRAUMA-INFORMED PTA

Please register for Building Resiliency in Children/Fostering a Trauma-Informed PTA on Nov 12, 2020 7:00 PM EST at: <https://register.gotowebinar.com/register/5173248796946854668>

After registering, you will receive a confirmation email containing information about joining the webinar.

Day/Time: **Thursday, November 12, 2020 7:00 PM EST**

Language: **English**

For more information visit: <https://www.facebook.com/events/331851157954755/>

In collaboration with Public School First NC

BUILDING A POSITIVE RELATIONSHIP WITH YOUR ELEMENTARY SCHOOL CHILD

Day/Time: **Thursday, November 19, 2020, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

In collaboration with Public School First NC

COMMUNICATING WITH YOUR TEENAGER EFFECTIVELY

Day/Time: **Thursday, December 3, 2020, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

HOW TO APPLY FOR EARLY COLLEGE AND MAGNET SCHOOLS

Day/Time: **Thursday, December 10, 2020, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

DEVELOPING GOOD HOMEWORK HABITS

Day/Time: **Thursday, January 7, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

TIPS FOR SUCCESSFUL PARENT-TEACHER CONFERENCES

Day/Time: **Tuesday, January 12, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

“HOW TO APPLY TO PRE-K”

Day/Time: **Tuesday, January 19, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

HOW TO SUPPORT ACADEMIC GROWTH YOUR CHILD USING ONLINE LEARNING TOOLS

Day/Time: **Wednesday, Jan. 20, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **Arabic**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

TEACHING YOUR CHILD HOW TO DEAL WITH PEER PRESSURE

Day/Time: **Thursday, January 21, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

IDENTIFY BULLYING AND PROTECT YOUR CHILD AGAINST IT

Day/Time: **Thursday, February 4, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

STRATEGIES FOR CREATING TRAUMA-INFORMED SCHOOLS/CLASSROOMS

Please register for Strategies for Creating Trauma-Informed Schools/Classrooms Live Webinar on Feb 11, 2021 7:00 PM EST at: <https://register.gotowebinar.com/register/1075619648877437196>

After registering, you will receive a confirmation email containing information about joining the webinar.

Day/Time: **Thursday, Feb 11, 2021 7:00 PM EST**

Language: **English**

For more information visit: <https://www.facebook.com/events/323677348674042/>

In collaboration with Public School First NC

IDENTIFY BULLING AND PROTECT YOUR CHILD AGAINST IT

Day/Time: **Wednesday, February 17, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **Arabic**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

PREPARING YOUR CHILD FOR THE END OF GRADE (EOG) TESTS (3 -8TH)

Day/Time: **Thursday, February 18, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

HELPING YOUR CHILD REDUCE TEST STRESS

Day/Time: **Thursday, March 4, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

BUILDING RESILIENCY IN CHILDREN/FOSTERING A TRAUMA-INFORMED PTA

Please register for Building Resiliency in Children/Fostering a Trauma-Informed PTA on Mar 11, 2021 7:00 PM EST at: <https://register.gotowebinar.com/register/4547448559858883596>

After registering, you will receive a confirmation email containing information about joining the webinar.

Day/Time: **Thursday, March 11, 2021 7:00 PM EST**

Language: **English**

For more information visit: <https://www.facebook.com/events/2695323137407348/>

In collaboration with Public School First NC

HELPING YOUR CHILD REDUCE TEST STRESS

Day/Time: **Wednesday, March 17, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **Arabic**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

TODAY'S MATH: "I DIDN'T LEARN MATH LIKE THAT!" (K-5TH)

Day/Time: **Thursday, March 18, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

CONNECTING YOUR CHILD TO COLLEGE AND BEYOND USING CFNC

Day/Time: **Thursday April 8, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

NAVIGATING WAKE COUNTY PUBLIC SCHOOL SYSTEM (WCPSS)

Day/Time: **Wednesday, April 14, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **Arabic**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

DEVELOPING ACADEMIC VOCABULARY AT HOME USING HANDS-ON ACTIVITIES (K-5TH)

Day/Time: **Thursday, April 15, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

GETTING READY FOR COLLEGE/UNIVERSITY

Day/Time: **Thursday, April 29, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

HOW TO SUPPORT ACADEMIC GROWTH OVER SCHOOL BREAKS

Day/Time: **Wednesday, May 19, 2021, 5:30pm-6:30pm**

Platform: Facebook Live

Language: Arabic

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

HOW TO SUPPORT ACADEMIC GROWTH OVER SCHOOL BREAKS

Day/Time: **Thursday, May 20, 2021, 5:30pm-6:30pm**

Platform: **Facebook Live**

Language: **English**

Link: www.facebook.com/WCPSS-Family-Academy-277563949100964

VIRTUAL WORKSHOPS BY COMMUNITY

WCPSS Family Academy Facebook Page

Day/Time: **Thursdays | 5:30-6:30 PM**

Language: **English**

Online

Registration: www.wcpss.net/adult-edu

Platform: **Facebook Live**

In Collaboration with Lifelong Learning WCPSS

DATES	TOPICS/ACCESS LINKS
Sept. 17, 2020	Getting to know the U.S.A. Educational System (International Families) www.facebook.com/WCPSS-Family-Academy-277563949100964
Oct. 15, 2020	How to Identify that Your child is suffering from cyber bullying www.facebook.com/WCPSS-Family-Academy-277563949100964
Nov. 19, 2020	Building a Positive Relationship with your Elementary School Child www.facebook.com/WCPSS-Family-Academy-277563949100964
Dec. 10, 2020	How to Apply for Early College and Magnet Schools www.facebook.com/WCPSS-Family-Academy-277563949100964

Family Resource Center: 3825 Barrett Dr., Suite 101, Raleigh, NC 27609

Day/Time: **Thursdays | 6:00-7:30 PM**

Language: **English**

Platform: **Zoom**

DATES	TOPICS/ZOOM ACCESS LINKS
Sept. 17, 2020	Learn How to Motivate Your Child to Thrive in School/ WCPSS Platforms https://us02web.zoom.us/join/zoom-277563949100964

Oct. 22, 2020	Tips for Successful Parent-Teacher Conferences https://us02web.zoom.us/meeting/register/tZAoc-2hrD8vGNRNoazZeEOGe0z4LP33TLGV
Nov. 19, 2020	Communicating with Your Teenager Effectively https://us02web.zoom.us/meeting/register/tZUudu6srTovHtMcSBSzczf2sh7iB_KdzoW6Z
Feb. 18, 2021	Teaching Your Child How to Deal with Peer Pressure https://us02web.zoom.us/meeting/register/tZlud-6opisuHNw-Xe4eCfE34C627sBKjVZI
Mar. 25, 2021	How to Support Academic Growth Over School Breaks https://us02web.zoom.us/meeting/register/tZcoceCrrzwqGdwISVKvjncX-CQ-r5l4PXYI
Apr. 29, 2021	Helping Your Child Reduce Test Stress https://us02web.zoom.us/meeting/register/tZYkcuigqDqoEtdjji3UT8KriTgAG1xLCFNKy

YMCA Cary: 101 YMCA Dr, Cary, NC 27513

Day/Time: Mondays | 6:00 – 7:00 P.M.

Language: English

Platform: Google Meet

DATES	TOPICS/GOOGLE MEET ACCESS LINKS
Sept. 21, 2020	Developing Good Homework Habits https://meet.google.com/abj-anxi-mhj
Oct. 26, 2020	Learn How to Motivate Your Child to Thrive in School https://meet.google.com/wau-frnb-juv
Nov. 16, 2020	Identify Bullying and Protect Your Child Against It https://meet.google.com/tjn-pvmxsar
Feb. 22, 2021	Communicating with Your Teenager Effectively https://meet.google.com/phi-pouf-dvx
Mar. 29, 2021	Helping Your Child Reduce Test Stress https://meet.google.com/tzc-fxfd-gdy
Apr. 26, 2021	Connecting Your Child to College and Beyond Using CFNC https://meet.google.com/qcd-ffae-mkt

WORKSHOP DESCRIPTIONS

A Great Start for Your Kindergartener!

Kindergarten is the first year in your child's elementary education. As parents, you want to make sure that your child loves school and obtains a solid foundation. The parents will learn ten best ways to help their kindergartner succeed in school.

Building a Positive Relationship with Your Elementary School Child

It is essential for a child's emotional and social growth to have a positive relationship with his/her caregivers. The parents will learn how to build a positive relationship with their child by setting appropriate limits and following through on consequences, while showing love and support for their child.

Communicating with Your Teenager Effectively

You and your teen: two different worlds, two different perspectives—and a giant disconnect that can make communicating a real mystery. The parents will learn helpful strategies to recognize and break through the barriers to communicating with a teenager through the adolescent years.

Connecting Your Child to College and Beyond Using CFNC

CFNC.org offers help with career and college planning for all age groups from elementary school students to adults. The parents will learn how to investigate future careers, open a college savings account, plan courses that lead to college, explore college choices, figure out how to pay for their child's education, and even complete the college applications online.

Developing Academic Vocabulary at Home Using Hands-on Activities (K-5th)

Academic Vocabulary is the language that is used to acquire new learning and skills. The parents will learn ways to encourage their child to develop academic vocabulary and activities they can use at home.

Developing Good Homework Habits

One of the most important things parents can do is to encourage their child to develop good study habits. The parents will learn how to develop good homework habits and to make it a positive learning experience.

Getting to Know the U.S.A. Educational System

The U.S.A. Educational System offers a rich field of choices and opportunities that may overwhelm students and parents. The parents will learn how the educational system is structured in the United States and ways to become engaged in their child's education.

Getting Ready for College/University

The parents will learn that it is never too early to begin planning for college. They will learn about college/university admission, financial aid, scholarship opportunities and when to start the planning process.

Helping Your Child Reduce Test Stress

Test stress is something that many students struggle with. In fact, it is unusual to find a student who approaches a big test without a high level of anxiety. The parents will be provided with tips to help their child lessen test stress.

How to Apply for Early College and Magnet Schools

Parents will learn what Early College and Magnet Schools are, when and how to apply to these types of schools.

How to Identify that Your Child is Suffering from Cyber Bullying

Parents will learn to identify if their child is virtually bullied and how to act before that situation.

How to Support Academic Growth over School Breaks

As children say goodbye to the classroom during school breaks, they are often also saying goodbye to some of what they learned during the school year. The parents will be provided with educational ideas and information about how to combat learning loss over school breaks.

Identify Bullying and Protect Your Child Against It

Approximately half the children who have been bullied never tell their parents about it. Children are often too ashamed to let anyone know. Sometimes they feel that no one can help, not even their parents. The family will learn to recognize different types of bullying and what the signs of bullying are so that they can better help prevent it.

Learn How to Motivate Your Child to Thrive in School

Why is it so hard to motivate kids? As parents, you can't force your child to be self-motivated just because you want to—in fact, you might actually get in the way of their motivation. The parents will learn strategies to inspire and motivate their child to thrive in school.

Navigating the Different Platforms that Teacher use Virtually

Parents will be exposed to the different platforms that teachers use to teach virtually.

Parent Advocacy and Engagement in Your Child's Education

Parents are often the best educational advocates for their child. Research indicates that being involved in your child's education has a positive correlation with being successful in school. The parents will learn how to be engaged in their child's education.

Preparing Your Child for the End of Grade (EOG) Tests (3rd -8th)

The EOG tests measure a student's abilities in various subjects, including reading and mathematics, through a series of exams implemented during the last three weeks of the school year. The family will be provided with strategies to help their child feel at ease when taking the EOGs.

Social Media

Technology is a good thing, until a post/tweet/picture causes an uproar and hurts our image and reputation. What are the best ways to use social media? Help me keep my image straight! Discussion with someone experienced with great social media usage who will share the good, bad and the ugly about posting, texting, tweeting and how they affect your life.

Teaching Your Child How to Deal with Peer Pressure

Every day, your child makes decisions based on what the kids around them say and do. Sometimes they make good decisions. They go along with positive peer pressure and make good choices, which help them become better individuals. The parents will learn to help their child say yes to positive peer pressure and no to negative peer pressure.

Tips for Successful Parent-Teacher Conferences

Parent-teacher conferences are an important component of ongoing home-school communication and family involvement in your child's school. Years of research demonstrate that family involvement in education can lead to positive benefits for children and youth. The parents will learn how to have a successful parent-teacher conference.

Today's Math "I didn't learn math like that!" (K-5th)

Are you struggling to help your child with his/her math homework? Are you confused by this new math? Well, come learn more! The parents will have an opportunity to learn about the K-5 math standards and how this build to later success in math. Resources and strategies for providing help at home will be shared.

There is no doubt that the development of a true partnership between families, schools and the community has the power to impact students' academic, social and emotional success.

Dr. MariaRosa Rangel

Director of Family and Community Engagement (FACE)
in the WCPSS Office of Equity Affairs

FOR MORE INFORMATION ON WORKSHOPS VISIT:
WWW.WCPSS.NET/FAMILY-ACADEMY

Special Thanks to the Family Academy Advisory Board composed of educators and local community agencies, organizations, businesses, and schools.

**THE OFFICE OF TRANSLATION AND INTERPRETATION SERVICES
LA OFICINA DE SERVICIOS DE TRADUCCIÓN E INTERPRETACIÓN**

Si necesita servicios de traducción gratuitos para comprender los procesos escolares, llame al (919) 852-3303

إذا كنت بحاجة إلى خدمات الترجمة المجانية للتعرف على سير العمليات بالمدرسة، اتصل بالرقم (919) 852-3303

Si vous avez besoin de services de traduction gratuits pour comprendre les procédures scolaires, appelez le (919) 852-3303

यदि आपको विद्यालय की प्रक्रियाओं को समझने के लिए नि:शुल्क अनुवाद सेवाएं चाहिए, तो (919) 852-3303 पर कॉल करें

학교/교육 과정에 관한 무료 번역 서비스가 필요하시면 다음 번호로 연락하여 주십시오 (919) 852-3303

Nếu quý vị cần sự thông dịch miễn phí để hiểu phương pháp trường học, xin vui lòng gọi số điện thoại (919) 852-3303

如果您需要免费翻译服务来了解学校流程，请致电 (919) 852-3303