



APEX FRIENDSHIP HIGH SCHOOL

JUNIOR NEWSLETTER



CLASS OF 2023

November 2021

Promotion Requirements

WHO'S IN STUDENT SERVICES?

School Counselors

Quzette Butler	A – Co	Jennifer Conley	Me – R
qbutler@wcpss.net		jconley@wcpss.net	
Gretchen Krueger	Cr – He	Billy Lane	S – Z
gkrueger@wcpss.net		blane@wcpss.net	
Ashley Wilson	Hi – Mc	Frances Hughes	SAP
awilson6@wcpss.net		fhughes@wcpss.net	

To schedule an appointment, visit: www.wcpss.net/Page/36544

Additional Support

Chanda Maxwell	Linda Colhoun
Receptionist	Registrar
Tracey Wooten	Katie Elliot
Intervention Coordinator	Data Manager
Christie DeBerry	Susan Parker
School Nurse	School Psychologist

Promotion to Grade 12:

Minimum of 18 credits: Three credits must be English I, English II and English III, and enrollment in remaining courses required to graduate.

Graduation Requirements

Curriculum	Units	Courses
English	4	English I, II, III, and IV
Mathematics	4	Math I, Math II, Math III, and 4th course beyond Math III
Science	3	Earth Science/ AP Environmental Science, Biology, and Physical Science/Chemistry/Physics
Social Studies	4	World History, Civics and Economics, and American History I <i>or</i> American History II <i>or</i> AP US History and a Social Studies Elective
Health & PE	1	Healthful Living
Required Electives	2	2 electives of any combination from either CTE, Arts Education or Second Language
Additional Electives	8	Courses from any subject area 4 electives <i>strongly recommended</i> to concentrate in one area (CTE, Arts, or any other subject area)
Total	26	MINIMUM required to graduate

Early Release/Late Arrival for Senior Year

- You may request up to two periods off at the beginning or end of the school day for work, internship, and/or other approved opportunities.
- You may submit this form at the end of your Junior year or during the first week of school during Senior year.
- Approval based on course availability and remaining credits needed
- Dropping courses may impact college admissions' decisions

Need Extra Help?

- Emotional Support Resources:**
<https://www.wcpss.net/Page/47558>
- Academic Resources:**
<https://www.wcpss.net/Page/36562>
- AFHS Peer Tutoring:** Please speak with your teacher to have them submit a request for an NHS Tutor.
- Approved WCPSS Tutors:**
<https://www.wcpss.net/Page/36563>
- AFHS Student Services:**
<https://www.wcpss.net/domain/13891>

Wake Tech's CCP

- Take community college courses for free
- Online and hybrid courses available
- Summer courses also available
- bit.ly/WakeTechCCP

To earn Latin Honors at Graduation:

- Summa Cum Laude: 4.25 weighted GPA or higher
- Magna Cum Laude: 4.00 to 4.249 weighted GPA
- Cum Laude: 3.75 to 3.99 weighted GPA

Mid-Year Graduation

- Must meet with your counselor to discuss graduation requirements and post-grad plans.
- Must be approved by Mr. Wight.
- Priority Deadline: **Friday, May 20th, 2022.**

NCAA Eligibility Center

To be determined eligible play Div. I or Div. II athletics in college, register at the NCAA Initial Eligibility Center online at <https://web3.ncaa.org/ecwr3/>.

Career Planning

- Start your search early!
- Contact our Career Development Coordinators, Mrs. Tomey (Ltomey@wcpss.net) or Mrs. Guinn (tguinn@wcpss.net)
- Identify individuals who may provide a reference
- Career planning websites:
 - afhscareerguidance.weebly.com/
 - www1.cfnc.org/Plan/For A Career/ default.aspx
 - www.majorclarity.com
 - www.educationplanner.org/index.html
 - www.onetonline.org/
 - NC Apprenticeship Program: nctap.org/
 - Job Training Programs: www.waketech.edu/programs-courses/non-credit/enhance-your-career/career-pathways



Interest in the Military

- Research the different military branches: [Army](#), [Navy](#), [Marines](#), [Air Force](#), and [Coast Guard](#)
- Meet with a branch recruiter along with a parent or guardian
- Take the ASVAB

Grade Point Average (GPA): Your GPA is the sum of all the quality points earned divided by the total number of attempted credits.

Standard	Honors	AP or CCP**
A = 4 Pts	A = 4.5 Pts	A = 5 Pts
B = 3 Pts	B = 3.5 Pts	B = 4 Pts
C = 2 Pts	C = 2.5 Pts	C = 3 Pts
D = 1 Pt	D = 1.5 Pts	D = 2 Pts
F = 0 Pts	F = 0 Pts	F = 0 Pts

** Only college transfer courses

College Eligibility: The **Minimum Course Requirements (MCR)** for the University of North Carolina System of Higher Education determine your eligibility to apply. Completing these courses means you have satisfied the minimum requirements needed to be eligible to apply to a public university in North Carolina. The requirements are:

- A minimum weighted GPA of 2.5
- 4 credits of English
- 4 credits of Math (Math I, Math II, Math III and a math beyond Math III)
- 4 credits of Social Studies to include World History, Civics and Economics, American History I and American History II or AP US History and a Social Studies Elective
- 3 credits of Science (Earth Science, Biology, Physical Science (Physical Science, Chemistry, or Physics))
- 2 credits of the same foreign language
- Minimum of 17 on the ACT OR 880 (combined Verbal and Math) on the SAT

****It is also strongly recommended by colleges that you take a Math course during your senior year of high school. Students are also encouraged to do more than just two years of a foreign language when considering more competitive colleges/universities.

Useful Websites for College Planning

Apex Friendship High School

wcpss.net/apexfriendships

Check out our website for current happenings at our school. [Visit the Student Services Section](#) for college admissions' profiles of our recent graduates, scholarship information, planning guides for high school and much more!!!

The College Foundation of North Carolina

www.CFNC.org

This excellent website **helps you plan for college, apply to college and learn how to pay for college**. Includes specific information on all colleges and universities in NC, including both four-year and community colleges; career information; high school course planner and scholarship information. Students can apply directly to North Carolina schools, send transcripts, and much more. Visit www.CFNC.org and click on "Create My CFNC" to set up your personal CFNC account.

Big Future

www.bigfuture.org

The website contains information on the researching colleges, the admissions process, financial aid, and scholarships.

SAT Test Prep

satpractice.org

Free, personalized SAT test prep offered through Khan Academy. You can link your PSAT or SAT Score Report or take the quizzes offered to identify your areas of need. This service provides detailed responses and videos providing feedback on how to find the right answers. They have a question bank of over 3000 questions and 8 full practice exams on which you can practice.

ACT Test Prep

academy.act.org

Free, ACT test prep provided by the ACT. You may find full practice exam as well as order their free test prep guide.

Introduction to Financial Aid

<https://bit.ly/findingmoney22>

This presentation, led by our Financial Aid Counselor, Linda Brannan, provides a great overview of the financial aid process. (Please note, the presentation may take a moment to load.)

What Colleges Consider	What you Should Consider
<ul style="list-style-type: none"> • Challenging course selection • Course grades • Standardized test scores • Strong application <ul style="list-style-type: none"> • Personal statement • Supplement essays • Recommendations • Extracurricular activities <ul style="list-style-type: none"> • Sports • Clubs • Work, internships, etc. • Community service 	<ul style="list-style-type: none"> • Your intended major • Their average GPA • Their average test scores • Cost • Type/size • Location/geography • Campus life • Academic and professional opportunities (study abroad, internships, etc.)

EARLY DECISION	EARLY ACTION
Binding: must withdraw all other applications if admitted to attend that school	Non-binding: must commit or decline typically by May 1
Can apply only for Early Action and Regular Deadline at other schools	No restrictions on applying to other schools for Early Action and Regular Deadline
Due usually between Oct 15 - Nov 1; notified by Dec 1-Jan 1	Due usually between Oct 15 - Nov 1; notified by Dec 1-Jan 1
Early Decision II is offered by some schools; similar rules but later application	A great way to take the pressure off! Beneficial for financial aid candidates!