



Citizenship In a Digital World

General Guidelines:

- × There is no app to replace your lap
- × Be an askable adult
- × Personal values should be reflected in online expectations
- × Fighting tech with tech can fail
- × Spying isn't sustainable

Digital Citizenship - Resources

[Common Sense Media- Parent Concerns](#)

[Google- Be Internet Awesome](#)

[Common Sense- Ed Tech Reviews of Apps](#)

[Limits on Tech Use](#)

[Why the Best Parental Control Is You](#)

[All Screentime is Not Created Equal](#)

[AAP- New Recommendations on Screentime](#)

Family Online Safety Institute's Guidelines



1) TALK WITH YOUR KIDS

- Stay calm
- Talk early and often
- Be open and direct



2) EDUCATE YOURSELF

- Search online for anything you don't understand
- Try out the apps, games, and sites yourself
- Explore the GDP tips and resources



3) USE PARENTAL CONTROLS

- Activate the safety settings in your operating system, search engine, and games
- Use the parental controls on your children's phones, tablets, and game consoles
- Monitor your kids' use and their screen time



4) SET GROUND RULES AND APPLY SANCTIONS

- Agree and sign a family safety contract
- Set time and place limits for their tech use
- Enforce sanctions when necessary



5) FRIEND AND FOLLOW BUT DON'T STALK

- Friend your kids on social media
- Respect their online space and don't over do it
- Encourage your kids to create a good digital reputation



6) EXPLORE, SHARE, AND CELEBRATE

- Go online with your kids and explore their online world
- Take advantage of new ways of communicating
- Learn from them and have fun



7) BE A GOOD DIGITAL ROLE MODEL

- Curb your own bad digital habits
- Know when to unplug
- Show your kids how to collaborate and create online



Also check out:

iRules-

by Janell Burley Hofmann

Great website and
book on online
parenting.

I THINK THAT IF WE VOW NOT
TO LOSE THE TINY, CRITICAL
CONNECTIONS AND INSTEAD
USE TECHNOLOGY
WITH PURPOSE,
THEN PERHAPS
WE REALLY WILL
BE UNSTOPPABLE.

#iRules

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