

Child and Adult Care Food Program (CACFP) - Ensures children and adults attending approved non-residential care facilities and at-risk afterschool programs receive nutritious meals.
www.nutritionnc.com/snp

Commodity Supplemental Food Program (CSFP) - Provides a monthly package of food designed to supplement the nutritional needs of low-income senior citizens ages 60+. Food packages are distributed by approved local agencies. www.ncagr.gov/fooddist/programs.htm

Expanded Food and Nutrition Education Program (EFNEP) - Teaches youth and adult participants skills and strategies to feed their families nutritious meals on a limited budget and improve their overall health. www.ncefnep.org

Food Distribution Program on Indian Reservations (FDPIR) - Provides USDA foods to income-eligible households living on the Eastern Band of Cherokee Indians reservation and to Native American households residing in designated counties (Jackson, Swain, Cherokee and Graham) near the reservation.
www.fns.usda.gov/fdpi/applicant-recipient

School Meals - National School Lunch Program, School Breakfast Program, and After School Snack Program (NSLP, SBP, ASSP) - Provides children and teenagers breakfast, lunch and snacks that meet federal nutrition standards in public schools.
<https://childnutrition.ncpublicschools.gov/programs/nslp>

Senior Farmers' Market Nutrition Program (SFMNP) - Provides eligible senior participants with benefits to purchase fruits and vegetables at local farmers' markets. *Program is not available statewide.* www.ncdhhs.gov/documents/north-carolina-seniors-farmers-market-nutrition-program-sfmnp

Senior Nutrition Program - Congregate Meals and Home-delivered Meals - Provides nutritious meals and socialization to older adults.
www.ncdhhs.gov/assistance/adult-services/nutrition-congregate-home-delivered-meals

Supplemental Nutrition Assistance Program known in NC as Food and Nutrition Services (SNAP - FNS) - Provides benefits to purchase food.
www.ncdhhs.gov/assistance/low-income-services/food-nutrition-services-food-stamps

Supplemental Nutrition Assistance Program-Education (SNAP-Ed) - Provides approaches to improve nutrition through direct education, multi-level interventions, community and public health approaches. Nine agencies in NC provide SNAP-Ed to different ages and locations.
<https://www.ncdhhs.gov/divisions/social-services/food-and-nutrition-services-food-stamps/north-carolina-nutrition-education>

Summer Nutrition Program - Provides free meals to children during summer vacation. childnutrition.ncpublicschools.gov/programs/sfsp

The Emergency Food Assistance Program (TEFAP) - Supplements the food needs of low-income households. Food packages are distributed by approved local agencies. www.ncagr.gov/fooddist/programs.htm

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) - Provides nutrition education, breastfeeding promotion and support, access to healthy foods and referrals to healthcare and social services for pregnant, breastfeeding and postpartum women, infants and children under age 5. www.nutritionnc.com/mywic/index.htm

WIC Farmers' Market Nutrition Program (FMNP) - Provides eligible WIC participants with benefits to purchase fruits and vegetables at local farmers' markets. *Program is not available statewide.* www.nutritionnc.com/wic/fmarket.htm





NC DEPARTMENT OF
HEALTH AND
HUMAN SERVICES

NC Food and Nutrition Resource Programs

www.ncdhhs.gov/snac

Program Name	Food Delivery	Meal/Snack provided on site	Nutrition Education	Food Pick-up	Benefits to purchase food	Eligibility
CACFP		☑				0-18 yrs and 60+
CSFP				☑		60+
EFNEP			☑			18+
FDPIR on Indian Reservations				☑		All ages
School Meals		☑				PreK-12 students
SFMNP			☑		☑	60+
Senior Congregate Meals		☑	☑			60+
Senior Home-delivered meals	☑		☑			60+
SNAP (FNS)					☑	All ages
SNAP-Ed			☑			All ages
Summer Nutrition Programs		☑				Children 0-18 yrs
The Emergency Food Program				☑		All ages
WIC			☑		☑	0-5 yrs. & pregnant, breastfeeding, postpartum women
WIC FMNP			☑		☑	2-4 yrs. & pregnant, breastfeeding, postpartum women

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