

# WISH LIST

## ART -

- Band-Aids
- paper towels
- small cotton towels (can be stained, but clean)
- tissues
- Meyers natural room spray

## MINDFULNESS -

- Clorox Wipes
- Lysol Spray or Microban 24-Hour Sanitizing Spray
- Kleenex Facial Wipes
- Dry Erase Markers
- Ziploc Bags (Sandwich & Gallon)
- Stickers (Incentives)
- Bubbles
- Elmer's Gal Clear Glue
- 16.Oz of Various Color Glitter Small or Chunky
- Pastel colors of Food Coloring .

## Games:

- Uno
- HedBanz
- Checkers
- Legos
- Bristle Blocks

## PE-

- Band-Aids
- Clorox Wipes
- Tissues

Meet your  
**SPECIALISTS**  
at Hodge Road

**The best way to contact us is through class dojo. Please don't hesitate to reach out anytime.**

K-5 Visual Arts - Laura Streeter

K-5 Music - Matthew Hinkle

K-5 Physical Education - Coach Steidl

K-5 Mindfulness - Cathy Smith

K-2 / 3-5 Media - Chineal Nobles

3-5 / K-2 Counseling - Charlese Cunningham





# COUNSELING

School Counseling classroom lessons teach knowledge, attitudes and skills students need to acquire in academic, career and social/emotional development, which serve as the foundation for future success.



# MEDIA

My name is Chineal Nobles and I am the Media Coordinator. This is my 3rd year at Hodge Road, and I am looking forward to the new school year. During Media, students will continue to learn about diverse stories and experiences, STEM, and foster a love of lifelong reading.



# MUSIC

Hi everyone, I'm Mr. Hinkle and I teach music. In my class I love teaching students to sing, play instruments (like the guitar and ukulele), and create their own songs! We'll be having some performances this year so stay tuned for details on those



# MINDFULNESS

My name is Mrs. Smith, and I am the K-5 Mindfulness Specialist teacher. I have been a licensed physical education and health teacher teaching elementary and middle school for 21 years. Mindfulness gives students the tools and strategies they will need to focus on the present moment and regulate their thoughts, feeling, and emotions. I will incorporate mindful movements such as kids' yoga and calming breathing exercises and facilitate positive self-talk.

Studies have shown that Mindfulness helps to improve overall physical and mental health as well as provides the following benefits:

- \*Decreased Stress and Anxiety
- \*Improved Focused and Awareness
- \*Better Problem Solvers
- \*Increased Compassion and Kindness



# PE

I have been teaching Physical Education here at Hodge Rd since 1995 when the School originally opened. I am originally from New Jersey and have 2 wonderful children, Kenzie 21 & Kolby 18.

In grades k-2 we spend a lot of time on skill development via stations, and in grades 3-5 there are more low organized games that work on teamwork and sportsmanship. PE also has a lot of social interaction which allows us to incorporate good character traits.



# VISUAL ARTS

Ms. Streeter is the K-5 Visual Arts teacher. In Visual Art, all students will create art, critique art, and examine artworks within their historical context. Look for artworks coming home regularly throughout the school year. Follow @HodgeRoadArt on Twitter for fun art classroom updates.