

Fuquay-Varina Boys' Basketball

Fuquay-Varina Middle School
109 N. Ennis St.

Brandon Williams, Head Coach

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The purpose of this letter is to inform all parents, guardians, and players about the upcoming tryouts for the 2018-2019 Basketball Season. In order to tryout, all players must have their Wake County Public Schools physical as well as this form turned in by 11/13/2018.

Tryouts will be held on the following dates:

Tuesday, November 13th, 2018 at FVMS 3:00-5:15 PM

Wednesday, November 14th, 2018 at FVMS 3:00-5:15 PM

Thursday, November 15th, 2018 at FVMS 3:00-5:15 PM

Each practice will be at least two hours long. Participants must have adequate transportation and be picked up by the time tryouts end as that will impact being selected. We will be evaluating players on the following skills:

- Shooting: Shot selection, jump shot, interior shot, off the dribble, closely guarded, free throws.
- Offensive Skill(s): Passing, receiving, dribbling, and rebounding.
- Defensive Skill(s): Understands all positions of shell drill, help side, one pass away, deny, and ball pressure. Able to defend a wide variety of players, and has the physical strength to compete.
- Attitude: Enthusiasm, intensity, selflessness, team oriented, aggressiveness, hard worker.
- Basketball IQ: The overall approach to the game, practice and drilling.

Final cuts will be made after the last day of tryouts. Cutting players is not easy, and not personal, but the best players who demonstrate the necessary skills to compete on this level will be selected.

What should participants wear?

- All participants must wear proper basketball attire (athletic shorts, shoes, and t-shirt).

Additionally, those who make the team will be expected to wear all black basketball shoes to go with our uniforms. There will also be a hoodie/sweatpants warmup set that will be available for purchase as well.

It is a privilege to coach your students, and regardless if they are a part of the team officially or not, their support for their peers would be greatly appreciated. We would love for them to be a part of our Quay Crazies Student Section and make the Bengals Den the most exciting game day atmosphere in the county. Thank you again, looking forward to a successful 2018 season.

Coach Williams

-----Detach and Return Bottom Portion-----

Parent Signature

Player Signature