





# September 2019 | MENU

## Wake County Public School System **Snack Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>02 Labor Day</b> 	<b>03</b> Mozzarella String Cheese 100% Fruit Juice Blend	<b>04</b> Whole Grain Blueberry Muffin 100% Apple Juice	<b>05</b> Fresh Baby Carrots Peanut Butter Cup	<b>06</b> Fresh Cucumber w/ Dip Mozzarella String Cheese
<b>09</b> Mozzarella String Cheese 100% Fruit Blend Juice	<b>10</b> Danimals Yogurt Granola Cup	<b>11</b> Whole Grain Cheerios 8 oz. Unflavored Milk	<b>12</b> Whole Grain Pretzels Mozzarella String Cheese	<b>13</b> Roasted Sunflower Seeds 100% Apple Juice
<b>16</b> Fresh Apple Mozzarella String Cheese	<b>17</b> Whole Grain Pretzels Peanut Butter Cup	<b>18</b> Kellogg's "Frozen 2" Whole Grain Grahams 100% Fruit Blend Juice	<b>19</b> Danimals Yogurt Whole Grain Animal Crackers	<b>20</b> Pepperidge Farms Whole Grain Cheddar Cracker 100% Apple Juice
<b>23</b> Whole Grain Animal Crackers 8 oz. Unflavored Milk	<b>24</b> Mozzarella String Cheese 100% Fruit Juice Blend	<b>25</b> Whole Grain Blueberry Muffin 100% Apple Juice	<b>26</b> Fresh Baby Carrots Peanut Butter Cup	<b>27</b> Fresh Cucumber w/ Dip Mozzarella String Cheese
<b>30</b> 				

**Sites that have a student with allergies may substitute an approved product for that individual. Substitutions to menu will be approved by Area Supervisor.**