



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02 	03 Protein Packed Breakfast Boat Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	04 Confetti Pancakes Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk	05 Skillet Frittata Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	06 Turkey Sausage Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk
09 Canadian Bacon, Egg & Cheese Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk	10 Breakfast Flatbread Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	11 Mini Maple Pancakes Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk	12 Cinnamon Toast Crunch Bar Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	13 Southern Chicken Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk
16 Turkey Sausage Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk	17 Breakfast Pizza Bagel Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	18 Mini Maple Pancakes Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk	19 Breakfast Totchos Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	20 Southern Egg & Cheese Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk
23 Southern Chicken Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk	24 Protein Packed Breakfast Boat Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	25 Confetti Pancakes Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk	26 Skillet Frittata Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	27 Turkey Sausage Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk
30 				

USDA Non-discrimination statement: <http://childnutrition.ncpublicschools.gov/information-resources/civil-rights/usda-non-discrimination-statement>

September 2019 | MENU

Wake County Public School System BREAKFAST IN THE CLASSROOM

Eating breakfast at school improves academic performance, health, and behavior.



K-5 Paid Meal Prices:

Breakfast: \$1.25
 Lunch: \$2.75
 Adults: A la Carte Pricing

K-5 Reduced Meal Prices:

*Breakfast: \$0.30
 Lunch: \$0.40

* The actual charge may be less, depending on funding

Breakfast includes choice of: Entrée, fruit & milk.
 Students must select a fruit/juice.

Milk Choices: • Fat Free Unflavored, Strawberry, Chocolate, and Vanilla

Please contact your schools Dining Room Manager for additional menu information. Menu selection is subject to change at any time.



Child Nutrition Services