


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03 <b>Breakfast</b> WG Cheerios ✓ Diced Peaches Fat Free Skim Milk <b>Lunch</b> Turkey Hot Dog Baked Beans ✓ Applesauce Fat Free Milk	04 <b>Breakfast</b> Turkey Sausage Biscuit Applesauce Fat Free Skim Milk <b>Lunch</b> Baked Fish Sticks Baked French Fries ✓ Mixed Fruit Fat Free Milk	05 Cinco De Mayo <b>Breakfast</b> Canadian Bacon Biscuit Mixed Fruit Fat Free Skim Milk <b>Lunch</b> Beef & Cheese Nachos Spicy Pinto Beans ✓ Diced Peaches Fat Free Milk	06 <b>Breakfast</b> Country Cheese Omelet Biscuit ✓ Diced Pears Fat Free Skim Milk <b>Lunch</b> Spaghetti with Meat Sauce Garlic Green Beans ✓ Applesauce Fat Free Milk	07 School Lunch Hero Day <b>Breakfast</b> Chicken Biscuit Applesauce Fat Free Skim Milk <b>Lunch</b> Superhero Sandwich Baby Carrots for Improved Laser Vision! ✓ Shazam Strawberries for a Blast of Energy! Fat Free Mighty Milk
10 <b>Breakfast</b> WG Cheerios ✓ Mixed Fruit Fat Free Skim Milk <b>Lunch</b> Charbroiled Cheeseburger Baked French Fries ✓ Applesauce Fat Free Milk	11 <b>Breakfast</b> Turkey Sausage Biscuit Applesauce Fat Free Skim Milk <b>Lunch</b> Chicken Ramen Bowl Orange Glazed Carrots ✓ Diced Peaches Fat Free Milk	12 <b>Breakfast</b> Breakfast Pizza Bagel Diced Peaches Fat Free Skim Milk <b>Lunch</b> Chicago Style Hot Beef Sandwich Savory Green Beans ✓ Diced Pears Fat Free Milk	13 <b>Breakfast</b> Pancake and Turkey Sausage ✓ Diced Pears Fat Free Skim Milk <b>Lunch</b> Macaroni & Cheese ✓ Buttered Corn ✓ Mixed Fruit Fat Free Milk	14 <b>Breakfast</b> Chicken Biscuit Mixed Fruit Fat Free Skim Milk <b>Lunch</b> Baked Chicken Bites Baked Sweet Potato Fries ✓ Diced Peaches Fat Free Milk
17 <b>Breakfast</b> WG Cheerios ✓ Diced Peaches Fat Free Skim Milk <b>Lunch</b> Chicago Style Hot Beef Sandwich Baked Beans ✓ Applesauce Fat Free Milk	18 <b>Breakfast</b> Country Cheese Omelet Biscuit ✓ Applesauce Fat Free Skim Milk <b>Lunch</b> Beef & Cheese Nachos Spicy Pinto Beans ✓ Mixed Fruit Fat Free Milk	19 <b>Breakfast</b> Canadian Bacon Biscuit Mixed Fruit Fat Free Skim Milk <b>Lunch</b> Baked Fish Sticks Baked French Fries ✓ Diced Pears Fat Free Milk	20 <b>Breakfast</b> Country Cheese Omelet Biscuit ✓ Diced Pears Fat Free Skim Milk <b>Lunch</b> Personal Cheese Pizza Garlic Green Beans ✓ Applesauce Fat Free Milk	21 <b>Breakfast</b> Chicken Biscuit Applesauce Fat Free Skim Milk <b>Lunch</b> Baked Chicken Drumstick WG Dinner Roll Buttered Corn ✓ Mixed Fruit Fat Free Milk
24 <b>Breakfast</b> WG Cheerios ✓ Mixed Fruit Fat Free Skim Milk <b>Lunch</b> Charbroiled Cheeseburger Baked French Fries ✓ Applesauce Fat Free Milk	25 <b>Breakfast</b> Country Cheese Omelet Biscuit ✓ Applesauce Fat Free Skim Milk <b>Lunch</b> Chicken Ramen Bowl Orange Glazed Carrots ✓ Diced Peaches Fat Free Milk	26 <b>Breakfast</b> Breakfast Pizza Bagel Diced Peaches Fat Free Skim Milk <b>Lunch</b> Chicago Style Hot Beef Sandwich Savory Green Beans ✓ Diced Pears Fat Free Milk	27 <b>Breakfast</b> WG Pancakes ✓ Diced Pears Fat Free Skim Milk <b>Lunch</b> Cheese Nachos ✓ Buttered Corn ✓ Mixed Fruit Fat Free Milk	28 <b>Breakfast</b> Chicken Biscuit Mixed Fruit Fat Free Skim Milk <b>Lunch</b> Wake Deli Hoagie Baby Carrots with Dip ✓ Diced Peaches Fat Free Milk
31 Memorial Day 				

**May 2021 | MENU**  
 Wake County Public School System  
**Breakfast & Lunch**



Fat Free Unflavored Milk included with breakfast  
 Lunch Milk Choices: • Fat Free Unflavored and Chocolate  
 Menu options subject to change due to product availability.  
 ✓ PB & J Sandwich available daily

V = Vegetarian Item

