

**March 2021 | MENU**  
Wake County Public School System  
**Breakfast & Lunch**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>01 <u>Breakfast</u> WG Cheerios ✓ Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Charbroiled Cheeseburger Buttered Corn ✓ Applesauce Fat Free Milk</p>	<p>02 <b>Dr. Suess' Birthday</b> <u>Breakfast</u> Turkey Sausage Biscuit Applesauce Fat Free Skim Milk <u>Lunch</u> Beef &amp; Cheese Nachos Spicy Black Beans ✓ Diced Peas Fat Free Milk</p>	<p>03 <u>Breakfast</u> Pancake and Scrambled Egg Platter ✓ Diced Peas Fat Free Skim Milk <u>Lunch</u> Chicken Fried Rice Ginger Glazed Carrots ✓ Diced Peaches Fat Free Milk</p>	<p>04 <u>Breakfast</u> Egg &amp; Cheese Biscuit ✓ Diced Peaches Fat Free Skim Milk <u>Lunch</u> Sweet &amp; Sour Meatballs Steamed Brown Rice Mixed Vegetables ✓ Diced Peas Fat Free Milk</p>	<p>05 <u>Breakfast</u> Chicken Biscuit Sliced Strawberries Fat Free Skim Milk <u>Lunch</u> Fish Filet Sandwich ✓ Baked Sweet Potato Fries ✓ Diced Peaches Fat Free Milk</p>
<p>08 <b>Nat'l School Breakfast Week</b> <u>Breakfast</u> Crunch Time WG Cheerios ✓ Diced Peaches Fat Free Skim Milk <u>Lunch</u> Turkey Hot Dog Baked Beans ✓ Applesauce Fat Free Milk</p>	<p>09 <b>Nat'l School Breakfast Week</b> <u>Breakfast</u> Slam Dunk Turkey Sausage Biscuit Applesauce Fat Free Skim Milk <u>Lunch</u> Chicken Taquitos with Cheese Dip Spicy Black Beans ✓ Sliced Strawberries Fat Free Milk</p>	<p>10 <b>Nat'l School Breakfast Week</b> <u>Breakfast</u> Touchdown Breakfast Tacos Sliced Strawberries Fat Free Skim Milk <u>Lunch</u> Philly Cheesesteak Steamed Broccoli ✓ Diced Peaches Fat Free Milk</p>	<p>11 <b>Nat'l School Breakfast Week</b> <u>Breakfast</u> Be Egg-ceptional Egg &amp; Cheese Biscuit ✓ Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Roasted Chicken WG Dinner Roll Smashed Sweet Potatoes ✓ Sliced Strawberries Fat Free Milk</p>	<p>12 <b>Nat'l School Breakfast Week</b> <u>Breakfast</u> Team Cheer Chicken Biscuit Diced Peas Fat Free Skim Milk <u>Lunch</u> Fish Filet Sandwich ✓ Garlic Green Beans ✓ Mixed Fruit Fat Free Milk</p>
<p>15 <u>Breakfast</u> WG Cheerios ✓ Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Charbroiled Cheeseburger Buttered Corn ✓ Applesauce Fat Free Milk</p>	<p>16 <u>Breakfast</u> Turkey Sausage Biscuit Applesauce Fat Free Skim Milk <u>Lunch</u> Beef &amp; Cheese Nachos Spicy Black Beans ✓ Diced Peas Fat Free Milk</p>	<p>17 <b>St. Patrick's Day</b> <u>Breakfast</u> Pancake and Scrambled Egg Platter ✓ Diced Peas Fat Free Skim Milk <u>Lunch</u> Chicken Fried Rice Ginger Glazed Carrots ✓ Diced Peaches Fat Free Milk</p>	<p>18 <u>Breakfast</u> Egg &amp; Cheese Biscuit ✓ Diced Peaches Fat Free Skim Milk <u>Lunch</u> Sweet &amp; Sour Meatballs Steamed Brown Rice Mixed Vegetables ✓ Diced Peas Fat Free Milk</p>	<p>19 <u>Breakfast</u> Chicken Biscuit Sliced Strawberries Fat Free Skim Milk <u>Lunch</u> Fish Filet Sandwich ✓ Baked Sweet Potato Fries ✓ Diced Peaches Fat Free Milk</p>
<p>22 <u>Breakfast</u> WG Cheerios ✓ Diced Peaches Fat Free Skim Milk <u>Lunch</u> Turkey Hot Dog Baked Beans ✓ Applesauce Fat Free Milk</p>	<p>23 <u>Breakfast</u> Turkey Sausage Biscuit Applesauce Fat Free Skim Milk <u>Lunch</u> Chicken Taquitos with Cheese Dip Spicy Black Beans ✓ Sliced Strawberries Fat Free Milk</p>	<p>24 <b>Nat'l Cheesesteak Day</b> <u>Breakfast</u> Pancake and Scrambled Egg Platter ✓ Sliced Strawberries Fat Free Skim Milk <u>Lunch</u> Philly Cheesesteak Steamed Broccoli ✓ Diced Peaches Fat Free Milk</p>	<p>25 <u>Breakfast</u> Egg &amp; Cheese Biscuit ✓ Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Roasted Chicken WG Dinner Roll Smashed Sweet Potatoes ✓ Sliced Strawberries Fat Free Milk</p>	<p>26 <u>Breakfast</u> Chicken Biscuit Diced Peas Fat Free Skim Milk <u>Lunch</u> Fish Filet Sandwich ✓ Garlic Green Beans ✓ Mixed Fruit Fat Free Milk</p>
<p>29 <u>Breakfast</u> WG Cheerios ✓ Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Charbroiled Cheeseburger Buttered Corn ✓ Applesauce Fat Free Milk</p>	<p>30 <u>Breakfast</u> Turkey Sausage Biscuit Applesauce Fat Free Skim Milk <u>Lunch</u> Beef &amp; Cheese Nachos Spicy Black Beans ✓ Diced Peas Fat Free Milk</p>	<p>31 <u>Breakfast</u> Pancake and Scrambled Egg Platter ✓ Diced Peas Fat Free Skim Milk <u>Lunch</u> Chicken Fried Rice Ginger Glazed Carrots ✓ Diced Peaches Fat Free Milk</p>		

**SCORE BIG** WITH SCHOOL BREAKFAST



**Fat Free Unflavored Milk included with breakfast**  
**Lunch Milk Choices:** • Fat Free Unflavored and Fat Free Chocolate  
**Menu options subject to change due to product availability.**

V = Vegetarian Item