

# February 2021 | MENU

## Wake County Public School System Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>01</b> <u>Breakfast</u> WG Cheerios ✓ Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Charbroiled Cheeseburger Savory Green Beans ✓ Applesauce Cup Fat Free Milk	<b>02 GROUNDHOG DAY</b> <u>Breakfast</u> Turkey Sausage Biscuit Applesauce Cup Fat Free Skim Milk <u>Lunch</u> Beef & Cheese Nachos Spicy Black Beans ✓ Diced Pears Fat Free Milk	<b>03</b> <u>Breakfast</u> Pancake and Scrambled Egg Platter Diced Pears Fat Free Skim Milk <u>Lunch</u> Chicken Pot Pie Smashed Sweet Potatoes ✓ Baked Apples Fat Free Milk	<b>04</b> <u>Breakfast</u> Egg & Cheese Biscuit ✓ Mixed Fruit Fat Free Skim Milk <u>Lunch</u> General Tso's Chicken Wrap Baby Carrots with Dip ✓ Sliced Strawberries Fat Free Milk	<b>05</b> <u>Breakfast</u> Chicken Biscuit Sliced Strawberries Fat Free Skim Milk <u>Lunch</u> Fish Filet Sandwich ✓ Crispy Potato Tots ✓ Diced Peaches Fat Free Milk
<b>08</b> <u>Breakfast</u> WG Cheerios ✓ Diced Peaches Fat Free Skim Milk <u>Lunch</u> Sriracha Meatballs with Steamed Rice ✓ Savory Green Beans ✓ Applesauce Cup Fat Free Milk	<b>09</b> <u>Breakfast</u> Turkey Sausage Biscuit Applesauce Cup Fat Free Skim Milk <u>Lunch</u> Chicken Taquitos with Cheese Dip Spicy Black Beans ✓ Sliced Strawberries Fat Free Milk	<b>10</b> <u>Breakfast</u> French Toast Sticks ✓ Sliced Strawberries Fat Free Skim Milk <u>Lunch</u> Philly Cheesesteak Steamed Carrots ✓ Diced Peaches Fat Free Milk	<b>11</b> <u>Breakfast</u> Egg & Cheese Biscuit ✓ Diced Peaches Fat Free Skim Milk <u>Lunch</u> Spaghetti with Meat Sauce Mixed Vegetables ✓ Diced Peaches Fat Free Milk	<b>12</b> <u>Breakfast</u> Chicken Biscuit Diced Pears Fat Free Skim Milk <u>Lunch</u> Turkey Hot Dog Baked Beans ✓ Mixed Fruit Fat Free Milk
<b>15 PRESIDENT'S DAY</b> <u>Breakfast</u> WG Cheerios ✓ Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Charbroiled Cheeseburger Savory Green Beans ✓ Applesauce Cup Fat Free Milk	<b>16</b> <u>Breakfast</u> Turkey Sausage Biscuit Applesauce Cup Fat Free Skim Milk <u>Lunch</u> Beef & Cheese Nachos Spicy Black Beans ✓ Diced Pears Fat Free Milk	<b>17 ASH WEDNESDAY</b> <u>Breakfast</u> Pancake and Scrambled Egg Platter Diced Pears Fat Free Skim Milk <u>Lunch</u> Fish Filet Sandwich ✓ Smashed Sweet Potatoes ✓ Baked Apples Fat Free Milk	<b>18</b> <u>Breakfast</u> Egg & Cheese Biscuit ✓ Mixed Fruit Fat Free Skim Milk <u>Lunch</u> General Tso's Chicken Wrap Baby Carrots with Dip ✓ Sliced Strawberries Fat Free Milk	<b>19</b> <u>Breakfast</u> Chicken Biscuit Sliced Strawberries Fat Free Skim Milk <u>Lunch</u> Fish Filet Sandwich ✓ Crispy Potato Tots ✓ Strawberries Fat Free Milk
<b>22</b> <u>Breakfast</u> WG Cheerios ✓ Diced Peaches Fat Free Skim Milk <u>Lunch</u> Sriracha Meatballs with Steamed Rice ✓ Savory Green Beans ✓ Applesauce Cup Fat Free Milk	<b>23</b> <u>Breakfast</u> Turkey Sausage Biscuit Applesauce Cup Fat Free Skim Milk <u>Lunch</u> Chicken Taquitos with Cheese Dip Spicy Black Beans ✓ Sliced Strawberries Fat Free Milk	<b>24</b> <u>Breakfast</u> Pancake and Scrambled Egg Platter Sliced Strawberries Fat Free Skim Milk <u>Lunch</u> Philly Cheesesteak Steamed Carrots ✓ Diced Peaches Fat Free Milk	<b>25</b> <u>Breakfast</u> Egg & Cheese Biscuit ✓ Diced Peaches Fat Free Skim Milk <u>Lunch</u> Spaghetti with Meat Sauce Mixed Vegetables ✓ Diced Peaches Fat Free Milk	<b>26</b> <u>Breakfast</u> Chicken Biscuit Diced Pears Fat Free Skim Milk <u>Lunch</u> Fish Filet Sandwich ✓ Baked Beans ✓ Mixed Fruit Fat Free Milk



**Fat Free Unflavored Milk included with breakfast**  
**Lunch Milk Choices:** • Fat Free Unflavored and Chocolate  
 Menu options subject to change due to product availability.

V = Vegetarian Item