

December 2020 | MENU
Wake County Public School System
Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01 <u>Breakfast</u> Turkey Sausage Biscuit Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Beef & Cheese Nachos Spicy Pinto Beans ✓ Diced Pears Fat Free Milk	02 <u>Breakfast</u> Pancake and Scrambled Egg Platter Diced Pears Fat Free Skim Milk <u>Lunch</u> Cheeseburger Baked Beans ✓ Diced Peaches Fat Free Milk	03 <u>Breakfast</u> Egg & Cheese Biscuit ✓ Diced Peaches Fat Free Skim Milk <u>Lunch</u> WG Macaroni & Cheese ✓ Mixed Vegetables ✓ Strawberries Fat Free Milk	04 <u>Breakfast</u> Scrambled Eggs with Toast Strawberries Fat Free Skim Milk <u>Lunch</u> Personal Cheese Pizza ✓ Buttered Corn ✓ Applesauce Fat Free Milk
07 <u>Breakfast</u> WG Cheerios Applesauce Fat Free Skim Milk <u>Lunch</u> Roasted Chicken WG Dinner Roll Steamed Carrots ✓ Mixed Fruit Fat Free Milk	08 <u>Breakfast</u> Turkey Sausage Biscuit Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Chili Cheese Totchos WG Tortilla Spicy Black Beans ✓ Diced Pears Fat Free Milk	09 <u>Breakfast</u> Pancake and Scrambled Egg Platter Diced Pears Fat Free Skim Milk <u>Lunch</u> Philly Cheesesteak Diced Peaches Baked Beans ✓ Fat Free Milk	10 <u>Breakfast</u> Egg & Cheese Biscuit ✓ Diced Peaches Fat Free Skim Milk <u>Lunch</u> Baked Lasagna with Meat Sauce Strawberries Mixed Vegetables ✓ Fat Free Milk	11 <u>Breakfast</u> Scrambled Eggs with Toast Strawberries Fat Free Skim Milk <u>Lunch</u> Personal Cheese Pizza ✓ Buttered Corn ✓ Applesauce Fat Free Milk
14 <u>Breakfast</u> WG Cheerios Applesauce Fat Free Skim Milk <u>Lunch</u> Spicy Chicken Gyro Steamed Carrots ✓ Mixed Fruit Fat Free Milk	15 <u>Breakfast</u> Turkey Sausage Biscuit Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Beef & Cheese Nachos Spicy Pinto Beans ✓ Diced Pears Fat Free Milk	16 <u>Breakfast</u> Pancake and Scrambled Egg Platter Diced Pears Fat Free Skim Milk <u>Lunch</u> Cheeseburger Baked Beans ✓ Diced Peaches Fat Free Milk	17 <u>Breakfast</u> Egg & Cheese Biscuit ✓ Diced Peaches Fat Free Skim Milk <u>Lunch</u> WG Macaroni & Cheese ✓ Mixed Vegetables ✓ Strawberries Fat Free Milk	18 <u>Breakfast</u> Scrambled Eggs with Toast Strawberries Fat Free Skim Milk <u>Lunch</u> – Holiday Meal Roasted Chicken w/ WG Roll Cranberry Sauce Buttered Corn ✓ Fat Free Milk
21 <u>Breakfast</u> WG Cheerios Applesauce Fat Free Skim Milk <u>Lunch</u> Roasted Chicken WG Dinner Roll Steamed Carrots ✓ Mixed Fruit Fat Free Milk	22 <u>Breakfast</u> Turkey Sausage Biscuit Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Chili Cheese Totchos WG Tortilla Spicy Black Beans ✓ Diced Pears Fat Free Milk	23	24	25
28	29	30	31	0



Fat Free Unflavored Milk included with breakfast

Lunch Milk Choices: • Fat Free Unflavored and Chocolate

Menu options subject to change due to product availability.

V = Vegetarian Item