

August 2019 | MENU

Wake County Public School System

BREAKFAST IN THE CLASSROOM

Eating breakfast at school improves academic performance, health, and behavior.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			01 Cinnamon Toast Crunch Bar Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	02 Southern Chicken Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk
05 Turkey Sausage Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk	06 Breakfast Pizza Bagel Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	07 Mini Maple Pancakes Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk	08 Breakfast Totchos Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	09 Egg & Cheese Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk
12 Southern Chicken Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk	13 Protein Packed Breakfast Boat Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	14 Confetti Pancakes Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk	15 Skillet Frittata Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	16 Sausage Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk
19 Canadian Bacon, Egg & Cheese Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk	20 Breakfast Flatbread Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	21 Mini Maple Pancakes Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk	22 Cinnamon Toast Crunch Bar Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	23 Southern Chicken Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk
26 Turkey Sausage Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk	27 Breakfast Pizza Bagel Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	28 Confetti Pancakes Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk	29 Breakfast Totchos Variety of Cereal Pop Tart Breakfast Box Fruit Cup 100% Fruit Juice Choice of Milk	30 Egg & Cheese Biscuit Variety of Cereal Pop Tart Breakfast Box 100% Fruit Juice Fresh Fruit Choice of Milk

USDA Non-discrimination statement: <http://childnutrition.ncpublicschools.gov/information-resources/civil-rights/usda-non-discrimination-statement>

K-5 Paid Meal Prices:

Breakfast: \$1.25
 Lunch: \$2.75
 Adults: A la Carte Pricing

K-5 Reduced Meal Prices:

*Breakfast: \$0.30
 Lunch: \$0.40

* The actual charge may be less, depending on funding

Breakfast includes choice of: Entrée, fruit & milk.
 Students must select a fruit/juice.

Milk Choices: • Fat Free Unflavored, Strawberry, Chocolate, and Vanilla

Please contact your schools Dining Room Manager for additional menu information. Menu selection is subject to change at any time.



Child Nutrition Services