

# 2021|April MENU

## Wake County Public School System Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>01 <u>Breakfast</u> Pancake &amp; Turkey Sausage Diced Peaches Fat Free Skim Milk <u>Lunch</u> Macaroni &amp; Cheese ✓ Mixed Vegetables ✓ Diced Pears Fat Free Milk</p>	<p>02 <u>Breakfast</u> Chicken Biscuit Diced Pears Fat Free Skim Milk <u>Lunch</u> Baked Chicken Nuggets Baked Sweet Potato Fries ✓ Diced Peaches Fat Free Milk</p>
<p>05 <u>Breakfast</u> WG Cheerios ✓ Diced Peaches Fat Free Skim Milk <u>Lunch</u> Turkey Hot Dog Baked Beans ✓ Applesauce Fat Free Milk</p>	<p>06 <u>Breakfast</u> Turkey Sausage Biscuit Applesauce Fat Free Skim Milk <u>Holiday Lunch</u> Turkey with Dressing &amp; Gravy Mashed Potatoes ✓ Sliced Strawberries Fat Free Milk</p>	<p>07 <u>Breakfast</u> Canadian Bacon Biscuit Sliced Strawberries Fat Free Skim Milk <u>Lunch</u> Philly Cheesesteak Buttered Corn ✓ Diced Peaches Fat Free Milk</p>	<p>08 <u>Breakfast</u> Country Cheese Omelet Biscuit ✓ Diced Peaches Fat Free Skim Milk <u>Lunch</u> Roasted Chicken WG Dinner Roll Smashed Sweet Potatoes ✓ Diced Pears Fat Free Milk</p>	<p>09 <u>Breakfast</u> Chicken Biscuit Diced Pears Fat Free Skim Milk <u>Lunch</u> <b>NEW!</b> Baked Chicken Drumstick Baked French Fries ✓ Mixed Fruit Fat Free Milk</p>
<p>12 <u>Breakfast</u> WG Cheerios ✓ Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Charbroiled Cheeseburger Buttered Corn ✓ Applesauce Fat Free Milk</p>	<p>13 <u>Breakfast</u> Turkey Sausage Biscuit Applesauce Fat Free Skim Milk <u>Lunch</u> Beef &amp; Cheese Nachos Spicy Black Beans ✓ Diced Pears Fat Free Milk</p>	<p>14 <u>Breakfast</u> Breakfast Pizza Bagel Diced Pears Fat Free Skim Milk <u>Lunch</u> Steak Fried Rice Ginger Glazed Carrots ✓ Diced Peaches Fat Free Milk</p>	<p>15 <u>Breakfast</u> Pancake &amp; Turkey Sausage Diced Peaches Fat Free Skim Milk <u>Lunch</u> Macaroni &amp; Cheese ✓ Mixed Vegetables ✓ Mixed Fruit Fat Free Milk</p>	<p>16 <u>Breakfast</u> Chicken Biscuit Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Baked Chicken Nuggets Baked Sweet Potato Fries ✓ Diced Peaches Fat Free Milk</p>
<p>19 <u>Breakfast</u> WG Cheerios ✓ Diced Peaches Fat Free Skim Milk <u>Lunch</u> Turkey Hot Dog Baked Beans ✓ Applesauce Fat Free Milk</p>	<p>20 <u>Breakfast</u> Turkey Sausage Biscuit Applesauce Fat Free Skim Milk <u>Lunch</u> Chicken Quesadillas Spicy Black Beans ✓ Diced Peaches Fat Free Milk</p>	<p>21 <u>Breakfast</u> Canadian Bacon Biscuit Diced Peaches Fat Free Skim Milk <u>Lunch</u> Philly Cheesesteak Buttered Corn ✓ Mixed Fruit Fat Free Milk</p>	<p>22 <u>Breakfast</u> Country Cheese Omelet Biscuit ✓ Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Roasted Chicken WG Dinner Roll Smashed Sweet Potatoes ✓ Diced Pears Fat Free Milk</p>	<p>23 <u>Breakfast</u> Chicken Biscuit Diced Pears Fat Free Skim Milk <u>Lunch</u> <b>NEW!</b> Baked Chicken Drumstick Baked French Fries ✓ Mixed Fruit Fat Free Milk</p>
<p>22 <u>Breakfast</u> WG Cheerios ✓ Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Charbroiled Cheeseburger Buttered Corn ✓ Applesauce Fat Free Milk</p>	<p>27 <u>Breakfast</u> Turkey Sausage Biscuit Applesauce Fat Free Skim Milk <u>Lunch</u> Beef &amp; Cheese Nachos Spicy Black Beans ✓ Diced Pears Fat Free Milk</p>	<p>28 <u>Breakfast</u> Breakfast Pizza Bagel Diced Pears Fat Free Skim Milk <u>Lunch</u> Steak Fried Rice Ginger Glazed Carrots ✓ Diced Peaches Fat Free Milk</p>	<p>29 <u>Breakfast</u> Pancake &amp; Turkey Sausage Diced Peaches Fat Free Skim Milk <u>Lunch</u> Macaroni &amp; Cheese ✓ Mixed Vegetables ✓ Mixed Fruit Fat Free Milk</p>	<p>30 <u>Breakfast</u> Chicken Biscuit Mixed Fruit Fat Free Skim Milk <u>Lunch</u> Baked Chicken Nuggets Baked Sweet Potato Fries ✓ Diced Peaches Fat Free Milk</p>



Fat Free Unflavored Milk included with breakfast  
Lunch Milk Choices: • Fat Free Unflavored and Chocolate  
Menu options subject to change due to product availability.  
✓ PB & J Sandwich available daily

✓ = Vegetarian Item