

COUNSELOR QUALIFICATIONS

The State of North Carolina requires that school counselors complete an approved masters degree program. Upon completion, counselors receive certification from the North Carolina Department of Instruction and the State Board of Education.

Mrs. Bisette received both her bachelors and masters degrees from UNC-Chapel Hill. She has been a school counselor for 20 years. She became a National Board Certified Teacher in the area of school counseling in 2004. She also is a National Certified Counselor. She is married, has one son, and a daughter.

Mrs. Mize has her bachelors degree from SUNY Fredonia and her masters from Lehigh University. She has been a school counselor since 2001, but took a 6 year break to stay home with her son while operating a licensed home child care center. She is excited to be at Herbert Akins!

Character Education

Herbert Akins Rd. Elementary follows the character traits established by the Wake County Public School System. In addition, the staff has approved four more traits to cover May, June, July, and August. Please help us teach your children about the importance of having good character.

July ~ Welcoming and Including Others

August ~ Good Manners

September ~ Responsibility

October ~ Respect

November ~ Courage

December ~ Kindness

January ~ Self-Discipline

February ~ Integrity

March ~ Perseverance

April ~ Good Judgment

May ~ Helpfulness

June ~ Extra Effort

Tips on Helping Your Child Have a Great Year

- Make sure your child is at school and on time. Being tardy and/or absent affects your child academically, emotionally, and socially.
- Send your child to school ready to learn. Make sure your child is well-rested and eats a healthy breakfast every day.
- Become involved at school and communicate with your child's teacher.
- Talk with your child about what he/she is learning at school. Listening and showing interest lets your child know that you care and that school is important.
- Make homework a priority. Set a specific time and place to complete school assignments.
- Encourage your children to try and learn new things. Praise them for their efforts even when they are not successful. This will help them develop their skills as well as perseverance and self-confidence.



HERBERT AKINS ROAD YEAR-
ROUND ELEMENTARY
SCHOOL COUNSELORS

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**HERBERT AKINS ROAD YEAR
ROUND ELEMENTARY SCHOOL
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Mission

Elementary School Counselors in North Carolina help students demonstrate a positive attitude towards self, gain life planning skills, and develop responsible social skills. School success is increased as children use these skills to understand and to appreciate the lifelong process of learning, growing, and changing.

Goals

- *Serve the needs of all students.*
- *Strive to ensure that all children are successful and happy in school.*
- *Promote student learning and achievement.*
- *Enhance School Climate.*
- *Facilitate communication between administrators, parents, and staff.*
- *Develop and coordinate school wide programs.*



SERVICES PROVIDED BY SCHOOL COUNSELORS

CLASSROOM GUIDANCE- Counselors will frequently visit classrooms to teach lessons on topics such as feelings, self-esteem, conflict resolution, social skills, study skills, and careers.

INDIVIDUAL COUNSELING- School Counselors will meet with students who have specific needs related to issues both in and out of the classroom. Counseling in schools is designed to be *short-term, usually four to six sessions.*

SMALL GROUP COUNSELING- As needed, children with similar needs may be brought together to work with the school counselor in a small group format.

CONSULTATION- Counselors are readily available to meet with parents, teachers, administrators, and other staff members regarding students' needs.

When To Get In Touch With Us . . .

Communication between school counselors and parents is important. If you have a concern about your child, you may call, email, and/or leave us a note. We will respond as soon as we can to discuss your concerns.

Reasons you may wish to contact us...

Child's Achievement
Child's Behavior
Problems with Friends
Family Health Problems
Changes in Family Environment
(i.e. divorce, separation, etc.)
Death of a loved one
Child's Special Needs

Other Things We do...

School Improvement Chair (Tara)
504 Coordinator (Lisa & Tara)
Leadership Team (Tara)
Intervention Team (Tara)
School Crisis Team Members
Character Education Coordinator
Middle School Registration
Carpool

