

PERFORMANCE CHECKLIST

Name _____

Applying and Removing Elastic Stockings (TED Hose)

To be completed by instructor during observation of 100%, unassisted mastery of procedure. Date and sign below. Skill mastery must be demonstrated prior to direct patient contact.

Equipment: Knee or thigh elastic stockings (TED hose)

Note: Legs must be elevated prior to applying stockings. Stockings are removed at least twice a day.

- _____ 1. Assemble equipment.
- _____ 2. Knock before entering room.
- _____ 3. Address resident by name.
- _____ 4. State your name and title.
- _____ 5. Identify resident.
- _____ 6. Explain procedure and obtain permission.
- _____ 7. Wash hands.
- _____ 8. Provide privacy.
- _____ 9. Provide for resident safety and raise bed to best position for body mechanics.
- _____ 10. Turn elastic stockings inside out down to heel.
- _____ 11. Slip foot of stocking over toes, foot, and heel.
- _____ 12. Grasp stocking top and slip over foot and heel and pull up leg. Stocking should be even and snug without creases or wrinkles. To remove, roll stocking from top down to ankle, ease over heel and pull over foot.
- _____ 13. Provide for resident safety and lower bed.
- _____ 14. Provide for comfort with call signal in reach and wash hands.
- _____ 16. Record actions and report any abnormal observations to supervisor.

Pass _____ Instructor's Signature _____ Date _____

The above signature attests that the evaluator did not prompt, give hints, or otherwise assist the individual in the performance of the skills, or allow the individual to study the skill after selection or before demonstration when the individual was being tested for competency. 2005