

PERFORMANCE CHECKLIST

Assisting with Shaving

Name _____

To be completed by instructor during observation of 100%, unassisted mastery of procedure. Date and sign below. Skill mastery must be demonstrated prior to direct patient contact.

Equipment: Basin of warm water, shaving cream, safety razor or electric razor, towel, washcloth, mirror, aftershave lotion or powder, tissues, gloves

Safety Razor

- _____ 1. Knock before entering room.
- _____ 2. Greet and identify resident.
- _____ 3. State your name and title.
- _____ 4. Explain procedure and obtain permission.
- _____ 5. Wash hands and assemble equipment and provide privacy.
- _____ 6. Elevate head of bed to semi-Fowlers position.
- _____ 7. Spread towel under chin and Put on gloves
- _____ 8. Place dentures in mouth if worn.
- _____ 9. Moisten face with warm wet cloth and apply shaving cream.
- _____ 10. Hold skin taut and shave in direction that hair grows.
- _____ 11. Use firm, short strokes and rinse razor frequently.
- _____ 12. Start under sideburns, in front of ear, and work downward over cheek toward chin.
- _____ 13. Shave chin and under nose carefully. Work upward on neck under chin.
- _____ 14. If skin is nicked, apply pressure with tissue directly over area until bleeding stops.
- _____ 15. Wash off remaining soap when finished and dry.
- _____ 16. Dispose of razor in biohazard container.

Electric razor - Read instructions that came with electric razor.

- _____ Follow preference as to dry skin or use of pre-shave lotion.
- _____ Hold skin taut and shave all areas of face. Some razors require short circular strokes, while others require short strokes in direction hair grows.
- _____ 17. Apply aftershave lotion or powder if desired.
- _____ 18. Clean and return equipment to proper place.
- _____ 19. Remove gloves and wash hands.
- _____ 20. Provide for comfort with call signal in reach.
- _____ 21. Record actions and report any unusual observations or injury to supervisor.

Pass _____ Instructor's Signature _____ Date _____

The above signature attests that the evaluator did not prompt, give hints, or otherwise assist the individual in the performance of the skills, or allow the individual to study the skill after selection or before demonstration when the individual was being tested for competency. 2005