

PERFORMANCE CHECKLIST

Shampooing Hair in Bed

Name _____

To be completed by instructor during observation of 100%, unassisted mastery of procedure. Date and sign below. Skill mastery must be demonstrated prior to direct patient contact.

Equipment: Washcloth, bath basin of warm water, clean graduate or pitcher, shampoo, conditioner, towels, shampoo trough, bath thermometer, hair dryer if needed, comb or brush, gloves (optional)

- _____ 1. Receive directions from supervisor and assemble equipment.
- _____ 2. Knock before entering room.
- _____ 3. Greet and identify resident.
- _____ 4. State your name and title.
- _____ 5. Explain procedure and obtain permission.
- _____ 6. Provide privacy, wash hands and put on gloves. (Optional)
- _____ 7. Put basin of warm water on towel on chair at bedside. Temperature should be **105 degrees F or less.**
- _____ 8. Provide for resident safety and raise bed to best level for body mechanics.
- _____ 9. Lower head of bed.
- _____ 10. Place waterproof pad and shampoo tray under resident's head and shoulders. Place a towel across resident's shoulders. Ensure trough drains into bath basin or collection device.
- _____ 11. Wet hair, using graduate and apply small amount of shampoo. Use dry wash cloth to protect eyes.
- _____ 12. Wash hair, using fingertips to massage scalp, then rinse hair until water runs clean.
- _____ 13. Apply conditioner as desired. Rinse out conditioner as needed. Gently squeeze excess water from hair.
- _____ 14. Remove trough and raise head of bed. Dry hair thoroughly with towels.
- _____ 15. Comb or brush hair gently and blow dry with hair dryer if requested. **Use extreme caution with dryer.**
- _____ 16. Use low setting, keep dryer moving, and move hand between dryer and hair to prevent burns. Ask resident if temperature is comfortable. Style as needed.
- _____ 17. Replace equipment, remove gloves and wash hands
- _____ 18. Provide for comfort with call signal in reach.
- _____ 19. Record actions and report any abnormal observations to supervisor.

Pass _____ Instructor's Signature _____ Date _____

The above signature attests that the evaluator did not prompt, give hints, or otherwise assist the individual in the performance of the skills, or allow the individual to study the skill after selection or before demonstration when the individual was being tested for competency. Revised 2005