

PERFORMANCE CHECKLIST

Name _____

Giving Partial Bed Bath

*To be completed by instructor during observation of **100%, unassisted mastery** of procedure. Date and sign below. Skill mastery must be demonstrated prior to direct patient contact*

Equipment: Wash basin of warm water, bath thermometer, soap dish, soap or non-rinsing product, washcloths, towels, clean clothing, bath blanket or equivalent, lotion, oral hygiene and personal care products, dirty linen container, gloves

- ___ 1. Knock before entering.
- ___ 2. Address resident by name.
- ___ 3. State your name and titles.
- ___ 4. Identify resident.
- ___ 5. Explain procedure.
- ___ 6. Wash hands.
- ___ 7. Assemble equipment.
- ___ 8. Provide privacy and prevent drafts.
- ___ 9. Provide for resident safety and elevate bed to best level for body mechanics. Place bed in flat position if tolerated.
- ___ 10. Put on gloves.
- ___ 11. Fold blanket and bedspread together and place over back of chair. Provide for resident safety when leaving bedside.
- ___ 13. Place bath blanket/equivalent over top sheet, remove top sheet and place in dirty linen container. Remove resident's clothing.
- ___ 14. Fill wash basin 2/3 full with water **not warmer than 105-110°F**.
- ___ 15. Place wash basin on overbed table.
- ___ 16. Place bath towel across chest and make mitt with washcloth. Use mitt for rest of procedure.
- ___ 17. Wash eyes from nose to outer edge of face with water. Wash rest of face, ears and neck with soap or water, as resident desires. Pat dry.
- ___ 18. Bring arm farthest from you across chest and wash axilla. Rinse and dry.
- ___ 19. Put basin on bed on your side, place hand in basin and wash hand and fingernails. Dry.
- ___ 20. Wash, rinse and dry closest axilla and hand in same way.
- ___ 21. Position on side and place towel on bed under back. Wash, rinse, and dry back and buttocks.
- ___ 22. Give back rub.
- ___ 23. Perform pericare, cleaning from front to back.
- ___ 24. Provide for safety, clean wash basin and return to bedside stand.

- _____ 25. Remove gloves and wash hands.
- _____ 26. Assist to apply personal care products.
- _____ 27. Provide hair care following procedure.
- _____ 28. Clean overbed table and wash hands
- _____ 29. Provide for comfort with call signal in reach.
- _____ 30. Record actions and report any abnormal observations to supervisor.

Pass _____ Instructor's Signature _____ Date _____

The above signature attests that the evaluator did not prompt, give hints, or otherwise assist the individual in the performance of the skills, or allow the individual to study the skill after selection or before demonstration when the individual was being tested for competency 2005