

PERFORMANCE CHECKLIST

Name _____

Providing Catheter Care

To be completed by instructor during observation of 100%, unassisted mastery of procedure. Date and sign below. Skill mastery must be demonstrated prior to direct patient contact.

Equipment: Incontinence pad, gloves, basin of warm water, washcloth, towel, soap

- _____ 1. Knock before entering.
- _____ 2. Address resident by name.
- _____ 3. State your name and title.
- _____ 4. Identify resident.
- _____ 5. Explain procedure and obtain permission.
- _____ 6. Wash hands.
- _____ 7. Assemble equipment.
- _____ 8. Provide privacy.
- _____ 9. Put on gloves.
- _____ 10. Provide for resident safety and elevate bed to best level for body mechanics.
- _____ 11. Cover with bath blanket and place incontinence pads under resident.
- _____ 12. Fold back bath blanket, separate labia on female and pull back foreskin on male and observe area around catheter for sores, crusts, redness, swelling, discoloration, and abnormal drainage.
- _____ 13. Clean area around meatus with warm, soapy water. Rinse and dry.
- _____ 14. Hold catheter near meatus, without pulling and clean at least four inches of tubing beginning at meatus and stroke downward. Repeat for rinse.
- _____ 15. Position catheter so that urine flows freely into drainage bag attached to bed frame. Tape to leg as directed.
- _____ 16. Remove incontinence pad. Replace as needed.
- _____ 17. Remove gloves and wash hands.
- _____ 18. Lower bed and provide for comfort with call signal in reach.
- _____ 19. Record actions and report any abnormal observations to supervisor.

Pass _____ Instructor's Signature _____ Date _____

The above signature attests that the evaluator did not prompt, give hints, or otherwise assist the individual in the performance of the skills, or allow the individual to study the skill after selection or before demonstration when the individual was being tested for competency. 2005