

PERFORMANCE CHECKLIST

Transferring from Bed to Chair

Name _____

To be completed by instructor during observation of 100%, unassisted mastery of procedure. Date and sign below. Skill mastery must be demonstrated prior to direct patient contact.

Equipment: Footwear, armchair or wheelchair, gait belt.

- _____ 1. Knock before entering room.
- _____ 2. Greet and identify resident.
- _____ 3. State your name and title.
- _____ 4. Explain procedure and obtain permission.
- _____ 5. Wash hands.
- _____ 6. Provide for privacy.
- _____ 7. Place chair or wheelchair beside bed on strong side, with wheels locked.
- _____ 8. Lock wheels on bed and place bed in lowest position.
- _____ 9. Elevate head of bed.
- _____ 10. Fanfold top linens to bottom of bed.
- _____ 11. Assist to put on footwear.
- _____ 12. Help to move to side of bed.
- _____ 13. Assist to sitting position and allow to dangle for several minutes.
- _____ 14. Assist to stand:
 - ___ place your hands under arms with hands around shoulders or use gait belt.
 - ___ block feet with your feet and brace your knees against knees.
 - ___ use good body mechanics to assist to standing position on count of three.
- _____ 15. Assist to turn or pivot slowly until backs resident's legs are against the chair.
- _____ 16. Lower slowly to sitting position.
- _____ 17. Provide for comfort with call signal in reach.
- _____ 18. Wash hands.
- _____ 19. Record actions and report any abnormal observations to supervisor.

Pass _____ Instructor's Signature _____ Date _____

The above signature attests that the evaluator did not prompt, give hints, or otherwise assist the individual in the performance of the skills, or allow the individual to study the skill after selection or before demonstration when the individual was being tested for competency. 2005