

## PERFORMANCE CHECKLIST

Name \_\_\_\_\_

### Measuring Temperature with Electronic Thermometer

**Oral**

**Axillary**

**Rectal**

*To be completed by instructor during observation of 100%, unassisted mastery of procedure. Date and sign below. Skill mastery must be demonstrated prior to direct patient contact.*

**Equipment:** Electronic thermometer, appropriate probe (blue-oral/axillary and red-rectal), disposable probe covers, notepad and pen, lubricating jelly for rectal probe, gloves

**Note:** Follow manufacturer's directions that accompany each type and brand of thermometer to ensure correct usage.

- \_\_\_\_\_ 1. Assemble equipment.
- \_\_\_\_\_ 2. Knock before entering room.
- \_\_\_\_\_ 3. Greet and identify resident.
- \_\_\_\_\_ 4. State your name and title.
- \_\_\_\_\_ 5. Explain procedure and obtain permission.
- \_\_\_\_\_ 6. Wash hands
- \_\_\_\_\_ 7. Provide privacy.
- \_\_\_\_\_ 8. Position bed at best level for body mechanics.
- \_\_\_\_\_ 9. Provide for resident safety.
- \_\_\_\_\_ 10. Put on gloves if contamination possible.
- \_\_\_\_\_ 11. Remove appropriate colored probe from stored position and insert into disposable probe cover, follow appropriate procedure for route.

#### **ORAL TEMPERATURE**

- \_\_\_\_\_ A. Ask if resident has recently had food, hot or cold liquids or has been smoking. Wait 15 minutes if response positive.
- \_\_\_\_\_ B. Insert covered probe into mouth under tongue \*(instruct not to bite down on probe).

**Date:** \_\_\_\_\_ **Instructor initials:** \_\_\_\_\_

#### **AXILLARY TEMPERATURE**

- \_\_\_\_\_ A. Help resident remove arm from sleeve.
- \_\_\_\_\_ B. Place Probe end of thermometer in center of axilla. Ask resident to hold thermometer in place by closing arm. Assist in doing so if resident unable.

**Date:** \_\_\_\_\_ **Instructor initials:** \_\_\_\_\_

## RECTAL TEMPERATURE

- \_\_\_\_\_ A. Assemble equipment: Plug in red rectal probe, tissue paper, lubricant.
- \_\_\_\_\_ B. Don gloves.
- \_\_\_\_\_ C. Have resident turn on side.
- \_\_\_\_\_ D. Cover probe with sheath.
- \_\_\_\_\_ E. Lubricate probe, fold back linens, lift buttock to expose anus and gently insert one inch into rectum.
- \_\_\_\_\_ 12. Hold probe in place.
- \_\_\_\_\_ 13. Wait for signal indicating temperature reading is complete.
- \_\_\_\_\_ 14. Remove probe and eject and discard probe cover. Do not touch cover.
- \_\_\_\_\_ 15. Return probe to its stored position.
  - \* **For rectal temperature, wipe excess lubricant from anus and cover resident.**
- \_\_\_\_\_ 16. Remove gloves, if worn, and wash hands.
- \_\_\_\_\_ 17. Record resident's name and temperature on notepad using R, A as appropriate.
- \_\_\_\_\_ 18. Lower bed. Provide for comfort with call signal in reach.
- \_\_\_\_\_ 19. Return thermometer to appropriate place.
- \_\_\_\_\_ 20. Record temperature and report any abnormal reading to supervisor.

Pass \_\_\_\_\_ Instructor's Signature \_\_\_\_\_ Date \_\_\_\_\_

*The above signature attests that the evaluator did not prompt, give hints, or otherwise assist the individual in the performance of the skills, or allow the individual to study the skill after selection or before demonstration when the individual was being tested for competency.*

*Revised 2005*