

PERFORMANCE CHECKLIST

Collecting Specimen From Resident

Name _____

Under Transmission-Based Precautions

To be completed by instructor during observation of 100%, unassisted mastery of procedure. Date and sign below. Skill mastery must be demonstrated prior to direct patient contact.

Equipment: Specimen container, paper towels, personal protective equipment, leak-proof transport bag, gloves

- _____ 1. Receive directions from supervisor.
- _____ 2. Wash hands.
- _____ 3. Assemble equipment. Fill out label on container.
- _____ 4. Put on appropriate personal protective equipment following proper procedures.

Mask

- _____ Pick up mask by upper ties.
- _____ Place mask over nose and mouth.
- _____ Place upper strings over ears and tie in bow at back of head.
- _____ Tie lower strings in bow at back of neck.
- _____ Put protective eyewear over eyes.

Gown

- _____ Slip arms into sleeves of gown.
- _____ Slip fingers under inside neckband and grasp ties in back.
- _____ Tie in bow or fasten Velcro strip.
- _____ Grasp edges of gown and pull to back.
- _____ Overlap edges, closing opening so that uniform is completely covered.
- _____ Tie waist strings in bow or fasten Velcro strip.

Gloves

- _____ Remove two gloves from clean container.
- _____ Pull on gloves over hands and wrists, using medical asepsis. Medical asepsis includes not letting gloves touch contaminated surfaces or objects while being put on and replacing gloves with obvious holes or tears.

- _____ 5. Knock before entering room.
- _____ 6. Address resident by name.
- _____ 7. State your name and title.
- _____ 8. Identify resident.
- _____ 9. Explain procedure and obtain permission.

- _____ 10. Place specimen container and leak-proof transport bag on clean paper towel on appropriate surface with container lid off. Inside of lid should be facing up.
- _____ 11. Collect specimen following procedures in appropriate skills.
- _____ 12. Place specimen in container without touching container.
- _____ 13. Remove personal protective equipment in reverse order following proper procedures

Glove removal

- _____ With dominant hand, remove other glove by grasping it just below wrist.
- _____ Pull glove down over non-dominant hand so that it is inside out.
- _____ Hold removed glove in gloved hand.
- _____ With first two fingers of ungloved hand, reach inside glove without touching outside of glove.
- _____ Pull glove down (inside out) over hand and remaining glove.
- _____ Discard gloves into waste receptacle.

Gown removal

- _____ Untie waist strings and loosen gown.
- _____ Wash hands.
- _____ Untie neck strings.
- _____ Slip fingers of right hand inside left cuff without touching outside of gown.
- _____ Pull gown down over left hand.
- _____ Pull gown down over right hand with gown-covered left hand.
- _____ Remove gown by rolling it in ball, contaminated side inward.
- _____ Dispose of gown in appropriate container.

Mask removal

- _____ Untie lower strings of mask.
- _____ Untie upper strings and remove mask by hold top strings.
- _____ Discard mask in waste receptacle.
- _____ Remove protective eyewear.

- _____ 14. Put cover on container and put container in leak-proof transport bag.
- _____ 15. Take specimen to appropriate area.
- _____ 16. Record actions and report any abnormal observations to supervisor.

Pass _____ Instructor's Signature _____ Date _____

The above signature attests that the evaluator did not prompt, give hints, or otherwise assist the individual in the performance of the skills, or allow the individual to study the skill after selection or before demonstration when the individual was being tested for competency. 2005