

## PERFORMANCE CHECKLIST

Name \_\_\_\_\_

### Following Transmission-Based Isolation Precautions

*To be completed by instructor during observation of 100%, unassisted mastery of procedure. Date and sign appropriate area. Skill mastery must be demonstrated prior to direct patient contact.*

**Equipment:** Personal protective equipment, biohazard bags and/or biohazard labels, tape/ties

- \_\_\_\_\_ 1. Remove jewelry and wash hands.
- \_\_\_\_\_ 2. Assemble equipment.
- \_\_\_\_\_ 3. Put on appropriate personal protective equipment following proper procedures.

#### **Mask**

- \_\_\_ Pick up mask by upper ties.
- \_\_\_ Place mask over nose and mouth.
- \_\_\_ Place upper strings over ears and tie in bow at back of head.
- \_\_\_ Tie lower strings in bow at back of neck.
- \_\_\_ Put protective eyewear over eyes.

#### **Gown**

- \_\_\_ Slip arms into sleeves of gown.
- \_\_\_ Slip fingers under inside neckband and grasp ties in back.
- \_\_\_ Tie in bow or fasten Velcro strip.
- \_\_\_ Grasp edges of gown and pull to back.
- \_\_\_ Overlap edges, closing opening so that uniform is completely covered.
- \_\_\_ Tie waist strings in bow or fasten Velcro strip.

#### **Gloves**

- \_\_\_ Remove two gloves from clean container.
- \_\_\_ Pull on gloves over hands and cuff of gown, using medical asepsis. Medical asepsis includes not letting gloves touch contaminated surfaces or objects while being put on and replacing gloves with obvious holes or tears.

- \_\_\_\_\_ 4. Knock before entering.
- \_\_\_\_\_ 5. Address resident by name.
- \_\_\_\_\_ 6. State your name and title.
- \_\_\_\_\_ 7. Explain procedure and obtain permission.
- \_\_\_\_\_ 8. Gather all items to leave room and place in biohazard bags. Use separate bags for garbage, glass, linens, and equipment to be reprocessed.
- \_\_\_\_\_ 9. Seal bags with tape/ties.

\_\_\_ If the outside of any disposable biohazard is or becomes contaminated it will become necessary to double bag the items.

**Double bagging**

\_\_\_ Have a Co-worker make a wide cuff on a clean biohazard bag and stand outside the room holding the bag open wide with hands under bag cuff to avoid contamination.

\_\_\_ Place the sealed contaminated bag into the clean bag, being careful not to touch the outside of the clean bag.

\_\_\_ Co-worker to close bag and follow facility policy for disposal of bags.

\_\_\_ 10. Remove personal protective equipment in reverse order following proper procedures.

**Glove removal**

\_\_\_ With dominant hand, remove other glove by grasping it just below wrist.

\_\_\_ Pull glove down over non-dominant hand so that it is inside out.

\_\_\_ Hold removed glove in gloved hand.

\_\_\_ With first two fingers of ungloved hand, reach inside other glove without touching outside of glove.

\_\_\_ Pull glove down (inside out) over hand and remaining glove.

\_\_\_ Discard gloves into waste receptacle.

**Gown removal**

\_\_\_ Untie waist strings and loosen gown.

\_\_\_ Wash hands.

\_\_\_ Untie neck strings not touching outside of gown.

\_\_\_ Slip fingers of right hand inside left cuff without touching outside of gown.

\_\_\_ Pull gown down over left hand.

\_\_\_ Pull gown down over right hand with gown-covered left hand.

\_\_\_ Remove gown by rolling it in ball, contaminated side inward.

\_\_\_ Dispose of gown in appropriate container.

**Mask removal**

\_\_\_ Untie lower strings of mask.

\_\_\_ Untie upper strings and remove mask by hold top strings.

\_\_\_ Discard mask in waste receptacle.

\_\_\_ Remove protective eyewear.

\_\_\_ 11. Label biohazard bags properly and take to appropriate area according to facility policy.

Pass \_\_\_\_\_ Instructor's Signature \_\_\_\_\_ Date \_\_\_\_\_

***The above signature attests that the evaluator did not prompt, give hints, or otherwise assist the individual in the performance of the skills, or allow the individual to study the skill after selection or before demonstration when the individual was being tested for competency. 2005***