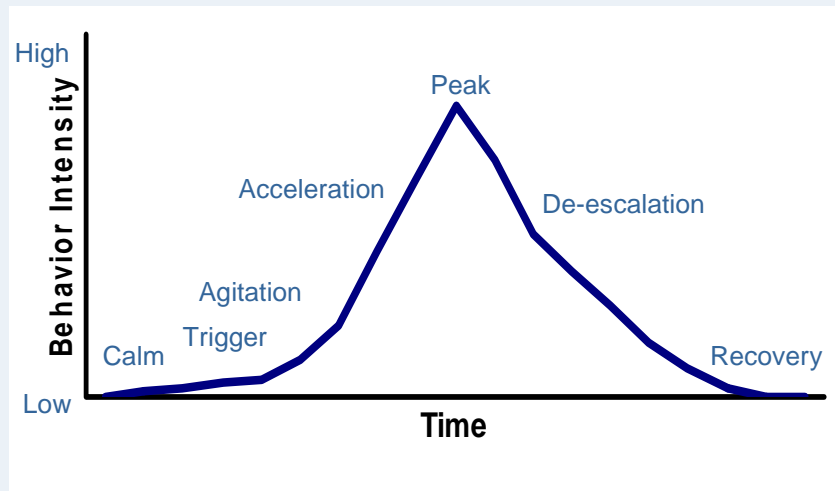


The Phases of Escalation



Calm: Student is cooperative. Intervention is focused on prevention.

Arrange for high rates of successful academic & social engagements. Use positive reinforcement. Teach social skills, problem solving, Relaxation strategies, and Self-management. Communicate positive expectations.

Trigger: Student experiences a series of unresolved conflicts.

Intervention is focused on prevention & redirection.

Remove from or modify problem context. Increase opportunities for success. Reinforce what has been taught.

Agitation: Student exhibits increase of unfocused behaviors.

Intervention is focused on reducing anxiety.

Make structural/environmental modifications. Provide reasonable options & choices. Involve in successful engagements.

Acceleration: Student displays unfocused behavior and begins to seem reactive and is losing self-control. Intervention is focused on safety.

Escalations & self-control are inversely related. Escalation is likely to run its course. Remove all triggering & competing maintaining factors. Follow crisis prevention procedures. Establish & follow through with bottom line. Disengage from student.

Peak: Student is out of control and displays severe problem behavior. Intervention is focused on safety.

Procedures like acceleration phase, except focus is on crisis intervention. Physical intervention may be necessary. Only individuals trained in CPI should intervene

De-Escalation: Student displays confusion, but decreases problem behavior. Intervention is focused on safety.

Procedures like acceleration phase, except focus is on crisis intervention
Physical intervention may be necessary. Only individuals trained in CPI should intervene

Recovery: Student displays eagerness to demonstrate appropriate behaviors. Intervention focused on re-establishing calm, determining accountability and leaning for the next time

Follow through with consequences for problem behavior.

Positively reinforce any displays of appropriate behavior.

Intervention is focused on re-establishing routines activities Debrief. Purpose of debrief is to facilitate transition back to program. Debrief follows consequences for problem behavior. Goal is to increase more appropriate behavior