



**WAKE COUNTY  
PUBLIC SCHOOL SYSTEM**

**Wellness Policy Resources  
Section 5125.3 E**

**Snacks during school and after school programs  
(including school based care contracted with outside agencies)**

<b>Snack Items</b>
<b>Advantage Edge Bar</b>
<b>Austin Zoo Animal Crackers</b>
<b>Baked Lays KC masterpiece BBQ Potato Chips</b>
<b>Baked Lays Original Potato Chips</b>
<b>Baked Lays Sour Cream &amp; Onion Potato Chips</b>
<b>Baked Nacho Cheese Doritos</b>
<b>Barnum's Animal Crackers</b>
<b>Bottled Water</b>
<b>Chex Mix (All flavors)</b>
<b>Cliff Bar</b>
<b>Columbo Yogurt Cherry Vanilla Light Fat Free</b>
<b>Del Monte Canned Fruit</b>
<b>Del Monte Lite Diced Peaches</b>
<b>Del Monte Lite Mixed Fruit</b>
<b>Dole Fruit Bowl, Pineapple</b>
<b>Famous Amos Gingersnaps</b>
<b>Fig Newtons</b>
<b>General Mills Cheerios Cereal</b>
<b>Keebler Animal Crackers</b>
<b>Keebler Chocolate Graham Crackers</b>
<b>Keebler Cinnamon Graham Crackers</b>
<b>Keebler Honey Graham Crackers</b>
<b>Keebler Iced Animal Cookies</b>
<b>Keebler Original Graham Crackers</b>
<b>Keebler Reduced Fat Wheatables</b>
<b>Kellogg's All Bran Cereal</b>
<b>Kellogg's Corn Flakes</b>
<b>Kellogg's Low Fat Granola Cereal</b>
<b>Kellogg's Mini Shredded Wheat Cereal, Frosted</b>
<b>Kellogg's Puffed Wheat Cereal</b>

<b>Kellogg's Raisin Bran Cereal</b>
<b>Kellogg's Rice Krispy Cereal</b>
<b>Kellogg's Special K</b>
<b>Lance Saltine Crackers</b>
<b>Luna Bars (All flavors)</b>
<b>Nabisco Original Premium Saltine Crackers</b>
<b>Nabisco Teddy Grahams (All flavors)</b>
<b>Nature Valley Granola Bars</b>
<b>Nature Valley Trail Mix Bars</b>
<b>Nutri-Grain Bars (All flavors)</b>
<b>Orville Redenbacher Smart Pop Popcorn</b>
<b>Pop Secret 94% Fat Free Popcorn</b>
<b>Power Bar (All flavors)</b>
<b>Pretzels (All)</b>
<b>Pretzel Sticks (All)</b>
<b>Pringles – Fat Free</b>
<b>Quaker Chewy Bars (All flavors)</b>
<b>Quaker Oatmeal Express</b>
<b>Raisins</b>
<b>Rice Krispies Treats</b>
<b>Ruffles WOW! Potato Chips (All)</b>
<b>Sunsweet Prunes</b>
<b>Teddy Graham Crackers (All)</b>
<b>Thomas English Muffin (Original)</b>
<b>Tostitos Baked Tortilla Chips</b>
<b>Welch's Grape Juice</b>
<b>Welch's Grapefruit Juice 100%</b>
<b>Yoplait Yogurt (All flavors)</b>
<b>Nutty Banana Gourmet Muffin</b>
<b>Blueberry Gourmet Muffin</b>
<b>Apple Cinnamon Gourmet Muffin</b>
<b>Cranberry Gourmet Muffin</b>
<b>Bran Gourmet Muffin</b>
<b>Cherry Chip Gourmet Muffin</b>
<b>Orange Gourmet Muffin</b>
<b>Low Fat Chocolate Chip Gourmet Muffin</b>
<b>Breadible – Apple Cinnamon</b>
<b>Sugar Cookie (2 pack)</b>
<b>Lemon Cookie (2 pack)</b>
<b>Snickerdoodle Cookie (2 pack)</b>
<b>Oatmeal Raisin Cookie (2 pack)</b>
<b>Chocolate Chip Cookie (2 pack)</b>
<b>Keebler Fat Free Zesta</b>

<b>J&amp;J Jungle Crackers</b>
<b>Austin Zoo Animal Cookie</b>
<b>Animal Cookies (All flavors)</b>
<b>Carnival Crunch</b>
<b>Goldfish Crackers (Any Flavor)</b>
<b>Goldfish Grahams (Any flavor)</b>
<b>Fudge Brownie Cookie (2 pack)</b>
<b>Fruit &amp; Grain Bar (All flavors)</b>

Information provided by: Action for Healthy Kids ([www.actionforhealthykids.com](http://www.actionforhealthykids.com))