

MAY 2008
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

K-8 WAKE COUNTY PUBLIC SCHOOLS

<p>Remember that CNS offers an Autopay or Online payment option for meals. It is CNS policy not to give refunds for prepayments. Visit our website at http://www.wcpss.net/child-nutrition/index.html for more details. Available Daily: Assorted Fruit or Fruit Juice available at Breakfast. 1% & Skim Milk available daily. Assorted Chef Salads, additional Fruit & Vegetable choices & Peanut Butter & Jelly Sandwiches available at Lunch.</p>		<p>1 <u>Chicken Biscuit</u> <u>Cinnamon Toast</u> Hot Dog on Bun w/ Chili Chicken Fajita Wrap w/ Salsa Veggie Sticks w/ Dip Chilled Peaches</p>	<p>2 <u>Egg, Grits & Toast</u> <u>Waffle Stix w/ Syrup</u> Oven Baked Chicken w/ Roll Italian Beefaroni w/ Roll Pinto Beans Fresh Orange <i>TEACHER WORKDAY</i></p>	
<p>5 <u>Sausage Pancake on a Stick</u> <u>Cheese on Whole Wheat Toast</u> Golden Cheese Dunkers w/ Marinara Sauce Egg Roll w/ Fried Rice Seasoned Vegetable Blend 100% Fruit Juice</p>	<p>6 <u>Bagel w/ Cream Cheese & Jelly</u> <u>Cheese Biscuit</u> Southwest Pizza Crispy Chicken Nuggets w/ Roll Whipped Potatoes w/ Gravy Fresh Fruit</p>	<p>7 <u>Whole Wheat Pancakes w/ Syrup</u> <u>Turkey, Egg & Cheese Pocket</u> Cheeseburger on Bun Cold Cut Hoagie Tossed Salad Oven Baked Fries</p>	<p>8 <u>Ham Biscuit</u> <u>Oatmeal w/ Toast</u> Southwest Bean & Cheese Burrito Hot Dog on Bun w/ Chili Seasoned Green Beans Chilled Peaches</p>	<p>9 <u>Cinnamon Coffee Cake</u> <u>Cheesy Grits w/ Toast</u> Fish Filet on Bun Tex Mex Taco w/ Salsa & Chips or Soft Shell Whole Kernel Corn Shredded Lettuce & Diced Tomatoes</p>
<p>12 <u>Sausage Biscuit</u> <u>Cinnamon Toast</u> Meatball Sub Crispy Chicken Sandwich Succotash Chilled Pineapple</p>	<p>13 <u>Pancakes w/ Syrup</u> <u>Cheesy Egg Bake w/ Toast</u> Eastern NC Pork BBQ on Bun Cheese Pizza Baked Beans Orange Wedges</p>	<p>14 <u>Ham & Cheese Bagel</u> <u>Cinnamon Bun</u> Cheese Enchiladas w/ Salsa Oven Baked Chicken w/ Roll Green Beans Fresh Fruit <i>Birthday Treat</i></p>	<p>15 <u>Cheesy Grits w/ Toast</u> <u>Sausage Pancake on a Stick</u> <u>w/ Syrup</u> Hot Dog on a Bun w/ Chili Vegetarian Lasagna w/ Roll Steamed Broccoli Cinnamon Applesauce</p>	<p>16 <u>Hot Biscuit w/ Jelly</u> <u>French Toast Sticks w/ Syrup</u> Chicken Tenders w/ Roll Turkey Corn Dog Parsley Potatoes Veggie Pasta Salad</p>
<p>19 <u>Eggs, Grits & Toast</u> <u>Cereal w/ Toast</u> Cheeseburger on Bun Vegetarian Hot Pocket Peas & Carrots 100% Fruit Juice</p>	<p>20 <u>Bagel w/ Cream Cheese & Jelly</u> <u>Waffle w/ Syrup</u> Stuffed Crust Pizza Chicken Fajita Wrap w/ Salsa Tossed Salad Glazed Carrots</p>	<p>21 <u>Cinnamon Coffee Cake</u> <u>Cheesy Grits w/ Toast</u> Tex Mex Taco w/ Salsa & Chips or Soft Shell Crispy Chicken Nuggets w/ Roll Shredded Lettuce & Diced Tomatoes Chilled Mixed Fruit</p>	<p>22 <u>Cheesy Egg Bake w/ Toast</u> <u>Pancakes w/ Syrup</u> Hot Dog on Bun w/Chili Chicken Salad on a Bagel Broccoli w/ Cheese Sauce Chilled Peaches</p>	<p>23 <u>Sausage Biscuit</u> <u>French Toast Sticks w/ Syrup</u> Golden Cheese Dunkers w/ Marinara Sauce Fish Nuggets w/ Corn Muffin Tater Tots 100% Fruit Juice</p>
<p>26 <i>Holiday</i></p>	<p>27 <u>Sausage Pancake on a Stick</u> <u>w/ Syrup</u> <u>Manager's Choice</u> Turkey Pepperoni Pizza Manager's Entrée Choice Steamed Broccoli Pinto Beans</p>	<p>28 <u>Cinnamon Coffee Cake</u> <u>Ham & Cheese Bagel</u> Cheesy Nachos w/ Salsa Crispy Chicken Sandwich Peas & Carrots Cinnamon Applesauce</p>	<p>29 <u>Cheese Biscuit</u> <u>Cereal w/ Toast</u> Hot Dog on Bun w/ Chili Eastern NC Pork BBQ on Bun Creamy Coleslaw Fruit Crisp</p>	<p>30 <u>Cinnamon Bun</u> <u>Manager's Choice</u> Spaghetti w/ Meatballs & Roll Manager's Entrée Choice Tossed Salad Whole Kernel Corn</p>