

MAY/JUNE 2003
MONDAY

TUESDAY

WAKE COUNTY PUBLIC SCHOOL SYSTEM
WEDNESDAY **THURSDAY** **FRIDAY**



Wake County Schools is proud to participate in the Winner's Circle program to help children identify great-tasting, healthy meals. For more information and to see the daily meal, please see our website.



Remember that CNS offers an Automatic Draft option for prepayments. Visit our website at <http://www.wcpsps.net/child-nutrition/index.html> for more details. It is Child Nutrition Policy not to give refunds for prepayments.

<p>5 <u>Fruit Turnover Biscuit w/ Jelly</u></p> <p>Assorted Smart Pizza Wedge StarKist Tuna Salad w/Chips Tossed Salad Raspberry Applesauce</p>		<p>6 <u>Cheese Toast or Belgian Waffle w/ Syrup Fresh Washington Apple</u></p> <p>Cheese Dippers w/ Marinara Sauce Broccoli & Cheese Quiche Peas & Carrots Chilled Fruit</p>		<p>7 <u>Rich's Donut or Toast w/ Jelly</u></p> <p>Taco in Shell w/ Salsa State Fair Corn Dog Shredded Lettuce & Diced Tomato Seasoned Corn</p>		<p>1 <u>Grits w/ Eggs or Cinnamon Roll</u></p> <p>Cheeseburger on Bun Turkey Fryz w/ Roll Lettuce, Tomato, Onions & Pickle Potato Wedges</p>		<p>2 <u>Sausage Biscuit or Fruited Coffee Cake</u></p> <p>Gwaltney Hot Dog w/ Chili Fish Fillet on Bun Creamy Coleslaw Baked Beans</p>	
<p>12 <u>French Toast Sticks w/ Syrup or Grits w/ Eggs</u></p> <p>Assorted Stuffed Crust Pizza Egg Roll w/ Fried Rice Marinated Vegetable Salad Pineapple</p>		<p>13 <u>Rich's Donut or Toast w/ Jelly</u></p> <p>Saucy Nachos w/ Salsa Chicken Fillet on Bun Shredded Lettuce & Diced Tomatoes Potato Wedges <i>Birthday Cookie</i></p>		<p>14 <u>Cheese Toast Pancakes w/ Syrup Fresh Washington Apple</u></p> <p>Italian Spaghetti w/ Roll Toasted Cheese Sandwich Tossed Salad Fresh Washington Apple</p>		<p>8 <u>Pancakes w/ Syrup or Cheese Grits w/ Toast</u></p> <p>Chicken Fillet on Bun Manager's Choice Entrée Macaroni & Cheese Green Beans Trail Mix</p>		<p>9 <u>Chicken Biscuit or Cinnamon Toast</u></p> <p>Gwaltney Hot Dog w/ Chili Cheeseburger on Bun Potato Wedges Fresh Washington Apple</p>	
<p>19 <u>Chicken Biscuit or Cinnamon Toast</u></p> <p>Assorted Smart Pizza Wedge StarKist Tuna Salad w/Chips Tossed Salad Fresh Washington Apple</p>		<p>20 <u>Belgian Waffle w/ Syrup or Cheese Toast</u></p> <p>Cheese Dippers w/ Marinara Sauce BBQ Rib on Hoagie Bun Seasoned Corn Chilled Fruit</p>		<p>21 <u>Rich's Donut or Toast w/ Jelly</u></p> <p>Taco w/ Salsa State Fair Corn Dog Shredded Lettuce & Diced Tomatoes Fruited Gelatin</p>		<p>15 <u>Big Muffin or Assorted Cereal w/ Toast</u></p> <p>Chicken Nuggets w/ Roll Hamburger on Bun Rice & Gravy Lettuce, Tomato, Onions & Pickle Fruit Crisp</p>		<p>16 <u>Sausage Biscuit or Fruited Coffee Cake</u></p> <p>Gwaltney Hot Dog w/ Chili Fish Fillet on Bun Creamy Coleslaw Potato Wedges</p>	
<p>26 <u>Pancakes w/ Syrup or Cheese Toast</u></p> <p>Assorted Stuffed Crust Pizza Manager's Choice Entrée Tossed Salad Chilled Fruit Cup</p>		<p>27 <u>Biscuit Variety or Cinnamon Toast</u></p> <p>Turkey Fryz w/ Roll Homemade Lasagna w/ Roll Peas & Carrots Fresh Washington Apple</p>		<p>28 <u>French Toast Sticks w/ Syrup or Manager's Breakfast Choice Fresh Washington Apple</u></p> <p>Italian Spaghetti w/ Roll Toasted Cheese Sandwich Potato Choice Spinach Mushroom Salad</p>		<p>22 <u>Sausage Biscuit or Fruited Coffee Cake Fresh Washington Apple</u></p> <p>Turkey Fryz w/ Roll Meatball Sub Mashed Potatoes & Gravy Veggies & Dip</p>		<p>23 <u>French Toast w/ Syrup or Assorted Cereal w/ Toast</u></p> <p>Gwaltney Hot Dog w/ Chili Cheeseburger on Bun Potato Wedges Baked Beans</p>	
<p>June 2 <u>Manager's Breakfast Choice</u></p> <p>Manager's Choice Entrée Choice of Vegetable Chilled Fruit LAST DAY OF TRADITIONAL SCHOOL</p>		<p>3 <u>Manager's Breakfast Choice</u></p> <p>Cheese Dippers w/ Marinara Manager's Choice of Entrée Tossed Salad Chilled Pineapple</p>		<p>4 <u>Chicken Biscuit or Cinnamon Toast</u></p> <p>Taco w/ Salsa State Fair Corn Dog Seasoned Yellow Corn Fruited Gelatin</p>		<p>29 <u>Rich's Donut or Toast w/ Jelly</u></p> <p>Chicken Fillet on Bun Manager's Entrée Choice Seasoned Corn Trail Mix</p>		<p>30 <u>Manager's Breakfast Choice</u></p> <p>Manager's Choice Entrée Choice of Vegetable Chilled Fruit</p>	
				<p>5 <u>Cheese Toast or Fruit Turnover</u></p> <p>Cheeseburger on Bun Turkey Fryz w/ Roll Lettuce, Tomato, Pickles & Onion Potato Wedges Chilled Fruit</p>		<p>6 <u>Cherry Nut Muffin or Cinnamon Roll</u></p> <p>Gwaltney Hot Dog w/ Chili Fish Fillet on Bun Creamy Coleslaw Baked Beans</p>			