

FEBRUARY 2010 WAKE COUNTY PUBLIC SCHOOLS ELEMENTARY MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 Sausage Biscuit Cereal w/Toast</p> <p>Stuffed Crust Pizza Turkey Corn Dog Seasoned Peas Glazed Carrots Peach Cup Fresh Fruit</p>	<p>2 Cinnamon Bun Pork Sausage Breakfast Pizza</p> <p>Chicken Sandwich Lasagna w/ Meat Sauce w/Breadstick Seasoned Broccoli Corn on the Cob Baked Apples Fresh Fruit</p>	<p>3 Chicken Biscuit Cinnamon Coffee Cake</p> <p>Hamburger on Bun Turkey and Cheese Sub Lettuce, Tomato, Onion, Pickle Steamed Cabbage Chilled Peaches Fresh Fruit</p>	<p>4 Waffles w/Syrup Scrambled Eggs, Grits & Toast</p> <p>Chicken Nuggets with Roll Toasted Cheese Sandwich Vegetable Soup Seasoned Green Beans Chilled Peaches Fresh Fruit</p>	<p>5 Ham and Cheese Biscuit Bagel with Cream Cheese</p> <p>Hot Dog on Bun w/Chili Fish Filet on Bun Oven Baked Potato Wedges Baked Beans Creamy Cole Slaw Chilled Mixed Fruit</p>		
<p>8 Sausage Biscuit Cereal w/Toast</p> <p>Pork Pepperoni Pizza Tex Mex Tacos w/Chips or Soft Shell and Salsa Shredded Lettuce & Diced Tomatoes Whole Kernel Corn Cinnamon Applesauce Fresh Fruit</p>	<p>9 Cinnamon Bun Sausage Pancake on a Stick</p> <p>Chicken Tenders w/Roll Spaghetti w/Meat Sauce w/Roll Tossed Salad Seasoned Pinto Beans Chilled Peaches Fresh Fruit</p>	<p>10 Chicken Biscuit Fruit Muffin</p> <p>Cheeseburger on Bun Cheese Dunkers w/ Marinara Sauce Lettuce, Tomato, Onion, Pickle Seasoned Broccoli Chilled Peaches Fresh Fruit</p>	<p>11 Pancakes w/Syrup Cereal w/Toast</p> <p>Popcorn Chicken w/Roll Turkey and Cheese Sandwich Whipped Potatoes and Gravy Seasoned Green Beans Baked Apples Fresh Fruit</p>	<p>12 Ham and Cheese Biscuit French Toast w/Syrup</p> <p>Hot Dog in Bun w/Chili NC Chicken BBQ on Bun Oven Baked Potato Rounds Baked Beans Creamy Cole Slaw Chilled Mixed Fruit</p>		
<p>15 Sausage Biscuit Cereal w/Toast</p> <p>Cheese Pizza Corn Dog Nuggets Seasoned Peas Veggie Sticks with Dip Cinnamon Applesauce Fresh Fruit <i>Traditional Calendar Workday</i></p>	<p>16 Cinnamon Bun Pork Sausage Breakfast Pizza</p> <p>Chicken Sandwich Italian Beef-O-Roni w/Breadstick Tossed Salad Seasoned Broccoli Peach Cup Fresh Fruit</p>	<p>17 Chicken Biscuit Cinnamon Coffee Cake</p> <p>Cheeseburger on Bun Vegetarian Hot Pocket w/Marinara Seasoned Pinto Beans Lettuce, Tomato, Onion, Pickle Chilled Peaches Fresh Fruit</p>	<p>18 Waffles w/Syrup Egg & Cheese Breakfast Entrée</p> <p>Chicken Tenders w/ Roll Macaroni & Cheese w/ Roll Seasoned Green Beans Glazed Carrots Fruit Crisp Fresh Fruit</p>	<p>19 Ham and Cheese Biscuit Bagel with Cream Cheese</p> <p>Hot Dog on Bun w/Chili Meatball Sub Oven Baked Potato Wedges Baked Beans Creamy Cole Slaw Chilled Mixed Fruit</p>		
<p>22 Sausage Biscuit Cereal w/Toast</p> <p>Pork Pepperoni Pizza Tex Mex Tacos w/Chips or Soft Shell and Salsa Shredded Lettuce & Diced Tomatoes Whole Kernel Corn Chilled Peaches Fresh Fruit</p>	<p>23 Cinnamon Bun Sausage Pancake on a Stick</p> <p>Popcorn Chicken w/Roll Ham & Cheese Sandwich Whole Kernel Corn Seasoned Green Beans Rice with Gravy Chilled Peaches Fresh Fruit</p>	<p>24 Chicken Biscuit Fruit Muffin</p> <p>Hamburger on Bun Cheese Dunkers w/ Marinara Sauce Lettuce, Tomato, Onion, Pickle Seasoned Broccoli Fruit Crisp Fresh Fruit</p>	<p>25 Pancakes w/Syrup Cereal w/Toast</p> <p>Chicken Nuggets w/Roll Cheesy Nachos w/Salsa Tossed Salad Seasoned Vegetable Blend Peach Cup Fresh Fruit</p>	<p>26 Ham and Cheese Biscuit French Toast w/Syrup</p> <p>Hot Dog in Bun w/Chili NC Chicken BBQ on Bun Oven Baked Potato Rounds Baked Beans Creamy Cole Slaw Chilled Mixed Fruit</p>		
<p>WCPSS Child Nutrition Services Proudly Serves North Carolina Seasonal Produce</p>		 <p>Remember that CNS offers an autopay or online payment option for meals. It is CNS policy not to give refunds for prepayments. Visit http://www.wcpss.net/child-nutrition/mylunchmoney.html for more details.</p> <p>Assorted Fruit or Fruit Juice available daily at Breakfast. 1% & Skim Milk available daily. Assorted Chef Salads & Peanut Butter & Jelly Sandwiches available at Lunch</p>				